```
class Car:
    def __init__(self, car_id, make, model, year, rented=False):
        self.car_id = car_id
        self.make = make
        self.model = model
        self.year = year
        self.rented = rented

    def __str__(self):
        return f"{self.make} {self.model}, {self.year} (Rented: {self.rented})"


class Customer:
    def __init__(self, customer_id, name, phone):
        self.customer_id = customer_id
        self.name = name
        self.phone = phone


class Rental:
    def __init__(self):
        self.rentals = []

    def rent_car(self, car, customer):
        if not car.rented:
            car.rented = True
            self.rentals.append((car, customer))
            print(f"{car} rented to {customer}")
        else:
            print(f"Sorry, {car} is already rented.")

    def return_car(self, car_id):
        for rental in self.rentals:
            if rental[0].car_id == car_id:
                rental[0].rented = False
                self.rentals.remove(rental)
                print(f"{rental[0]} returned.")
                return
        print(f"No car with ID {car_id} found in rentals.")

    def display_rentals(self):
        for rental in self.rentals:
            print(rental)
```