



Managing Your Emotions and Making Your Decisions



Calm Down and Observe Your Emotions

Refrain from any unhelpful thoughts or actions that would make you more upset. Inhale deeply and exhale slowly using 10 counts as you relax your muscles. Acknowledge your emotions.

Positive Thinking and Explore Options

Think through the different options that are available for you. Keep things in perspective. Remember that the A-Level is just one part of your life journey and not the destination.

Seek Support

Approach a trusted adult and seek his/her help about what would be best for you. Make a decision based on your options and take action.



The ability to learn, un-learn and re-learn will be key



"The future economy calls for a very different sort of education... It is a future driven by the need for skills, innovation, adaptability and flexibility... (and it) means that learning has to continue well into adult life"

- Indranee Rajah (2019)

3 key questions to help you get started

Key ECG questions

Who am I? Who do I want to be?

- What are your dreams and goals?
- What do you enjoy doing and are good at?
- Explore what your interests are, and balance that with what you're competent at

Align your education choices and career goals





Where do I want to go? Why?

- There are multiple education and career pathways available today. Each one of them caters to different strengths and interests.
- Understand that no matter who we are and what our strengths may be, there is a pathway for all of us.

There are many options for you to explore

How do I get there?

- Use the many resources available to help you as you take the next step in your education journey
- Talk to your parents, teachers and counsellors if you need more support.

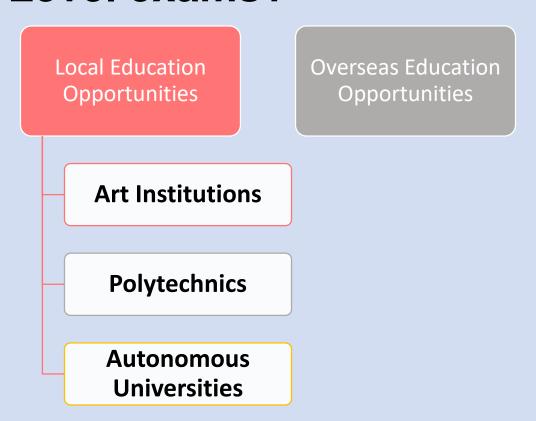
Seize learning
opportunities that
help you develop, as
you think about what
motivates you



Admission Exercise

Things to note

What are my options after the GCE A-Level exams?



More information on the various educational pathways can also be found in the MySkillsFuture Portal.

No module exemption

3-year polytechnic studies for any polytechnic diploma

Joint Admissions Exercise (JAE) - Jan

Minimum Entry Requirements are based on <u>O-Level</u> exam scores Only for students who had not previously been enrolled in a polytechnic

Direct Admissions Exercise (DAE) – Feb to Mar

Minimum Entry Requirements are based on O-Level exam scores

Direct Admissions Exercise (DAE) – Feb to Mar

Minimum Entry Requirements are based on <u>A-Level</u> exam scores Eligible students can obtain up to *two-semester module* exemptions from polytechnic studies when they apply to the relevant courses

Two-semester exemption

2-year polytechnic studies for about 60 polytechnic diplomas

One-semester exemption

2.5-year polytechnic studies for about 90 polytechnic diploma

Two-semester exemption

2-year polytechnic studies for about 60 polytechnic diplomas

Direct Admissions Exercise (DAE) - Aug

Minimum Entry Requirements are based on <u>A-Level*</u> exam scores

Eligible students can obtain up to *one-semester or two-semester* module exemptions from polytechnic studies when they apply to the relevant courses

*some courses may also require O-Level exam scores

Admission into Semester 2 at the polytechnics (NEW)

Starting Academic Year 2020, eligible A-Level graduates can be admitted directly to Semester 2 in October for 56 polytechnic courses, and now be exempted from up to two semesters of polytechnic studies.

- A-Level graduates will be able to enter polytechnic in the same year of A-Level results release and obtain a polytechnic diploma in 2 years, rather than 3 years.
- The polytechnics will continue to offer courses with one semester of module exemptions. In all, the polytechnics will offer 120 polytechnic courses with some form of exemptions (one semester or two semesters of module exemptions). Students who are interested in these 120 courses can apply via the respective polytechnics' Direct Admissions Exercise between 10-19 August 2020, for matriculation at the start of AY2020 Semester 2 in October 2020.
- More details are available on the respective polytechnics' websites.

For Students Planning to Enter the Polytechnics

Opening Pathways to Higher Education for our Students

- At the SIT 2nd Applied Learning Conference on 30 January 2020, Minister Ong Ye Kung announced several key changes in the Higher Education Landscape.
- This includes reducing the time taken for A-level graduates to obtain a diploma.
- These changes would help increase pathways and opportunities for students to pursue Higher Education, regardless of one's education journey.

Find out more about these changes by clicking here or scanning the QR code.



"With my A-level results, I am unable to get into my desired course in an AU. I would like to pursue a diploma at a polytechnic but it will take a long time."

A-Level Graduate



It is now much faster to obtain a diploma after A-Levels

From 2020 onwards, eligible A-level graduates will be able to enter and complete a polytechnic diploma programme in 2 years.

This will be through a combination of module exemptions and course acceleration, where students take more modules per semester.

For more information, please refer to the respective institutions' website:

Arts Institutions:

NAFA: www.nafa.edu.sg

LASELLE: www.lasalle.edu.sg

Polytechnics:

Nanyang Polytechnic: www.nyp.edu.sg

Ngee Ann Polytechnic: www.np.edu.sg

Republic Polytechnic: <u>www.rp.edu.sg</u>

Singapore Polytechnic: www.sp.edu.sg

Temasek Polytechnic: www.tp.edu.sg

Autonomous Universities:

Singapore Institute of Technology:

www.singaporetech.edu.sg

Singapore University of Social

Sciences: www.suss.edu.sg

Singapore University of

Technology and Design:

www.sutd.edu.sg

Nanyang Technological

University: www.ntu.edu.sg

Singapore Management

University: www.smu.edu.sg

National University of

Singapore: www.nus.edu.sg

For Students Planning for Private Education

The 3Rs when deciding on Private Education

Reasons

Readiness

Risks

Why are you furthering your studies?

How ready are you to further your studies?

Do you know the possible drawbacks?

School Registration

CPE Registered
GH Academy
JKL School
JKL School
MN Institute
OPD Centre
RST Academy

Ensure the school is registered with CPE. Review the school's registration period, expiry date and its overall registration track record.

Partner Institution



Research on the partner institution conferring the diploma or degree, and whether the qualification is recognised by the industry.

EduTrust Certification Scheme

Is the school EduTrust-certified*? Under the scheme, private schools are assessed for their performance in areas such as school management and provision of student support services.



*Schools are required to obtain EduTrust certification in order to offer external degree programmes

School Premises

Head down to the campus ground to check the facilities and support services. Observe the study environment too.



Fee Protection



Ask if there is any course fee protection so that you will be able to recover unconsumed course fees should the school close down.

Beyond Course fees



Find out about the course syllabus and materials, graduation rates and employment prospects. Approach the alumni to find out what they think of the school.

Teachers

Check if the teachers are qualified to teach the course.



Internship

If industry attachment is included, find out which organisation you will be attached to, the period of attachment and the alternative arrangement should the attachment become unavailable. Verify the information with the organisation as well.



8 Things You Should Know Before You Enrol in A Private School

Differences and Similarities between Private Schools and Local Polytechnics/Universities



My certificate from a private school will be recognised by the Singapore Government for future employment or studies.



Registration with CPE is not an endorsement or recognition of the private school's courses and/or qualifications. The decision to accept your qualifications lies with your prospective higher educational institutions or employers. There is no central authority in Singapore that accords recognition to certificates and/or qualifications.



Myth 2

I can use my parents' Central Provident Fund (CPF) savings to pay for my education in a private school, similar to local polytechnics/universities.





Except for SIM University (UniSIM) and selected courses in LASALLE College of the Arts and Nanyang Academy of Fine Arts (NAFA), courses offered in private schools are not covered under the CPF Education Scheme, therefore you cannot use your parents' CPF to pay for the course.



There are Government subsidies for courses offered in private schools, just like courses at local polytechnics/universities.

Myth 4

> Similar to local polytechnics /universities, private schools registered with CPE will not close down.

CLOSED

There are generally no Government subsidies for courses offered in private schools, except for courses funded by Singapore Workforce Development Agency, and selected courses offered by LASALLE College of the Arts, Nanyang Academy of Fine Arts (NAFA) and SIM University (UniSIM).

Quick Facts





https://tinyurl.com/y69yeyec

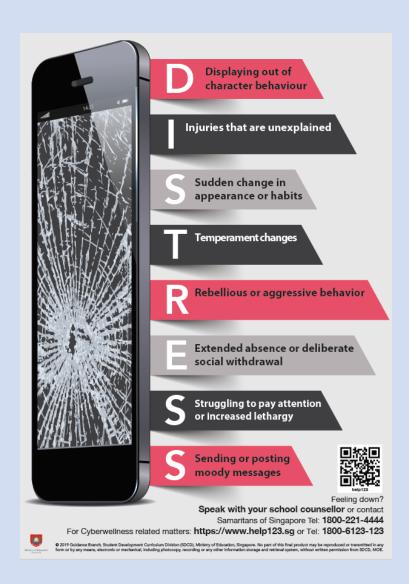
Useful Resources for Students

Visit https://go.gov.sg/MySFPreu for more information on post GCE A-Level options



Reach out for support

- If you have any concerns or are not coping, do reach out to someone you trust and speak with them. It could be a parent, teacher, school counsellor or a friend that you can talk to.
- If you experience prolonged difficulties, the Community Health Assessment Team (CHAT) provides personalised and confidential mental health checks and faceto-face consultation for youth aged 16 to 30.
- To speak with a youth support worker, you can visit CHAT Hub at *Scape, #05-05. You can also call 6493 6500/ 6501 or email CHAT@mentalhealth.sg.
- Alternatively, you may also call the Samaritans of Singapore's 24 hour hotline at 1800-221-4444 to speak with someone.



Useful Resources

Speak to an ECG Counsellor

- Making informed decisions is important for successful transition from school to further education.
- Speak with your teachers and ECG Counsellor in schools, besides your parents, on the possible pathways.
- ECG counselling service from the MOE ECG Centre is available for GCE A-Level students from 14 - 28 Feb 2020.
- Details on how to make an appointment can be found in the What's Next pamphlet distributed to you. Interactive version available www.moe.gov.sg/microsites/whatsnext

For ECG counselling services, contact ECG
Centre @ MOE (Grange Road) via
moe ecg@moe.gov.sg or phone: 68311420



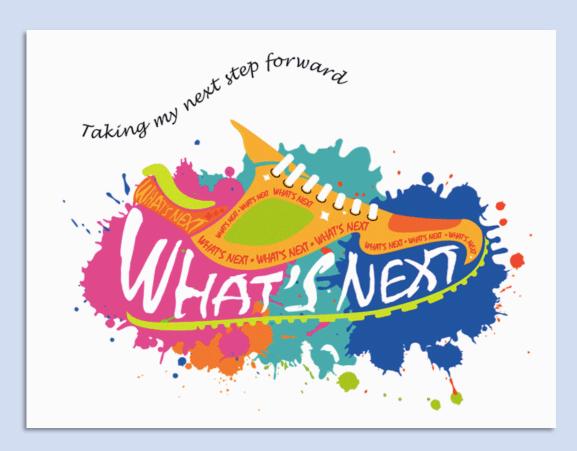
Graduate Employment Survey



- Information about graduation rates and employment prospects can be found from the annual Graduate Employment Survey (GES).
 - Autonomous Universities: https://www.moe.gov.sg/education/post-secondary
 - Polytechnics: https://beacon.com.sg/polyges/home/past-results/
 - ITE: <u>https://www.ite.edu.sg/admissions/graduate-employment-</u> survey
 - Private Education Institutions: https://www.ssg.gov.sg/cpe/pei.html



What's Next – A quick guide





www.moe.gov.sg/ microsites/whatsnext **Useful Resources**

The Next Step Forward



www.moe.gov. sg/the-nextstep-forward

