

**CCA CLUB PROPOSAL DETAILS**

<b>Name of club</b>	SP Skate Club
<b>Event title</b>	Urban Skating Along Punggol
<b>Event date &amp; time</b>	29/09/2025, 17:00 to 19:30

**DETAILS OF PROPOSED ACTIVITIES**

<b>Date &amp; Time</b>	<b>Program details</b>	<b>Name &amp; description of activity</b>	<b>Forfeits/ Remarks</b>
5:00-5:20	Activity: Briefing and warm up	Mark attendance for those that have arrived. First aider will be present in case of injuries.	Event is only open to members who have their own personal skates and are skilled enough.  Skill assessment to be conducted by EXCO during training, before the event.
	Venue/ePlatform: Outside GoCycling @ Punggol Park	Student IC to give safety briefing	
	Student IC: Chloe & Bryan First Aider: Yeo Xue Qi, Leroy Hong Jae Yang Helpers: Matin, Berenice, Naieen	<ol style="list-style-type: none"> <li>1. Remember to sound out whenever you are feeling unwell</li> <li>2. Introduction of first aiders and where they will be situated</li> <li>3. Introduction of where the nearest EXCO member will be at for each cluster</li> <li>4. Skate at a pace that they are confident with</li> <li>5. Do not attempt dangerous actions such as reckless skating and doing anything that will endanger</li> </ol>	

	Logistics needed: First Aid Kit	<p>themselves and the people around them</p> <p>Student IC to briefly introduce urban route and grouping</p> <ol style="list-style-type: none"> <li>1. Outside GoCycling @ Punggol Park--&gt; Waterway Sunny FootBridge (checkpoint 1) --&gt; Punggol Way Bridge Near Toilet (checkpoint 2) --&gt; SIT Punggol</li> <li>2. Separation of clusters according to their speed</li> </ol> <p>Rest points are circled in red on the urban map, and are strategically placed such that students have the time to rest and hydrate throughout the route</p> <p>EXCO led them in warm up stretching</p>	
	(If applicable) Coach presence: Yes/No	Yes	

5:20-7:30	Activity: Briefing and warm up	First aider will be present in case of injuries.	
	<p>Venue/ePlatform: Outside GoCycling @ Punggol Park</p> <p>Student IC: Chloe &amp; Bryan First Aider: Yeo Xue Qi, Leroy Hong Jae Yang Helpers: Matin, Berenice, Naileen</p> <p>Logistics needed: First Aid Kit</p>	<p>Skaters to be paired up among their groups to ensure no one is left alone. As one group, move off after everyone has been briefed and checked up on.</p> <p>Members will apply the skills learnt during training in the urban skate (e.g. T-stop to slow down/stop when moving too fast)</p> <p>Step Procedure for Crossing the Road in Groups:</p> <ol style="list-style-type: none"> <li>1. Stop at the traffic light When reaching a road crossing, the Vice President (leading the way) signals for everyone to stop at the waiting point. The President (last skater) ensures all members have gathered before instructions are given.</li> <li>2. Form Small Groups Members are instructed to split into smaller groups of 5–6 skaters for easier and safer crossing. Each group will have at least one EXCO within it.</li> <li>3. Check Traffic &amp; Crossing The EXCO checks the traffic light or ensures it is safe to cross. No group moves until the signal is given. The first small group crosses together, led by an EXCO. Once the first group has reached the other side safely, the next group begins to cross, and so on.</li> </ol> <p>The President will remain behind with the last group to ensure no one is left stranded. After the final group crosses, the President does a headcount before continuing the journey.</p> <ol style="list-style-type: none"> <li>4. Regroup &amp; Continue All groups wait at the other side until everyone has crossed.</li> </ol>	<p>Head count will be done to ensure everyone is present.</p> <p>Matin, the Vice President will lead the way, while Chloe, the President, will be the last man to ensure that no one is left behind</p>

Date & Time	Program details	Name & description of activity	Forfeits/ Remarks
7:30	Venue/ePlatform: SIT Punggol	Dismissal of students: <ol style="list-style-type: none"> <li>1. At SIT Punggol, wait for members at the back to reach the location</li> <li>2. Once present, a head count will be performed to ensure everyone made it safely</li> <li>3. Check on students if they need any medical attention</li> <li>4. Students will be dismissed directly from the SIT Punggol location</li> </ol>	
	Student IC: Chloe & Bryan First Aider: Yeo Xue Qi, Leroy Hong Jae Yang Helpers: Matin, Berenice, Naieen		
	Logistics needed: First Aid Kit		
	(If applicable) Coach presence: Yes/No	Yes	

### MAP OF URBAN ROUTE

