

Mistborn: Table of Allomantic Metals

PHYSICAL	Pushing	Pulling	Pulling	Pushing	MENTAL
External	Steel (Coinshot) Pushes on Nearby Metals	Iron (Lurcher) Pulls on Nearby Metals	Zinc (Rioter) Enflames (riots) Emotions	Brass (Soother) Dampens (soothes) Emotions	External
Internal	Pewter (Thug) Increases Physical Abilities	Tin (Tineye) Increases Senses	Copper (Smoker) Hide Allomantic Pulses	Bronze (Seeker) Can Hear Allomantic Pulses	Internal
Internal	Duralumin (Duralumin Gnat) Enhances Current Metal Burned	Aluminum (Aluminum Gnat) Wipes Internal Allomantic Reserves	Gold (Augur) Reveals Your Past Self	Electrum (Oracle) Reveals Your Future	Internal
External	Nicrosil (Microburst) Enhances Allomantic Burn of Target	Chromium (Leecher) Wipes Allomantic Reserves of Target	Cadmium (Pulser) Slows Down Time	Bendalloy (Slider) Speeds Up Time	External
ENHANCEMENT	Pushing	Pulling	Pulling	Pushing	TEMPORAL

from The Coppermind