## Extended Phase Space Integrators with Symmetric Projection

Given an extended phase space integrator  $\hat{\Phi}_{\Delta t} \colon T^* \mathbb{R}^{2d} \to T^* \mathbb{R}^{2d}$  and  $z_n = (q_n, p_n) \in T^* \mathbb{R}^d$ ,

2 Symmetric projection onto 
$${\cal N}$$

$$\hat{\zeta}_n := \zeta_n + A^T \mu$$

$$\hat{\zeta}_{n+1} := \hat{\Phi}_{\Delta t}(\hat{\zeta}_n)$$

**3** 
$$\zeta_{n+1} := \hat{\zeta}_{n+1} + A^T \mu \in \mathcal{N}$$

3 
$$z_{n+1} := (q_{n+1}, p_{n+1})$$

 $T^*\mathbb{R}^{2d}$   $\hat{\zeta}_1$   $\hat{\Phi}_{\Delta t}$   $\hat{\zeta}_2$   $\hat{\Phi}_{\Delta t}$   $\hat{\zeta}_0$   $\hat{\zeta}_0$   $\hat{\zeta}_0$   $\hat{\zeta}_0$   $\hat{\zeta}_0$   $\hat{\zeta}_0$ 

 $\mu \in \mathbb{R}^{2d}$  must be determined so that  $\zeta_{n+1} \in \mathcal{N}$  where

semiexplicit:  $\hat{\Phi}$  is **explicit** but finding  $\mu$  is **implicit**.