

Dear Parent(s) and/or Guardian(s),

As the Program Manager of the World Ocean School, I am looking forward to having your child come aboard and join the *Harvey Gamage* crew with Inly School.

The life of a sailor is extremely rewarding and exciting, but it does require that your child have a good work ethic and represent the crew, the ship and him/herself. Your child will be standing watches, performing boat checks, assisting in navigation and sail handling. It is a sailor's belief that if you take good care of your boat, your boat will take good care of you, and we live by that rule. Schooners have played a significant role throughout United States History, and I am excited to share with your child the privilege of contributing to their legacy.

Harvey Gamage was built in 1973, using designs and construction methods similar to those used on 19th Century trading schooners. This year, World Ocean School will use her for this program with Inly School. World Ocean School programs, ranging from a 3-hour educational sail to a 9-week semester at sea, educate, inspire and connect youth by setting high and clear expectations for learning and behavior, while strengthening relationships with community, ideas and values. In the time spent at sea, your child will become an integral part of the crew.

Please do not hesitate to contact me as you and your child prepare for this adventure.

Best Regards,

Jess Jozwik Program Manager (708)822-8447 jess@worldoceanschool.org

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Dear Student,

Welcome to the *Harvey Gamage* Crew! We are excited to have this opportunity to share a few days with you. It is important for our community to always work together as a team and to practice clear communication in order to accomplish the work we have ahead of us. As such, there are several important things you should do as crew members to make sure that you are ready—prepared to have the best time possible!

The first thing to remember is that we will be out sailing and you will want to take some precautions to feel your best while at sea.

- It is very, important to be well rested before coming out on the boat it will be an action packed few days and we will keep you busy and working hard, so please get some sleep before the trip.
- You should **make sure that you are well-hydrated**; start drinking lots of water the night before you come out, and continue to drink water throughout the program. You will notice that we include water bottles on the packing list and will encourage you to drink lots of water throughout the trip.
- While the boat is sailing, it will be important for you to have your hands free, so that you can move around safely and participate in all of our activities. For this reason, as well as the potential for damage, we ask that you do not bring **any electronics, such as cell phones or iPods.** If you do bring anything with you for the journey to the boat, we will collect items upon your arrival to the boat and the Captain will stow them for the duration of the program.
- All of our meals are served family style. We will all eat the prepared food together, so we ask that you
 please inform us of any food allergies or restrictions on the enclosed forms to ensure that we can
 accommodate your needs. Please do not bring any snacks on board with you so we do not attract
 critters in the sleeping quarters. If you do bring any food with you for the journey to and from the
 boat, we will collect items upon your arrival and the Captain will stow them for the duration of the
 program.
- It is also a good idea to **wear shorts or pants** while you are sailing, and **sneakers or shoes that enclose your heels**; some of our activities involve climbing, and sturdy shoes will make moving about the boat easier for you. Remember that we will be outside, so pack layers appropriately and you are required to have each of the items on the packing list. Rain gear is especially important in case of rain.

Most importantly, you should prepare yourself for a fun new experience! Many of the things that you will do on *Harvey Gamage* will be completely new to you, so don't be afraid to ask questions or look silly – throw yourself right into the activities and enjoy the chance to try something extraordinary!

Your friends, The *Harvey Gamage* Crew

Student Registration

Student Information (Please print cle	early)					
Name: Gender: Male Female Age:						
Height:ftins.			/			
			A L . 44			
Address:						
City:			Zip:			
Cell Phone #: ()						
Personal Email Address:						
School Email Address:						
School Name:						
Do you speak English/Understand English?						
Parent/Guardian 1 Information						
Name:						
Relationship to Student:						
Address:						
City: State:						
Cell Phone #: ()						
Email Address:						
Parent/Guardian 2 Information						
Name:						
Relationship to Student:						
Address:		Apt. #				
City: State:						
Cell Phone #: ()						
Email Address:						

Confidential Medical Record

	Physician:				
Name:	Name:				
Relationship:					
Cell Phone #: ()	,				
Email:					
Parent/Guardian Signatu					
Consent is hereby given for the ap	plicant to attend a World Ocean School pro eration, hospitalization or other treatment				
difficulties can successfully comple	ential. You should know that a student wit ete our programs, but we must be aware o erious harm to you and your fellow student	of these conditions. Failure to disclose			
Parent/Guardian Signature if u	nder 18	Date			
Physicians Signature Req	wired:				
iny sicialis signature Req	un our				
participation in this program.	rom his/her health history that would pre				
Food Restrictions					
Are you a vegetarian? YES	/NO				
Are you a vegetarian? YES Are you a vegan? YES/NO					
Are you a vegetarian? YES					
Are you a vegetarian? YES Are you a vegan? YES/NO Other restrictions? Allergies (Including allergies)		tings) <u>PLEASE PRINT CLEARLY</u>			
Are you a vegetarian? YES Are you a vegan? YES/NO Other restrictions? Allergies (Including allergie NONE or	es to medicines, foods, insect bites/st				
Are you a vegetarian? YES Are you a vegan? YES/NO Other restrictions? Allergies (Including allergie	• 	tings) PLEASE PRINT CLEARLY Medication Required (if any)			
Are you a vegetarian? YES Are you a vegan? YES/NO Other restrictions? Allergies (Including allergie NONE or Allergy	es to medicines, foods, insect bites/st	Medication Required			
Are you a vegetarian? YES Are you a vegan? YES/NO Other restrictions? Allergies (Including allergie NONE or Allergy	es to medicines, foods, insect bites/st	Medication Required			
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along with dosage instructions

Confidential Medical Record Continued

D. Immunization									
World Ocean School	World Ocean School recommends that all of its participants have a current tetanus immunization (w/in 10 years.)								
•	ns/Emergencies/U	_		PRINT CLEARLY are visits within the past 2 years					
Date of Visit/Admittance		Reason	c, or argent ca	Length of Stay					
F. Swimming Ab	ility (Check One)								
☐ Non-Swimmer ☐ Strong Swimmer			•	☐ Moderate Swimmer					
G. Blood Pressur	e (Must be taken within 6 r	months of voyage	departure)						
Blood Pressure:	_ / IF BP is ov	er 150/90, ple	ase take a	second reading:					
Date Taken:	Second Re	ading: /	Date	e Taken:					
	ou Are Currently Ta								
	t any medications you are us nonths), over-the-counter, 8		chiatric (if ps	ychiatric medication, please list any					
Medication	Taken For	Dosage	Date	Current Side Effects					
List Below	Symptom/Condition	Size/Frequency	Started	(if any)					

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Confidential Participant History: Past/Present Conditions and

Symptoms Please <u>FILL</u> in <u>EVERY</u> blank!

#	Condition	Y	N	#	Condition	Y	N	#	Condition	Y	N
1	High Blood Pressure			25	Frostbite			49	Ankle Problem		
2	Heart Disease			26	Circulation Problems			50	Leg Problem		
3	Heart Murmur			27	Bedwetting			51	Foot Problem		
4	Irregular Heartbeat			28	Headaches			52	Currently Pregnant		
5	Family history of heart attack			29	Head injury with neurological impairment			53	Medical Equipment/ Devices		
6	Anxiety			30	Depression			54	Panic Attacks		
7	Tuberculosis			31	Stomach Ulcers			55	Learning Disability		
8	Recent Exposure to TB			32	Intestinal Problems			56	Special Diet		
9	Positive TB test			33	Heatstroke			57	Unexpected Wght Loss		
10	Active Hepatitis			34	Bladder Infection			58	Other		
11	History of Hepatitis			35	Difficulty Urinating			Do y	ou currently or regularly h	ave a	any
12	Seizure Disorder/Epilepsy			36	Kidney Problems			of th	e following symptoms?		
13	Seizure w/in past year			37	Thyroid Problems			59	Chest Pain/Pressure		
14	Bleeding Disorder			38	Endocrine Problems			60	Heart Palpitations		
15	Blood Disorder/Anemia/Sickle Cell Trait			39	Hearing Impairment			61	Frequent Shortness of Breath		
16	Chronic Cough			40	Vision Impairment			62	Unexplained Sweating		
17	Recurrent Lung Infections			41	Motion Sickness			63	Frequent Dizziness		
18	Asthma			42	Sleep Walking			64	Frequent Fainting		<u> </u>
19	Diabetes			43	Broken Bones			65	Heartburn		
20	Hypoglycemia (↓blood sugar)			44	Neck Problem			66	Muscle Cramps		
21	Anorexia Nervosa			45	Back Problem			67	Intolerance to Warm or		
22	Bulimia			46	Arm Problem			68	Cold Temperatures		
23	Cancer			47	Shoulder Problem			69	PMS/Menstrual Problems		
24	Skin Problem			48	Knee Problem			70	Other		

If you have answered "yes" to any of the above items, please explain below. Include the following:

- Specific symptoms that are occurring
- How long symptom/condition lasts
- Date of last occurrence
- How often symptom/condition occurs
- How you care for symptom/condition
- How symptom/condition restricts your activity in any way, including your ability to run, lift, and climb

Item #	Detailed Description (including restrictions, if any)			
	PLEASE PRINT CLEARLY			

Acknowledgment and Assumption of Risks, and Agreement of Release and Indemnity

Acknowledgement and Assumption of Risks, and Agreement of Release and Indemnity

The success of the program in which you are participating depends to a large extent on good communication among all parties involved, including school and parents and guardians of students under 18 years of age. It is important to World Ocean School and Ocean Passages LLC. that you understand the nature of its programs and that you are informed regarding certain issues including risks and limitations of liability. Your signature below reflects certain understandings and, with respect to adult students and parents and guardians, certain agreements. The school, parent or guardian makes these agreements for himself or herself individually, and on behalf of and for the minor student. "I" and other first person references, below, are to the minor and adult student and to the school or parent or guardian unless indicated otherwise.

For and in consideration of being allowed to participate in the World Ocean School and Ocean Passages LLC Program for which I have enrolled, I understand and agree as follows:

I am aware that certain risks and dangers may be encountered during the program in which I will be participating, offered by World Ocean School and Ocean Passages LLC, its agents and associates. Some of these risks include, but are not limited to, the hazards of sailing aboard a traditionally rigged schooner along the eastern seaboard, launching - sailing and rowing the ship's dories, accidents or illnesses at sea distant from medical facilities; the unpredictable forces of nature; acts of terrorism, and travel by air, train, automobile, boat or other means of conveyance. These risks may result in the loss of property, personal injury, including emotional trauma, and in extreme cases even death.

I understand that members of the staff of World Ocean School and Ocean Passages LLC have been available to answer any questions I might have regarding these or any other items which describe the World Ocean School and Ocean Passages LLC program. Any questions I have had have been fully answered to my complete satisfaction.

I acknowledge and assume the risks described above and all others associated with the activities in which I, or my students, child or my ward, will be participating and accept full responsibility for my personal property and well-being in encountering such risks.

As an adult student I hereby agree, to the fullest extent allowed by law as follows: 1) to release World Ocean School and Ocean Passages LLC, its trustees, agents, representatives, officers, directors, employees, owners, independent contractors and all others associated with it, and the owners of properties on which World Ocean School and Ocean Passages LLC activities may take place (the Released Parties), from any right, claim or cause of action which I may have for any injury, damage or loss to person or property arising from my enrollment or participation in any activity of World Ocean School and Ocean Passages LLC.. Such rights, claims or causes of action include those for personal injury, wrongful death, emotional trauma, property damage, products liability (including strict liability), breach of warranty or contract, or any other legal theory, except the gross negligence or intentional wrongs of World Ocean School. 2) to defend, hold harmless and indemnify World Ocean School and Ocean Passages LLC and other Released Parties from any claim, and from any liability, loss damages or expenses (including reasonable attorneys' fees) resulting from a claim, including one brought by a fellow student, rescuer, a member of my family, or any other person asserting a loss the proximate cause of which is my participation in the activities of World Ocean School and Ocean Passages LLC. 3) I am aware that The World Ocean School is a charitable corporation located in Camden, County of Knox, Maine U.S.A. All matters relating to or arising out of or involving in any way my relationship with World Ocean School shall be governed by the substantive laws of the State of Maine and any mediation or suit shall be filed only in the State of Maine. If a dispute with World Ocean School or the Released Parties cannot be amicably resolved, I agree to submit the matter to mediation before a mutually agreeable mediator recognized by Maine courts, in an effort to avoid suit. I agree to pay all costs and attorneys' fees incurred by World Ocean School or the Released Parties in defending a claim or suit if the claim or suit is withdrawn or to the extent a court determines that World Ocean School or the Released Parties is not

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responsible for the claim, injury or loss.

If any part of this agreement is found to be invalid, the remainder of the agreement nevertheless shall be of full force and effect. The terms of this Acknowledgment and Assumption of Risks, and Release and Indemnity Agreement are binding upon me, my heirs, executors, administrators and all members of my family.

I understand and agree that this acknowledgement and assumption of risk and agreement of release and indemnity is intended to be as broad and inclusive as is permitted by the State of Maine and if any provision shall be found to be unlawful, void or for any reason unenforceable, then that provision shall be severed from this agreement and does not affect the validity and enforceability of any remaining provisions.

I affirm that this agreement supersedes any and all previous oral or written promises or agreement. I understand that this is the entire agreement between me and World Ocean School and Ocean Passages LLC and cannot be modified or changed in any way by representations or statements by any agent or employee of World Ocean School and Ocean Passages LLC. This agreement may only be amended by a written document duly executed by all parties.

I understand that any and all photographs, motion pictures, recordings, and/or likenesses of me taken by World Ocean School and Ocean Passages LLC, its agents, employees and representatives, contractors or the media become the sole property of World Ocean School and Ocean Passages LLC. I grant the right, permission and authority to World Ocean School and Ocean Passages LLC. and its designees to use my name or any such photographs, motion pictures, recordings and/or likenesses for any legitimate purpose, including but not limited to promoting, advertising and marketing activities. I further understand that World Ocean School and Ocean Passages LLC and its designees have the full right to sell and/or profit from the commercial use of such photographs, motion pictures, recordings and/or likenesses.

X	
STUDENT SIGNATURE	
x	

Please sign one of the below—whichever is appropriate to your position.

PARENT OR GUARDIAN SIGNATURE DATE