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Inspiration on Demand (Paperback)

By Joshua Coburn

Motivational Press, Inc., United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.UNIQUE ONE-STOP, ESSENTIAL GUIDE FOR MOTIVATION IN WORK AND LIFE -- New social media-made book provides accessible, empowering messages for overcoming personal trials and reaching dreams One in ten U.S. adults report being affected by depression. Facing his own personal struggles with depression, a negative mindset, divorce, among other things a few years ago, Joshua Coburn decided to create and post positive affirmations on his social media sites. As friends and fans from his previous projects in music, books, and tattooing began to take notice and utilize these quotes, they ultimately requested he create a book for them to keep close and reference as needed. Since the concept of a book filled with these affirmations was suggested to Coburn by others, he realized the project was as much about their want to see the development of a book as it was for his need to reinforce positivity in his personal life. In order to fulfill all the wants and needs involved, Coburn planned the #ihelpedchangealife project. #ihelpedchangealife would allow these social media users to become a...



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-- **Kirstin Schuppe**

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