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# **Desert Emergency Survival Basics**

#### **TEAUGEAK:**

Tools ▼

Wear one. The reason for the sombrero is the desert sun. Necessity was the real mother of the invention, despite the spiffy looks. A gimme cap will do if you turn the bill forward to shade your nose from sunburn and your eyes from glare. Wear a handkerchief under the back to protect your neck and give you a spicy Beau Geste look. Save the backward and sideway bills for back in town when you are planning your next drive-by.

#### **LONG TROUSERS:**

A must. Protect your legs from the sun, and from whatever else bites, scratches, stings, sticks, or festers. This includes almost everything in the desert.

#### **LONG SLEEVES:**

They help too. You can roll them up if you like, but rolled down they protect your arms the way long pants protect your legs.

#### **FOOTWEAR:**

- Sandals are great, cool, and otherwise nice in the right environment. Walking in the desert isn't one of them. They sunburn the tops of your feet and allow stickers and thorns easy access to the sides. Your feet will cook top side, blister bottom side, and bleed in between.
- Cowboy boots and Wellingtons ride too generously on your feet. You'll blister, slip around on rocks, and your feet will have lots of room to explore without going anywhere. No ankle support and general poor footing. A hot, bad choice.
- Sneakers, at least, with socks, are going to be your blessing if you get into trouble and have to walk a long way. When your shoes give out, you'll be

finished walking. Good hiking boots with waffled soles and ankle support are better.

**WATER** 

Category: Survival



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