

# Guan Yin

# The Buddha's Helper



**Retold from the Lotus Sutra**

---

*written by Bhikshuni Jin Rou and Terri Nicholson*  
*illustrated by Bhikshuni Heng Ching*

**Instilling Goodness Books**

An imprint of Buddhist Text Translation Society, Ukiah, CA



# Guan Yin The Buddha's Helper

Retold from the Lotus Sutra

Written by Bhikshuni Jin Rou and Terri Nicholson  
Illustrated by Bhikshuni Heng Ching  
Book design by Amandine DAM-Levendivin

Based on the *Wonderful Dharma Lotus Flower Sutra*, translated and published by Buddhist Text Translation Society

Published by Instilling Goodness Books  
imprint of Buddhist Text Translation Society  
4951 Bodhi Way, Ukiah, CA 95482

[www.buddhisttexts.org](http://www.buddhisttexts.org)

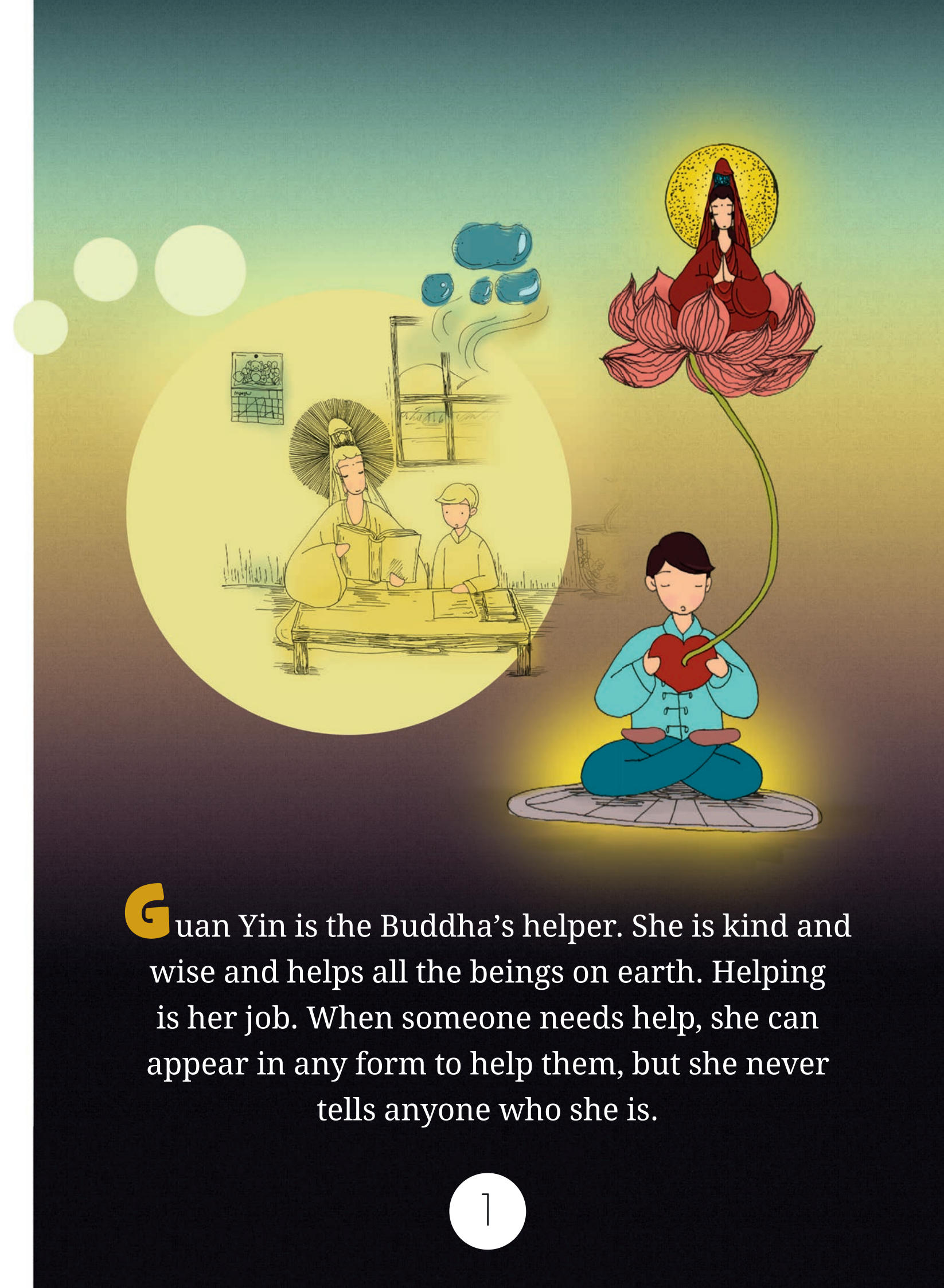
© 2018 Buddhist Text Translation Society  
Dharma Realm Buddhist University  
Dharma Realm Buddhist Association

All rights are reserved. No part of this book may be reproduced in any form or by any electrical device including storage and retrieval systems without permission in writing from the publisher, except by a reviewer who may quote brief passages in a review. For more extensive quotations, write the publisher for permission at the following address:

Buddhist Text Translation Society  
4951 Bodhi Way, Ukiah, CA 95482  
[www.buddhisttexts.org](http://www.buddhisttexts.org)  
[info@buddhisttexts.org](mailto:info@buddhisttexts.org)

ISBN 978-1-64217-021-4 (hardcover)

Cataloging in Publication Data is available from the Library of Congress.



**G**uan Yin is the Buddha's helper. She is kind and wise and helps all the beings on earth. Helping is her job. When someone needs help, she can appear in any form to help them, but she never tells anyone who she is.

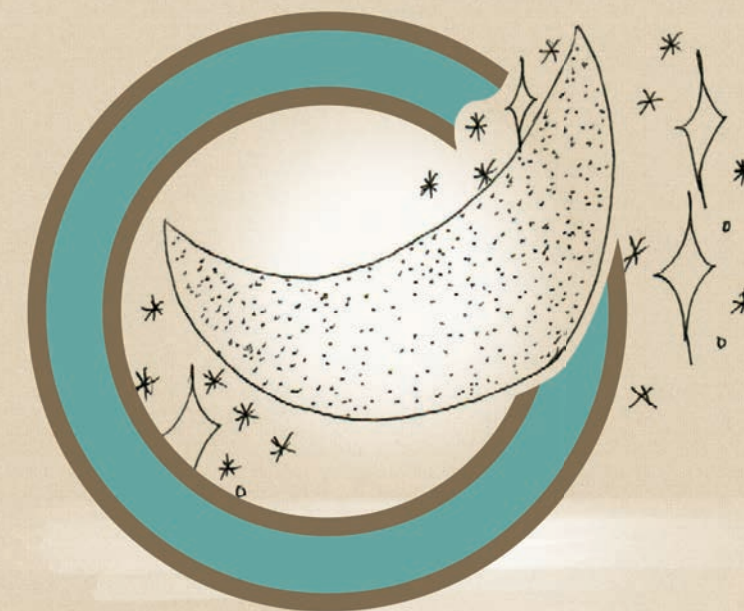




---

**P**eople from different places make statues and paintings of Guan Yin. The statues and paintings are as different as the artists who create them, so are her names.





If you feel sad or lonely, recite Guan Yin's name. And like a moon reflected in water, you will feel happy and peaceful again.





If you're having trouble with friends, recite Guan Yin's name

and think it over. Try using kind words and give them the help they need.



# Instilling Goodness Books

---

**The Kind Monk**

**The Buddha's Helper**

**Snow-Covered Peaks**

**No Words—Teachings of the Buddha**

**The Giant King Turtle (English, Chinese & Spanish)**

**The Legend of Mahadutta (English & Spanish)**

**The Awakened One (English & Chinese)**

**The Light of Hope (English & Chinese)**

**Under the Bodhi Tree**

**Come Back, O Tiger!**

---

Instilling Goodness Books is a branch of the Buddhist Text Translation Society. Its goal is to open the hearts and minds of children to their full potential through art and story. Ancient Buddhist stories are retold in their language on how to be wise, kind and thoughtful to beings of all kinds. The center is located at the City of Ten Thousand

Buddhas in Ukiah Valley, California, a spiritual community founded by Venerable Master Huan Hua. It is the home of Dharma Realm Buddhist University and Instilling Goodness Elementary School and Developing Virtue Secondary School. 1

The schools offer a unique educational program that goes beyond the state requirements and focuses on developing qualities such as filial respect, compassion, and integrity.

Meditation and bilingual education in English and Chinese are part of the curriculum. Boys and girls are educated separately.

Summer camps are held every year. For information about our schools and summer camp, please visit our website at [www.igdvs.org](http://www.igdvs.org)

Dharma Realm Buddhist Association  
[www.drba.org](http://www.drba.org)/[www.drbachinese.org](http://www.drbachinese.org)





### Venerable Master Hua's words to children:

Young friends, you are like young trees growing taller day by day, and in the future you will become the pillars of your country. You should do great things and work for world peace.



First, you must learn to be a good person. What is a good person? A good person is respectful to his parents, respectful to his teachers and helpful to his friends and his country. Under the leadership of good people, a nation will be strong, peaceful and prosperous. It is your responsibility is to stop the wars in the world so everyone can be safe and happy, well-fed and well-clothed. Then the world will be in harmony.



---

*Adapted from Talks on Dharma, Volume 9, page 3*

Bhikshuni\*Jin Rou is the author of many Buddhist books for children, including *The Kind Monk*, *Under the Bodhi Tree* and a series of Jataka Tales on ecology. She is also editor of *Wok Wisely: Chinese Vegetarian Cooking*.

Terri Nicholson is a teacher and a writer. She is one of the founding teachers of Instilling Goodness School.

Bhikshuni\*Heng Ching is a teacher and holds a PhD in Comparative Literature. She has illustrated many books, including *Meditation Handbook*, *Dew Drops*, and *Snow-Covered Peaks*.

\*Bhikshuni is the formal title of an ordained Buddhist nun.



## **Guan Yin Bodhisattva Album**

To hear songs and chanting of Guan Yin's name with Rev. Heng Sure and the Instilling Goodness Choir, visit Dharma Radio. Click on: Guan Yin Bodhisattva Album. [www.dharma.radio.org](http://www.dharma.radio.org)

## **The Buddha's Helper Parent and Teacher Guide**

For a complimentary copy, visit Dharma Radio. Click on: The Buddha's Helper Parent and Teacher Guide. [www.dharma.radio.org](http://www.dharma.radio.org)