# **Dhammapada**

The Path of Truth
Translated by Bhante Suddhāso

# **(Ch. 11) Jarā-Vagga** *The Decay Chapter*

#### (146)

ko nu hāso kimānando, niccam pajjalite sati. andha kārena onaddhā, padīpam na gavesatha.

Who can laugh, who can delight, when everything is always on fire? Obscured by darkness, you do not seek for a source of light.

#### (147)

passa cittakatam bimbam, arukāyam samussitam. āturam bahusankappam, yassa natthi dhuvam ṭhiti.

See that the mind has been made like a puppet: Blighted by arrogance, diseased by excessive thought, lacking stability and composure.

#### (148)

parijiṇṇamidaṃ rūpaṃ, roganīļaṃ pabhaṅguraṃ. bhijjati pūtisandeho, maraṇantañhi jīvitaṃ.

This body is completely decayed, fragile, a nest of illness. This rotting moss eventually breaks – because life ends in death.

#### (149)

yānimāni apatthāni, alābūneva sārade. kāpotakāni aṭṭhīni, tāni disvāna kā rati.

When seeing these faded bones, like gourds discarded in autumn, What delight can there be?

#### (150)

aṭṭhīnaṃ nagaraṃ kataṃ, maṃsalohitalepanaṃ. yattha jarā ca maccu ca, māno makkho ca ohito.

Like a city built of bones, covered in blood and meat, Where decay and death live, together with conceit and contempt.

## (151)

jīranti ve rājarathā sucittā, atho sarīrampi jaram upeti. satañca dhammo na jaram upeti, santo have sabbhi pavedayanti.

Even magnificent royal chariots wear out; so too this body decays. But the true Dhamma never decays: the virtuous make it known.

#### (152)

### appassutāyam puriso, balibaddhova jīrati. mamsāni tassa vaddhanti, paññā tassa na vaddhati.

A man who has learned little grows up like an ox: His muscles grow but his wisdom does not.

#### (153-154)

anekajātisaṃsāraṃ, sandhāvissaṃ anibbisaṃ. gahakāraṃ gavesanto, dukkhā jāti punappunaṃ. gahakāraka diṭṭhosi, puna gehaṃ na kāhasi. sabbā te phāsukā bhaggā, gahakūṭaṃ visaṅkhataṃ. visaṅkhāragatam cittam, tanhānam khayamajjhagā.

Wandering through many births, seeking but not finding the builder of this house – Again and again experiencing the dissatisfaction of birth.

House-builder, you have been seen! You will build no house again.

All your rafters are broken, the roof-peak dismantled.

The mind has gone to the unconditioned - the elimination of craving has been reached.

#### (155)

# acaritvā brahmacariyam, aladdhā yobbane dhanam. jinnakoncāva jhāyanti, khīnamaccheva pallale.

Those who have neither lived the spiritual life nor gained wealth during their youth, Waste away like old herons by a fishless pond.

### (156)

# acaritvā brahmacariyam, aladdhā yobbane dhanam. senti cāpātikhīṇāva, purāṇāni anutthunam.

Those who have neither lived the spiritual life nor gained wealth during their youth, Lie around like wasted arrows – lamenting the past.