

We are not treating the symptoms. We are changing the systems.

At Gardens for Health International, we provide lasting agricultural solutions to childhood malnutrition. Since launching our Health Center Program in 2010, we have set 21,000 children on the path to better health.

Graduates of our program:

- ◆ **Grow more food.** After graduating from our program families are growing an average of 4 number of vegetables, up from 1 at enrollment.
- ◆ **Eat a balanced diet.** 58 percent of children are meeting minimum dietary diversity consuming a balanced diet, compared with 36 percent at enrollment.
- ◆ **Have healthier children.** After graduating from our program 53% of children are on an improved growth trajectory, meaning that they are improving on their height for age and getting healthier.

It takes an integrated approach to end malnutrition.



Household

This year, we are partnering with 3,976 vulnerable families through our Health Center and Antenatal Care Programs, to provide caregivers with the seeds, knowledge, and individual support to prevent and treat malnutrition in their homes.



Community

We partner with Community Health Workers to identify cases of malnutrition at the community level, and to give families practical strategies for improving nutrition with the resources they have on hand. This year, we weighed and measured more than 40,000 children, and led 150 community cooking demonstrations.



Health Center

We partner with 20 health centers to train staff on how to holistically treat malnutrition and to help strengthen their connections with the communities they serve.



Refugees

We recently began work as a leading nutrition partner to the Ministry of Disaster Management and Refugee Affairs, advising on nutrition interventions in refugee settings.



District

We work with the Heads of Health in three districts: Musanze, Gasabo, and Rulindo, to develop strategies to end malnutrition in their communities. In Musanze, we help author the District Plan for the Elimination of Malnutrition, which guides all nutrition interventions in the district.



National

We work with the Rwandan Ministries of Health and Agriculture, and participate in four technical working groups focused on nutrition, agriculture, and community health. For the past three years, our nutrition methodology has been adopted by the Ministry of Health and included in national campaigns. We have also worked with the Ministry of Agriculture to help author a set of "kitchen garden" guidelines

Our work starts at the household level, but it doesn't end there. Our team partners closely with the Government of Rwanda at the local, district, and national levels to strengthen nutrition programming nation-wide. Our innovative model has been adopted by 15 NGOs across the region, and the world. Our partners in Kenya, Tanzania, Uganda, Burundi, and Guatemala are demonstrating that with the right combination of seeds, knowledge, and peer support, vulnerable smallholder farmers around the world can break the cycle of malnutrition.

This year, Gardens for Health is taking our work one step further. We are partnering with major multinational actors, including the World Food Programme, Save the Children, and the US Embassy, to design and deliver programs that take our proven model and apply it in new and important contexts. Through these partnerships we are working with refugees in Kigeme and Mahama refugee camps – reaching one of the most vulnerable populations in Rwanda. We are also working with a network of schools across 10 Districts in Rwanda, training teachers and parents on strategies to improve nutrition with the resources that are already available to them. These new partnerships allow us to leverage the work we have done, and to reach over 90,000 people.

