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| water birch |
| *Betula occidentalis* Hook. |
| Plant Symbol = BEOC2 |

##### *Contributed By: USDA NRCS National Plant Data Center*

# Alternative Names

Rocky Mountain birch, mountain birch, red birch, black birch, spring birch

# Uses

*Economic*: The wood is hard and heavy and is used for firewood and fence posts (Hosie 1969).

*Wildlife*: Goats, sheep, mule deer, and elk browse Water birch. Beavers harvest the stems of water birch to aid in their construction of dams and lodges. The broad-tailed hummingbird and red-napped sapsucker feed on sap oozing from holes in the bark made by sapsuckers (Gullion 1964).

*Agroforestry*: Water birch is used in forested riparian buffers to help reduce stream bank erosion, protect aquatic environments, enhance wildlife, and increase biodiversity.

# Description

*General*: Birch family (Betulaceae). Water birch (*Betula occidentalis*) is a small native tree or shrub that grows in clusters along the banks of streams and lakes. The leaves are thin, ovate, rather coarsely toothed and are usually 1-2 inches long. The fruit is tiny hairy nutlets with wings broader than the seed. The bark is thin, dark reddish-brown to black, with mark horizontal slits, and does not peel like other birches.

*Distribution*: White birch is distributed from southern Manitoba to southern Alaska and North Dakota and south to California and New Mexico. For current distribution, please consult the Plant profile page for this species on the PLANTS Web site.



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# Adaptation

*Betula occidentalis* is very shade tolerant. It is mostly found in wet to moist nutrient-rich soils, along streams, in mountain canyons, usually in coniferous forest (Little 1980). Water birch occurs on a wide variety of soil textures generally at low to middle elevations.

# Establishment

*Propagation from Seed*: Seeds may be collected from local trees for establishing nursery stock. Sow the seeds as soon as they are ripe in containers or seed trays containing a slow-release fertilized. Firm the medium and sow the seeds thinly and evenly on top, and lightly cover with medium. Once the seedlings are large enough to handle they should be placed into individual pots. Once seedlings are 18-30 inches tall remove from individual pots and outplant to premature location.

# Management

Nursery grown seedlings should be planted onto moist sites. The seedlings should be transplanted when they are one to two years old. The best time for transplanting is in the spring as the buds begin to turn green.

# Cultivars, Improved and Selected Materials (and area of origin)

Contact your local Natural Resources Conservation Service (formerly Soil Conservation Service) office for more information. Look in the phone book under ”United States Government”. The Natural Resources Conservation Service will be listed under the subheading “Department of Agriculture.”

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