Week 6 chapter 2 Personal project

Health, Work, Play, and Love Dashboard:

Health: They put others needs ahead of their own and everything they do must be perfect.

Work: Long to find a career that aligns with their values and their dreams.

Play: Gentle, caring, and creative nature.

Love: Look for depth and meaning in relationships and romantic relationships are no different.

Define, Measure, Analysis, Summary:

Define: Aren’t content with coasting through life.

Measure: Success doesn’t come from money or status but from seeking fulfillment and helping others.

Analysis: INFJ-A’s are very person helping driven. If they aren’t helping someone else its not worth their time.

Summary: INFJ-A’s are people that put themselves before others at all costs and look for the betterment of others rather than themselves.

Workview and Lifeview Compass:

Workview: Advocates have trouble picking jobs because they are able to imagine so many possibilities. Any given ideal career must align with their values.

Lifeview: They are perfectionists and top achievers. Everything must be in order for them to feel satisfied.

Value Statement: INFJ-A’s are not only gentle and caring but they are perfectionists. With these traits its hard for them to want to fail at anything.

Good Time Journal Entries: 10 entries (Past or Present):

Writing

Reading

Sports

Community service

Sleeping

Watching tv

Physical fitness

Board games

Video games

Stimulating the mind

3 Mind Maps:

Engagement: 5

Energy: 7

Flow: 4

Odyssey Plans:

Plan A: You will only be happy with yourself when you serve others or make them better that what they were.

Plan B: You will not be happy with your circumstances because you are not serving others and making a difference in the lives of others.

Unlimited: You will always be content and happy with everything that you do.