

# Item Validation in the WARN-D Study

**Assessing EMA items to build an early warning system for depression**

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# WARN-D

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**Goal:** Develop a personalized early warning system for depression

**How?**

Follow 2,000 students over 2 years

Integrate multiple modern assessment types

**This talk:**

How can we learn more about all the EMA items used in the study?



# Sample

## Data Collection

### Recruitment

- Four Cohorts
- 500 students each

### Population

- Students of higher education in The Netherlands > 18 years

### This Talk

- Cohort 1 + 2
- (C1: Nov 2021; C2: May 2022)
- $N = 865$

## Measurement

### Baseline

### 3 Months EMA-Phase

- 4x /day (18-21 items)
- Additional sunday survey (46 items)
- Many items: 1-7 Likert
- Smartwatch

### Multiple Follow-Ups

# Theoretical Relevance



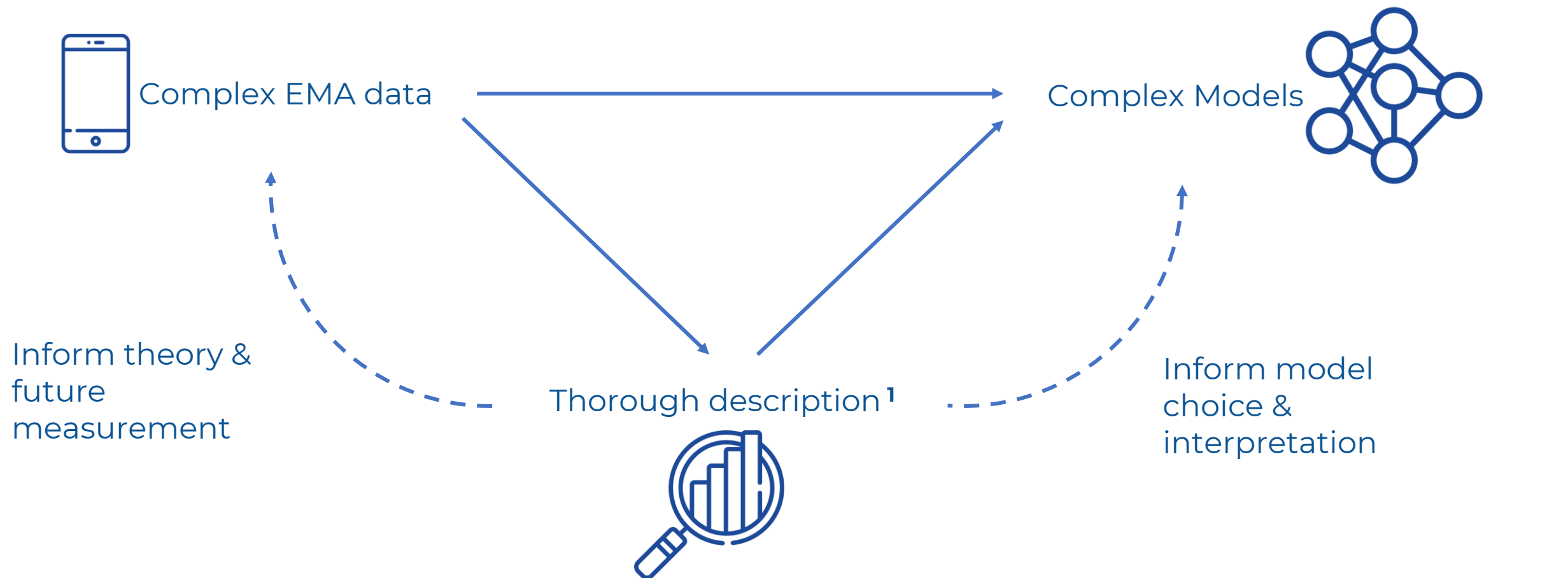
Complex EMA data



Complex Models



# Theoretical Relevance



<sup>1</sup> | e.g. Anscombe (1973), Tukey (1977), Haig (2013)

# Validation Workflow

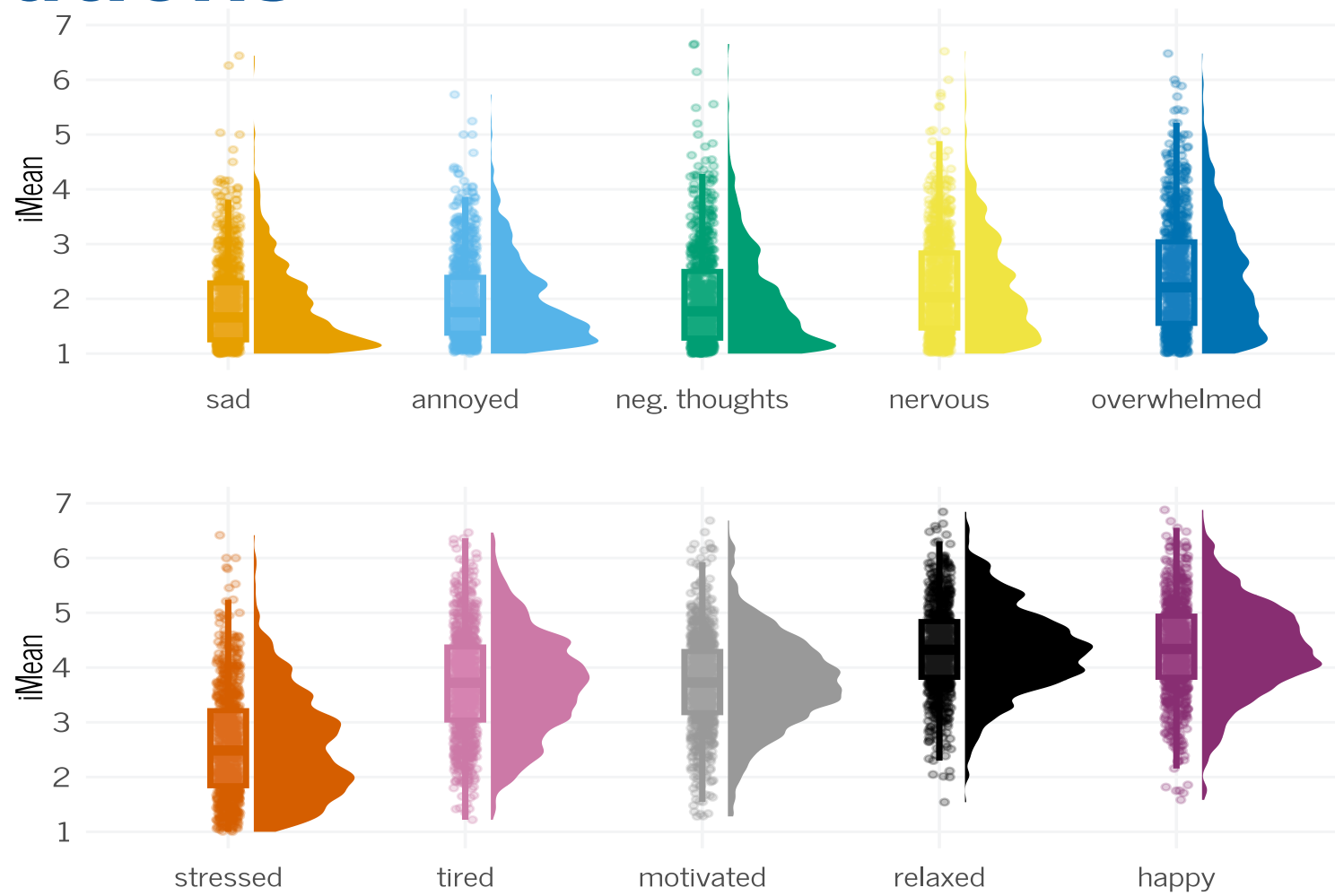
## Visualization & Description

1. Distributions
2. Context
3. Time

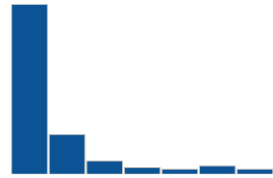
## Other parts

More on this later...

# Distributions

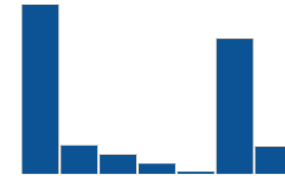


# Distributions



## Floor Effects:

multiple items with ~30% of individuals answering 1 (*“not at all”*) >80% of the time



## Multimodality:

multiple negative affect items with ~20% of individuals showing multimodality<sup>1</sup>



Theoretically:  
Conceptualization of  
responses<sup>2</sup>



Statistically: Important to  
account for<sup>3</sup>

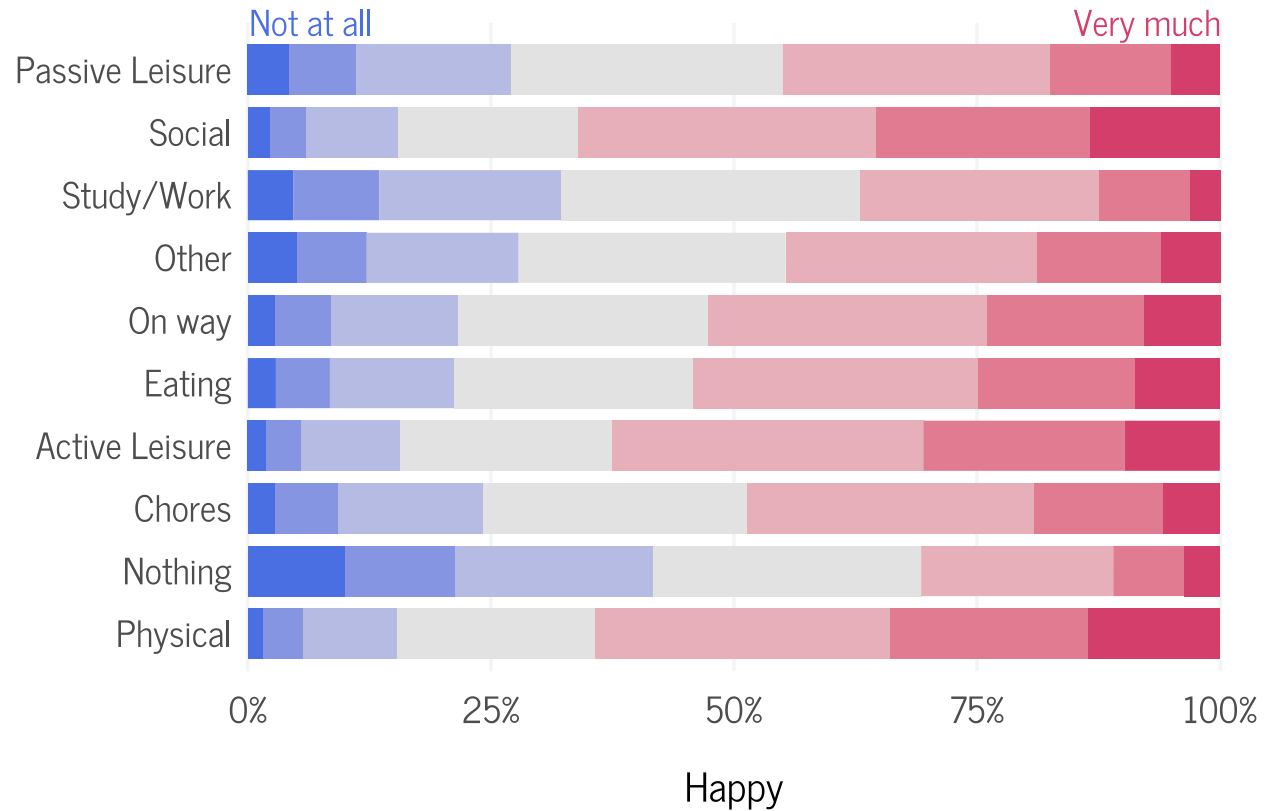
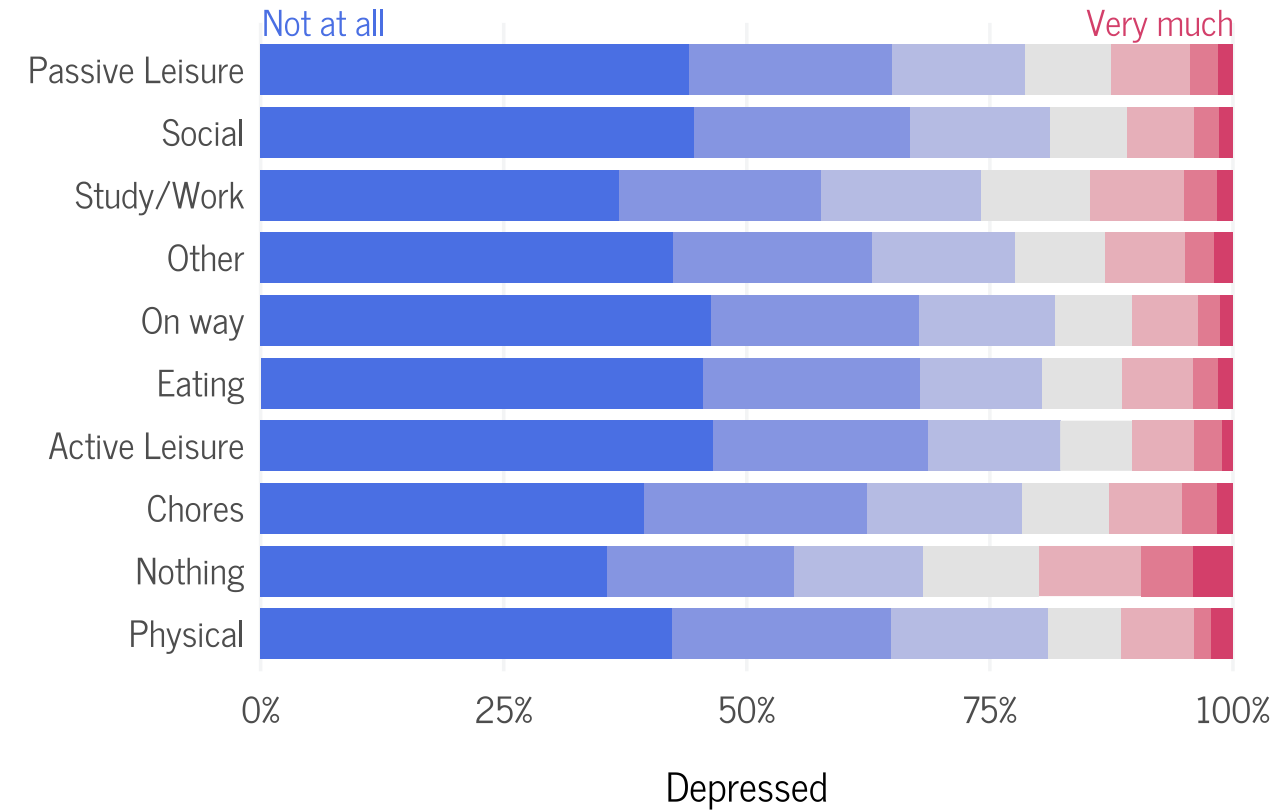


# Context

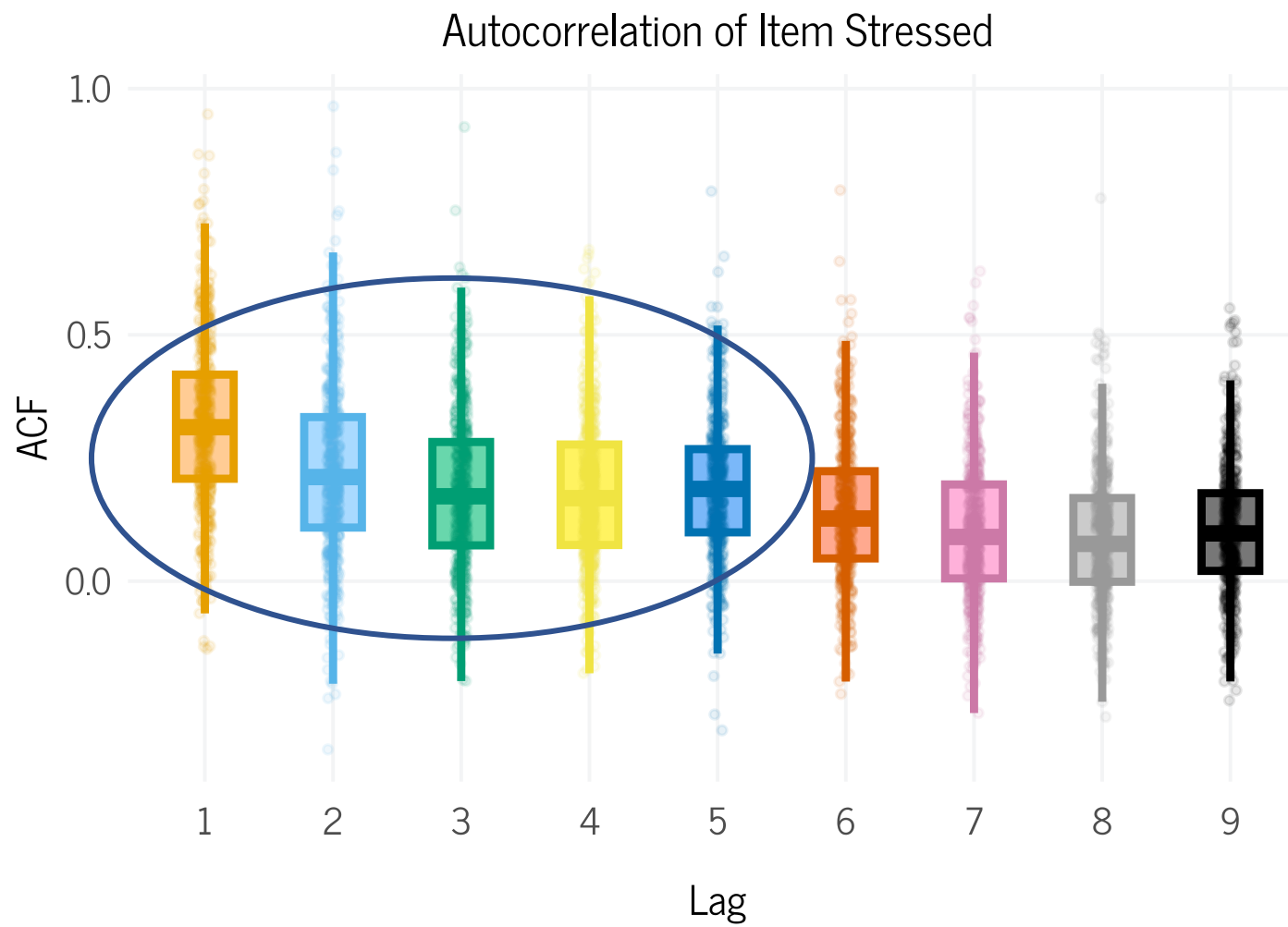
- One of the main pillars of EMA
  - In WARN-D:
    - Current activity
    - Online & offline social contacts
    - Location
- } enjoyment thereof

How similar are responses across different contexts?

# Context



# Time



# Validation Workflow

## Visualization & Description

1. Distributions
2. Context
3. Time

## Other parts

# Validation Workflow

## Other parts

1. Validating EMA with sensor data
2. Self-reported change vs. inferred change from EMA
3. Prognostic validity
4. Concurrent validity
5. Measurement models

1. Overlap between EMA stress and sensor stress
2. Asking people if they changed vs. calculating change gives different answers
3. Predicting follow-up with EMA
4. Overlap daily vs. weekly depression items
5. Work-in-Progress

# Summary

## Implications for WARN-D

- Improved understanding of items and their characteristics
- Structured workflow
- Internal package, external extensive codebook

## General

- Importance of descriptive work
- Flexible modeling
- More quantitative and qualitative work on item responses, response processes
- Broad conception of validity and item quality

# Thank you



The WARN-D  
team



ERC Starting Grant  
2020, agreement  
No. 949059



Leiden University,  
the Netherlands



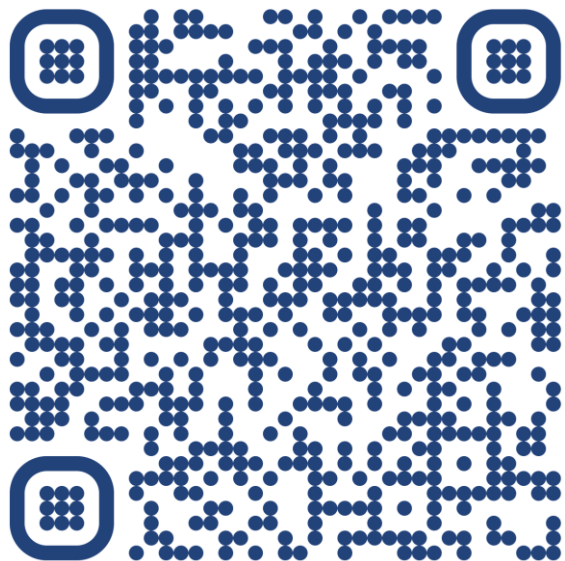
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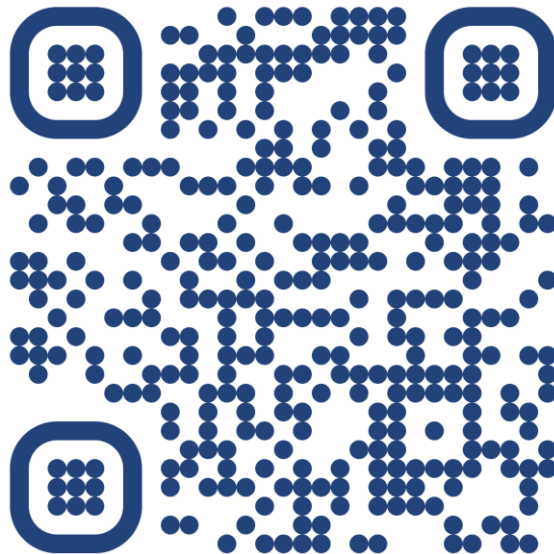
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# Keeping up



Slides &  
My Homepage



WARN-D

## Other WARN-D talks today:

### **Today, 1pm:**

Introducing Fred, Open Software to Create  
Personalized Reports Utilizing Time-Series  
Data and Network Science  
(Eiko I. Fried)

### **Today, 4 pm:**

Augmenting Self-Reports with Passive Sensor  
Data to Understand Changes in Mental Health  
Presenter  
(Carlotta L. Rieble)



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# Image Sources

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