FRED: Generating Feedback Reports for Ecological Momentary Assessment Data

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FRED: Generating Feedback Reports for Ecological Momentary Assessment Data

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https://osf.io/y8bau/

Depression

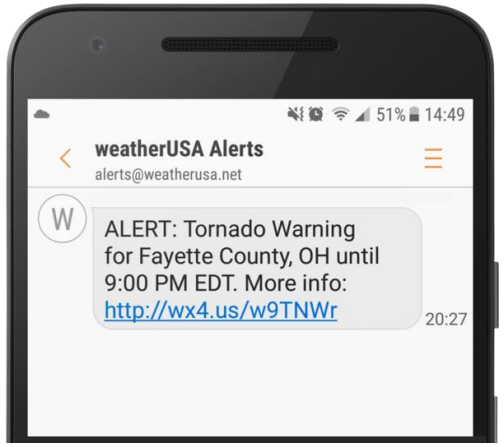
- Common, debilitating, chronic, & costly
- Compromises capacity for independent living
- Treatment success limited

Prevention

- Prevention as most effective way to change depression's global disease burden
- Some known risk factors for depression, but biggest barrier
  - whom to intervene on, and when

- Forecasting depression risk for immediate future

FOX 5
STORM TEAM
TROPICAL STORM ISAÍAS
WINDS
70 MPH
MOVEMENT
N 13 MPH
LOCATION
220 MILES SSW OF MYRTLE BEACH, SC
Atlanta
Charleston
Jacksonville
Melbourne
Tampa


51% 14:49
weatherUSA Alerts
alerts@weatherusa.net
W
ALERT: Tornado Warning for Fayette County, OH until 9:00 PM EDT. More info: http://wx4.us/w9TNWr
20:27

Evacuate

FOX 5
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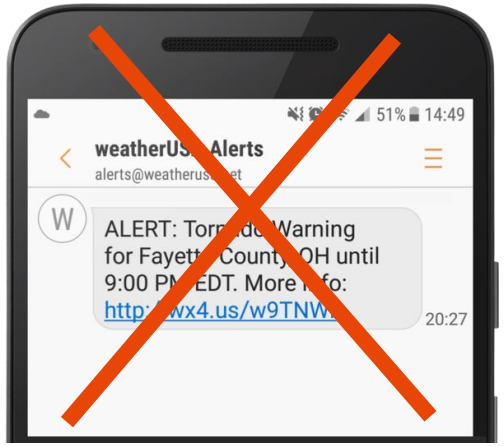
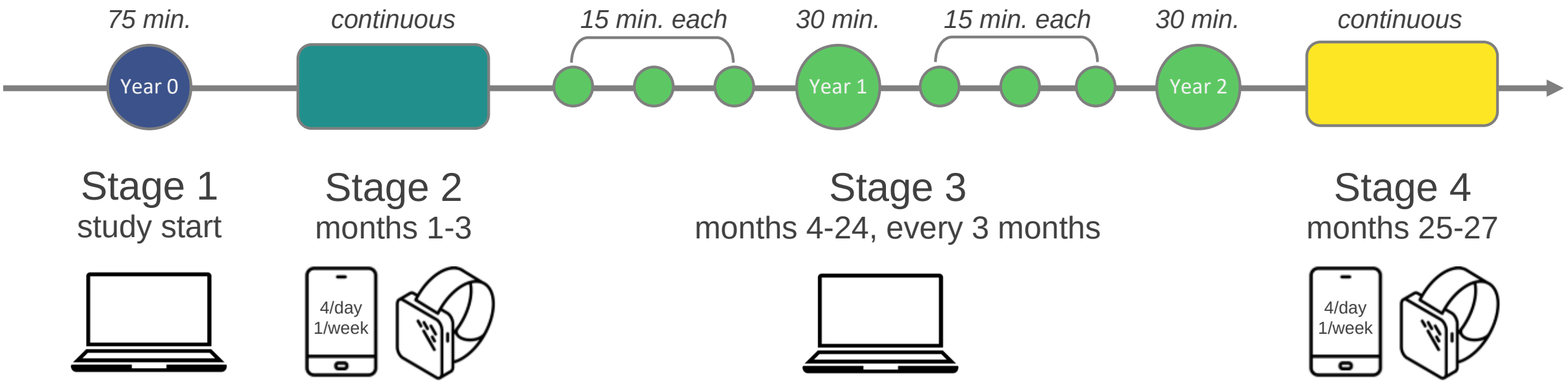

51% 14:49
Alerts
W
20:27

Prevent

WARN-D project



Stage 2 is intensive

3 months EMA

- 4 x day, 20 items
- + morning (3 items)
- + evening (20 items)
- + Sunday (35 items)

Burdensome design

Increase compliance

Strategies to reduce attrition

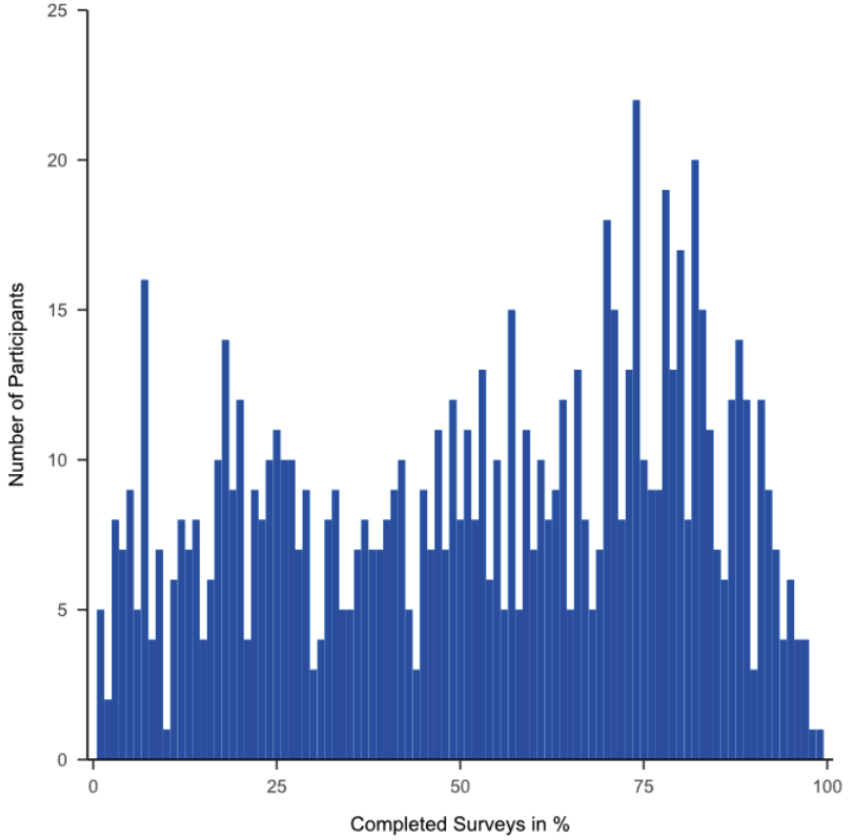
- Design
- Extrinsic ($)
- Intrinsic: report personalized data back to participants in meaningful ways

Feedback Reports on EMA Data

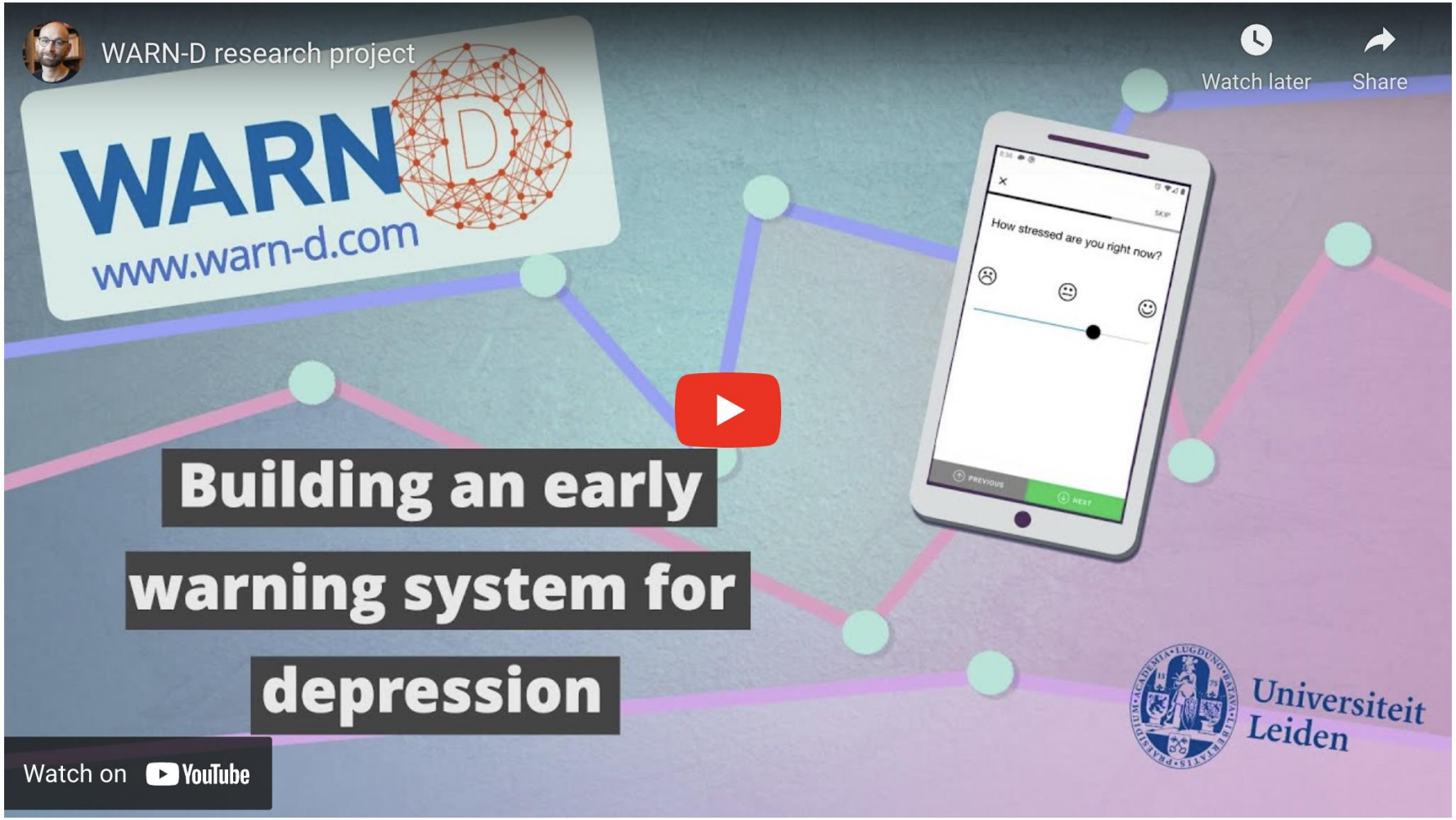
FRED cornerstones:

- html file / interactive shiny app
- select appropriate items
- preprocess data in ways that help interpretability but aren't too complex
- privacy

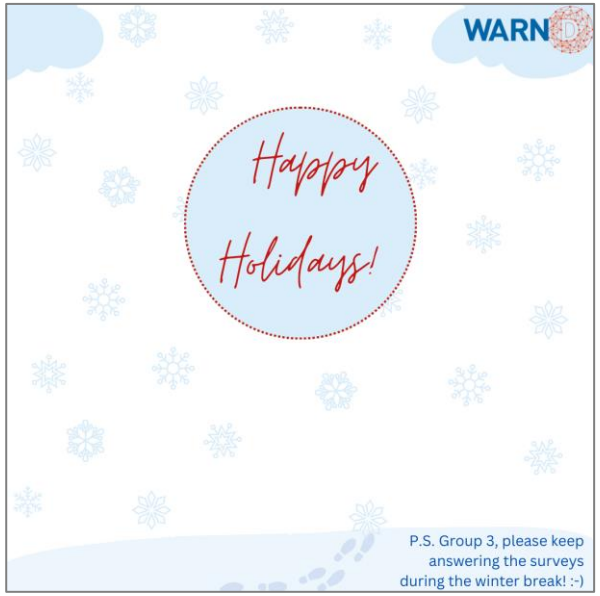
Let's take a look!



Want to learn more about WARN-D?



https://www.youtube.com/watch?v=7bN5kkRbUdw



https://www.instagram.com/warnd_study/

WARN-D in the news

- UKrant (02/2023): Researcher creates 'weather radar' for depression, asks students to help him
- Folia (02/2023): Leiden psychologist develops "mood radar app" for depression
- Garmin (01/2023): Collaboration between Garmin and Leiden University Hopes to Predict Depression for Future Prevention
- Horizon (12/2022): "Defeating depression through early risk detection and targeted medication" (also in Spanish)
- Radio Weetlust (10/2022): "Episode 300: BLUE" (in Dutch)
- Humo (08/2022): Scientists develop a weather radar for depression: 'The plan is to make an app that predicts depression a few weeks in advance' (in Dutch)
- De Morgen (08/2022): Dutchman develops a weather radar for depression: 'The app can predict mental complaints' (in Dutch)
- De Volkskrant (07/2022): A storm radar for depression: this scientist tries to predict who will become depressed and when (in Dutch) read here
- Leidsch Dagblad (04/2022): Clinical psychologist Eiko Fried is working on a wa
  size fits all' (in Dutch) read here
- Leiden University news (04/2022): "Psychology: Help predict depression"
- LINDA (03/2022): A rain radar for depression? Psychologists develop an app th
- Leiden University news (03/2022): "WARN-D: developing an early warning syste
- Mare Online (03/2022): Psychologists are trying to build a weather forecast for
- Leiden University news (03/2022): "WARN-D: Your personal code yellow – oran
- Leiden University news (09/2020): "European grant for Eiko Fried to deve
  depression"

deVolkskrant

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Een buienradar voor depressies: deze wetenschapper probeert te voorspellen wie wanneer depressief wordt

De Leidse onderzoeker Eiko Fried werkt aan een app die kan waarschuwen voor depressies. 'Vergelijk het met het weer. Je kunt pas een voorspelling doen als je veel gegevens combineert.'

Kaya Bouma 30 juli 2022, 06:00

Protocol paper: https://osf.io/2jd9h/

WARN-D project hub /

01_WARN-D Protocol Paper

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Category: Methods and Measures

Description:

Protocol paper for WARN-D study (www.WARN-D.com).

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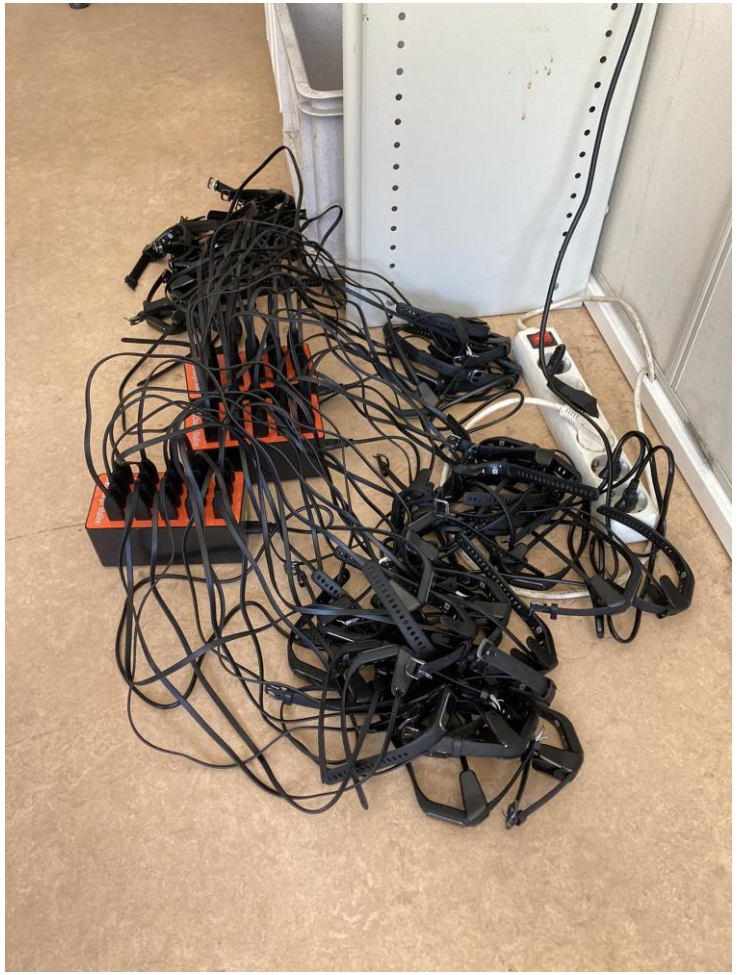

WARND

team

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