**Disorders**

Disorder—any pattern of behaviour that causes people significant distress, or interferes with their ability to behave normally in different situations

Intern’s Disease—upon hearing the symptoms of a disorder, the tendency for people to believe that they or someone they know shares those symptoms

Explaining Abnormality

Biological Explanations

* Neurotransmitters
* Genetics
* Brain Damage
* Diathesis-Stress Model

Psychological Explanations

* Psychodynamic—abnormal behaviour is caused by repressing thoughts
* Behaviourism—behaviour is learned (easily explains phobias)
* Cognitive—illogical thinking problems

Sociocultural Explanation

* Cultural Relativity

Biopsychosocial Explanation

* Incorporates all perspectives

Categorizing Disorders

Labels—good and bad

* Consider Context!

DSM-V (Diagnostic and Statistical Manual of mental Disorders, 5th edition)

* 20 different categories of disorders
* ~250 disorders
* Includes symptoms, methods for treatment, etc.