# Regularization

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#### Exercise 1

Consider the problem of multiple linear regression, where the aim is to find  $\hat{\beta}^{LS} = (\beta_0, ..., \beta_p)^T \in \mathbb{R}^{p+1}$  such that:

$$\hat{\beta}^{LS} = \underset{\beta}{\operatorname{argmin}} \sum_{i=1}^{n} \left( y_i - \beta_0 - \sum_{i=1}^{p} \beta_i x_{ij} \right)^2.$$

Assuming that  $(\mathbf{X}^{\mathsf{T}}\mathbf{X})^{-1}$  is invertible, we can show that the ordinary least squares estimate is given by  $\hat{\boldsymbol{\beta}}^{LS} = (\mathbf{X}^{\mathsf{T}}\mathbf{X})^{-1}\mathbf{X}^{\mathsf{T}}\mathbf{y}$  where  $\mathbf{X} \in \mathbb{R}^{n \times p}$  and  $\mathbf{y} \in \mathbb{R}^n$ . Consider the problem of ridge regression, where the optimization problem is now formulated as finding  $\hat{\boldsymbol{\beta}}^R = (\beta_0, ..., \beta_p)^{\mathsf{T}} \in \mathbb{R}^{p+1}$  such that:

$$\hat{\beta}^R = \underset{\beta}{\operatorname{argmin}} \sum_{i=1}^n \left( y_i - \beta_0 - \sum_{j=1}^p \beta_j x_{ij} \right)^2 + \lambda \sum_{j=1}^p \beta_j^2,$$

where  $\lambda \geq 0$ . The solution is given by  $\hat{\beta}^R = (\mathbf{X}^{\mathsf{T}}\mathbf{X} + \lambda \mathbf{I}_p)^{-1}\mathbf{X}^{\mathsf{T}}\mathbf{y}$ , where  $\mathbf{I}_p$  is the  $p \times p$  identity matrix. Let us consider a simple scenario where p = n and that  $\mathbf{X} = \mathbf{I}_p$ .

- Prove that  $\hat{\beta}^R = \frac{\hat{\beta}^{LS}}{\lambda + 1}$ .
- Given that Bias( $\hat{\beta}^{LS}$ ) = 0, compute the bias of the ridge estimator.
- Assuming that the data generative process is  $\mathbf{y} = \mathbf{X}\boldsymbol{\beta} + \boldsymbol{\varepsilon}$  where  $\boldsymbol{\varepsilon} \in \mathbb{R}^n$  is a random noise vector, derive the covariance matrices of  $\hat{\boldsymbol{\beta}}^{LS}$  and  $\hat{\boldsymbol{\beta}}^R$  and show how they relate to one another. You can assume that  $\mathbb{E}[\boldsymbol{\varepsilon}\boldsymbol{\varepsilon}^T] = \sigma^2\mathbf{I}_n$  and  $\mathbb{E}[\boldsymbol{\varepsilon}] = 0$ .

The covariance matrix of a random vector  $\mathbf{a} \in \mathbb{R}^p$  is given by  $\operatorname{Cov}(\mathbf{a}) = \mathbb{E}\left[(\mathbf{a} - \mathbb{E}[\mathbf{a}])(\mathbf{a} - \mathbb{E}[\mathbf{a}])^{\mathsf{T}}\right] \in \mathbb{R}^{p \times p}$ .

#### **Solution**:

$$\hat{\boldsymbol{\beta}}^{LS} = (\mathbf{X}^{\mathsf{T}}\mathbf{X})^{-1}\mathbf{X}^{\mathsf{T}}\mathbf{y}$$
$$= (\mathbf{I}_p)^{-1}\mathbf{I}_p\mathbf{y}$$
$$= \mathbf{y}$$

$$\hat{\boldsymbol{\beta}}^{R} = (\mathbf{X}^{\mathsf{T}}\mathbf{X} + \lambda \mathbf{I}_{p})^{-1}\mathbf{X}^{\mathsf{T}}\mathbf{y}$$

$$= (\mathbf{I}_{p} + \lambda \mathbf{I}_{p})^{-1}\mathbf{I}_{p}\mathbf{y}$$

$$= ((\lambda + 1)\mathbf{I}_{p})^{-1}\mathbf{I}_{p}\mathbf{y}$$

$$= \frac{1}{\lambda + 1}\mathbf{I}_{p}\mathbf{I}_{p}\mathbf{y}$$

$$= \frac{\mathbf{y}}{\lambda + 1}$$

$$= \frac{\hat{\boldsymbol{\beta}}^{LS}}{\lambda + 1}$$

The bias of the ridge estimator is obtained as:

$$\begin{aligned} \operatorname{Bias}(\hat{\beta}^{R}) &= \mathbb{E}[\hat{\beta}^{R}] - \beta \\ &= \mathbb{E}\left[\frac{\hat{\beta}^{LS}}{\lambda + 1}\right] - \beta \\ &= \frac{1}{\lambda + 1} \mathbb{E}[\hat{\beta}^{LS}] - \beta \\ &= \frac{\beta}{\lambda + 1} - \beta \end{aligned}$$

Thus  $\hat{\beta}^R$  is a biased estimator of the true coefficients  $\beta$  if  $\lambda \neq 0$ .

The covariance matrix of the ordinary least squares coefficients is obtained as:

$$\begin{aligned} \operatorname{Cov}(\hat{\beta}^{LS}) &= \mathbb{E}\Big[(\hat{\beta}^{LS} - \mathbb{E}[\hat{\beta}^{LS}])(\hat{\beta}^{LS} - \mathbb{E}[\hat{\beta}^{LS}])^{\mathsf{T}}\Big] \\ &= \mathbb{E}\Big[(\hat{\beta}^{LS} - \beta)(\hat{\beta}^{LS} - \beta)^{\mathsf{T}}\Big] \\ &= \mathbb{E}\Big[\hat{\beta}^{LS}(\hat{\beta}^{LS})^{\mathsf{T}} - \hat{\beta}^{LS}\beta^{\mathsf{T}} - \beta(\hat{\beta}^{LS})^{\mathsf{T}} + \beta\beta^{\mathsf{T}}\Big] \\ &= \mathbb{E}\Big[\hat{\beta}^{LS}(\hat{\beta}^{LS})^{\mathsf{T}}\Big] - \mathbb{E}\Big[\hat{\beta}^{LS}\beta^{\mathsf{T}}\Big] - \mathbb{E}\Big[\beta(\hat{\beta}^{LS})^{\mathsf{T}}\Big] + \mathbb{E}\Big[\beta\beta^{\mathsf{T}}\Big] \\ &= \mathbb{E}[\mathbf{y}\mathbf{y}^{\mathsf{T}}] - \beta\beta^{\mathsf{T}} - \beta\beta^{\mathsf{T}} + \beta\beta^{\mathsf{T}} \\ &= \mathbb{E}\Big[(\mathbf{X}\beta + \boldsymbol{\varepsilon})(\mathbf{X}\beta + \boldsymbol{\varepsilon})^{\mathsf{T}}\Big] - \beta\beta^{\mathsf{T}} \\ &= \mathbb{E}[\mathbf{X}\beta\beta^{\mathsf{T}}\mathbf{X}^{\mathsf{T}}] + \mathbb{E}[\mathbf{X}\beta\boldsymbol{\varepsilon}^{\mathsf{T}}] + \mathbb{E}[\boldsymbol{\varepsilon}\beta^{\mathsf{T}}\mathbf{X}^{\mathsf{T}}] + \mathbb{E}[\boldsymbol{\varepsilon}\boldsymbol{\varepsilon}^{\mathsf{T}}] - \beta\beta^{\mathsf{T}} \\ &= \beta\beta^{\mathsf{T}} + \sigma^{2}\mathbf{I}_{p} - \beta\beta^{\mathsf{T}} \\ &= \sigma^{2}\mathbf{I}_{p} \end{aligned}$$

The covariance matrix of the ridge coefficients are given by:

$$\begin{aligned} \operatorname{Cov}(\hat{\boldsymbol{\beta}}^{R}) &= \mathbb{E}\Big[(\hat{\boldsymbol{\beta}}^{R} - \mathbb{E}[\hat{\boldsymbol{\beta}}^{R}])(\hat{\boldsymbol{\beta}}^{R} - \mathbb{E}[\hat{\boldsymbol{\beta}}^{R}])^{\mathsf{T}}\Big] \\ &= \mathbb{E}\Big[\Big(\frac{\hat{\boldsymbol{\beta}}^{LS}}{\lambda + 1} - \frac{\boldsymbol{\beta}}{\lambda + 1}\Big)\Big(\frac{\hat{\boldsymbol{\beta}}^{LS}}{\lambda + 1} - \frac{\boldsymbol{\beta}}{\lambda + 1}\Big)^{\mathsf{T}}\Big] \\ &= \frac{1}{(\lambda + 1)^{2}}\Big(\mathbb{E}[\hat{\boldsymbol{\beta}}^{LS}(\hat{\boldsymbol{\beta}}^{LS})^{\mathsf{T}}] - \mathbb{E}[\hat{\boldsymbol{\beta}}^{LS}\boldsymbol{\beta}^{\mathsf{T}}] - \mathbb{E}[\boldsymbol{\beta}(\hat{\boldsymbol{\beta}}^{LS})^{\mathsf{T}}] + \mathbb{E}[\boldsymbol{\beta}\boldsymbol{\beta}^{\mathsf{T}}]\Big) \\ &= \frac{1}{(\lambda + 1)^{2}}(\boldsymbol{\sigma}^{2}\mathbf{I}_{p} + \boldsymbol{\beta}\boldsymbol{\beta}^{\mathsf{T}} - \boldsymbol{\beta}\boldsymbol{\beta}^{\mathsf{T}} - \boldsymbol{\beta}\boldsymbol{\beta}^{\mathsf{T}} + \boldsymbol{\beta}\boldsymbol{\beta}^{\mathsf{T}}) \\ &= \frac{\boldsymbol{\sigma}^{2}\mathbf{I}_{p}}{(\lambda + 1)^{2}} \\ &= \frac{\operatorname{Cov}(\hat{\boldsymbol{\beta}}^{LS})}{(\lambda + 1)^{2}} \end{aligned}$$

## **Exercise 2**

Suppose that the columns of  $X_1$  are orthonormal, and that  $X_2 = 10X_1$ . Show that the ordinary least squares estimates are equivariant, meaning that multiplying X by a constant c scales the coefficients estimates by a factor  $\frac{1}{c}$ . Is it also the case for the ridge estimates?

### **Solution:**

The least square coefficients from  $\mathbf{X}_1$  would be  $\hat{\boldsymbol{\beta}}_1^{LS} = (\mathbf{X}_1^\mathsf{T} \mathbf{X}_1)^{-1} \mathbf{X}_1^\mathsf{T} \mathbf{y}$ . From  $\mathbf{X}_2$ , we would have:

$$\begin{split} \hat{\boldsymbol{\beta}}_2^{LS} &= (\mathbf{X}_2^\mathsf{T} \mathbf{X}_2)^{-1} \mathbf{X}_2^\mathsf{T} \boldsymbol{y} \\ &= (100 \mathbf{X}_1^\mathsf{T} \mathbf{X}_1)^{-1} 10 \mathbf{X}_1^\mathsf{T} \boldsymbol{y} \\ &= \frac{1}{10} (\mathbf{X}_1^\mathsf{T} \mathbf{X}_1)^{-1} \mathbf{X}_1^\mathsf{T} \boldsymbol{y} \\ &= \frac{1}{10} \hat{\boldsymbol{\beta}}_1^{LS}. \end{split}$$

Similarly, the ridge coefficients obtained from  $\mathbf{X}_1$  would be  $\hat{\beta}_1^R = \frac{1}{1+\lambda} \mathbf{X}_1^\mathsf{T} \mathbf{y}$ . From  $\mathbf{X}_2$ , we would have:

$$\begin{split} \hat{\boldsymbol{\beta}}_{2}^{R} &= (\mathbf{X}_{2}^{\mathsf{T}} \mathbf{X}_{2} + \lambda \mathbf{I}_{p})^{-1} \mathbf{X}_{2}^{\mathsf{T}} \boldsymbol{y} \\ &= (100 \mathbf{X}_{1}^{\mathsf{T}} \mathbf{X}_{1} + \lambda \mathbf{I}_{p})^{-1} 10 \mathbf{X}_{1}^{\mathsf{T}} \boldsymbol{y} \\ &= (100 \mathbf{I}_{p} + \lambda \mathbf{I}_{p})^{-1} 10 \mathbf{X}_{1}^{\mathsf{T}} \boldsymbol{y} \\ &= \frac{10}{100 + \lambda} \mathbf{I}_{p}^{-1} \mathbf{X}_{1}^{\mathsf{T}} \boldsymbol{y} \\ &= \frac{10}{100 + \lambda} \mathbf{X}_{1}^{\mathsf{T}} \boldsymbol{y} \\ &\neq \frac{1}{10} \hat{\boldsymbol{\beta}}_{1}^{R}. \end{split}$$

The ridge estimates are not equivariant, meaning that they are sensitive to the scale of the data.