





Swatch poster based on Suprematist composition.

Wishing you a  
wonderful  
birthday  
Filled with Love, Joy  
and Happiness!



Happy Birthday



B

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FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
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# Group Fitness Schedule

January  
2020

BE HEALTHY  
BE STRONG  
BELONG

Pleasant Hill YMCA  
Pleasant Hill YMCA  
YMCA of the East Bay App  
jmarquez@ymcaeastbay.org



