Go to:

https://www.unacast.com/covid19/social-distancing-scoreboard

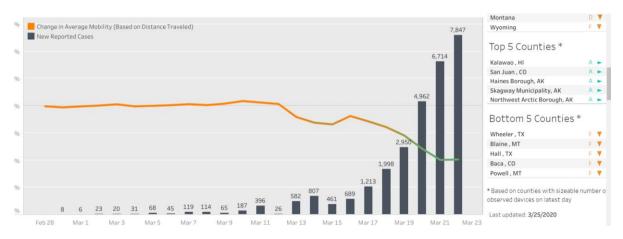
Scroll down until you see picture A (below). If hover your mouse in the red circled region (in picture below), you can search for the specific county in question.

Picture A

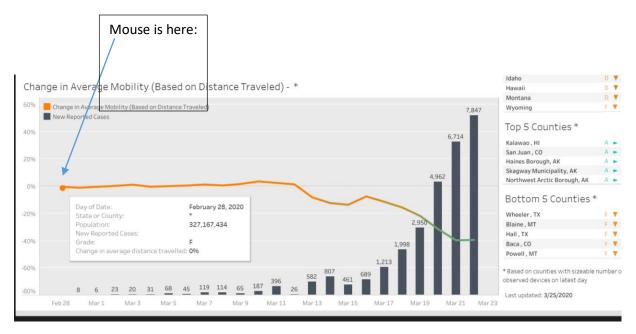


If you scroll down a little further, you can see a graph that looks something like picture B:

Picture B



If you hover over a point on the orange line, it will give you the social mobility score:



Enter the numerical change in distance travelled, (excluding the % sign) for the appropriate date. In the picture above, the correct value to enter for Middlesex county on February 28th is "0".

Repeat for other dates by following orange line toward the right.