

## T's Story



There are **more than 23,000 youth** in the United States who **exit foster care** and are left to fend for themselves **each year**.

**"T" is like many foster teens** who are encouraged to start a college course by their school counselors and advocates. When she began having difficulty in classes – probably because she has **no family support, no safe place to study**, limited transportation and is **severely traumatized by her circumstances** – she dropped out – as a result, she is now saddled with debt. So, one wonders what is going to happen to her when she ages out of foster care? How is T going to support herself and her young son?

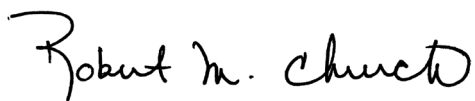
This is T's final year in placement before she transitions out of foster care and becomes the main caretaker of her son. She has **no understanding of personal finance management** and currently has no plan to develop skills beyond high school. The organization that advocates for T has determined that she is unclear about the extent of her school debt as well as the ramifications of defaulting on her debt. It is a priority to ensure that she has a better understanding of her financial situation and obligations before aging out.

DoughMain Financial Literacy Foundation believes that **FitKit Express Personal Finance Workshops** can have an incredible impact young adults like T as well as the foster families who care for them.

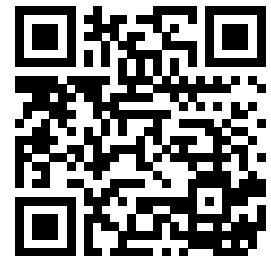
With your support we **can help them build a strong foundation** in personal financial literacy **by providing them with the tools needed to overcome the many challenges** that often lead them to despair, depression and poverty before they have a chance to build stable and productive lives. Our FitKit Express workshops includes material specifically focused on Income and Careers, Compensation, Taxes, Budgeting, Banking Savings, Investments, Credit, and Insurance. **We provide a foundation through which young adults like T can obtain the tools needed to understand and manage their financial wellbeing.**

Please support our efforts to provide personal finance workshops to youth in transition from foster care, develop train-the-trainer programs for supporting organizations and help us to build a supportive network of partnerships targeted at providing resources and opportunities for at-risk youth.

Sincerely,



Robert M. Church



## PROGRESS AND ACHIEVEMENTS

### FitKit™ is a Complete Turnkey Solution

FitKit60 and Middle School programs are comprehensive curricula that teach personal finance to youth and communities

- » **Engaging content:** Combines video content, group activities, unit and lesson plans that encourage student engagement
- » **Standards Based:** Meets or exceeds state and national educational standards
- » **Empowers Teachers:** Provides teachers without a finance background easy-to-implement curriculum, teaching cues, background information, assessments, and support materials.



### FitKit Express

The **FitKit Express Community Workshops** aim to bring financial literacy education to those who stand to benefit the most. Express workshops are **catered toward vulnerable populations** outside the school system and are tailored to fit the specific needs of men and women living in poverty or are otherwise at risk thereof. FitKit Workshops can also be custom-tailored to relate to the mindset, history, values, and challenges of specific communities.

Express programs will be available through online subscription and teach-the-teacher training early 2022

- ★ **National Partnership with JumpStart Coalition for Personal Finance**
- ★ **Financial Fridays** – Feature by JumpStart, Nationally Released
- ★ **Innovative Educational Program** – Recognition by the Pennsylvania Educational Tax Credit Program
- ★ **Raising Financial Freedom** – Podcast Feature
- ★ **Program Growth in Schools & Communities**
- ★ **FitKit Community Workshop for Youth in Foster Care**

