



## A Woman s Passage to Freedom (Paperback)

By Jan Amos

Bookwhirl.com, United States, 2014. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.A Woman s Passage to Freedom will improve your relationships with your partner, children, and yourself. It is for women and men of all ages who want to improve their communication skills, achieve their inner goals and desires. It also gives awareness to the many games of the ego which leads to a clearer perspective of human behavior thus preparing us for those unexpected twists of life. I was just going through the motions of life, rarely experiencing laughter, love or joy. At age 45 I hit the wall of exhaustion, and finally paid attention to my inner voice that was continually calling to me. I then read every inspirational book I could find, started walking and attended self-help retreats. During this time I experienced an awakening which has lead me to the many lessons I needed to learn. I now have found FREEDOM, and a life full of love, peace and joy. I look ten years younger, I have lost 20 pounds, and I feel fantastic.



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