System Identification:

$$\frac{u}{s+a} \xrightarrow{y}$$

$$y = \frac{Ku}{5+a}$$

$$\Rightarrow$$
 $\dot{y} + ay = Ku$

$$\Rightarrow \frac{y(t+1)-y(t)}{\Delta t} = -ay + Ku$$

Eulen's approximation

$$\Rightarrow y(t+1) = (1-a\Delta t)y + K\Delta t u$$

$$\tilde{a}$$

Use Least square:
$$\begin{bmatrix} \tilde{a} \\ \tilde{b} \end{bmatrix} = Z \setminus Y(t+1)$$