

Sprint #1 Report
FitTrak
Trainers
10/20/2019

- Actions to stop doing:
 - Team should be strict on making sure Scrum meetings don't last for more than 15 minutes
- Actions to start doing:
 - Scheduling more group work sessions because it is very effective in getting everyone to work together, and makes it a lot easier to ask questions
- Actions to keep doing:
 - Asking questions. None of the group mates are afraid to ask questions when they're confused, and we're all happy to help
 - Communicating clearly what we are doing
- Work completed:
 - Setting up the development environments, database and UI
- Work completion rate:
 - Total number of user stories completed during the prior sprint: 3
 - Total number of estimated ideal work hours completed during the prior sprint: 14
 - Total number of days during the prior sprint: 6

