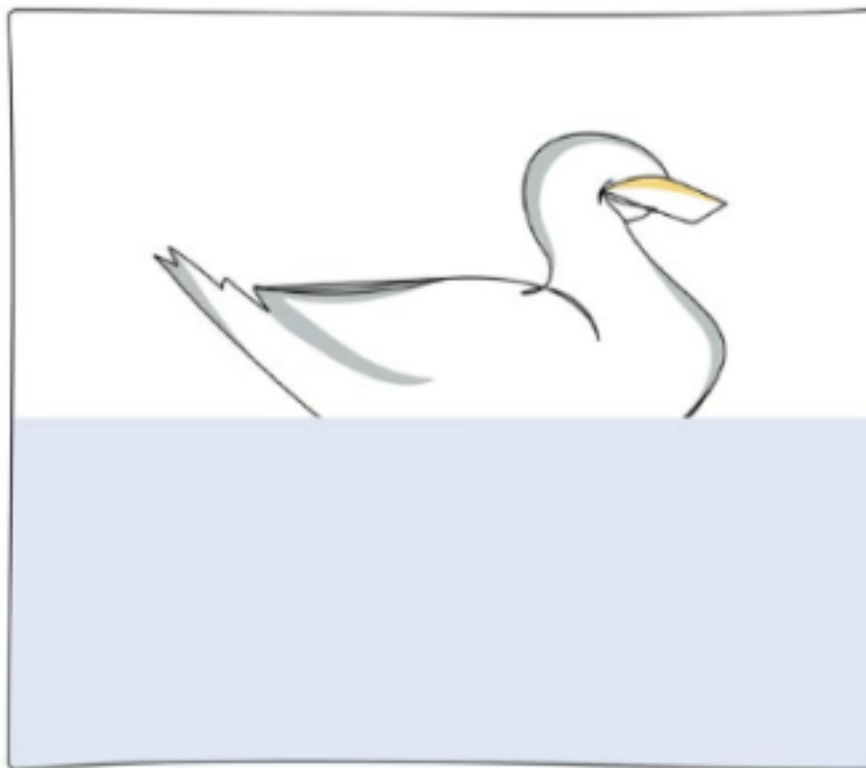
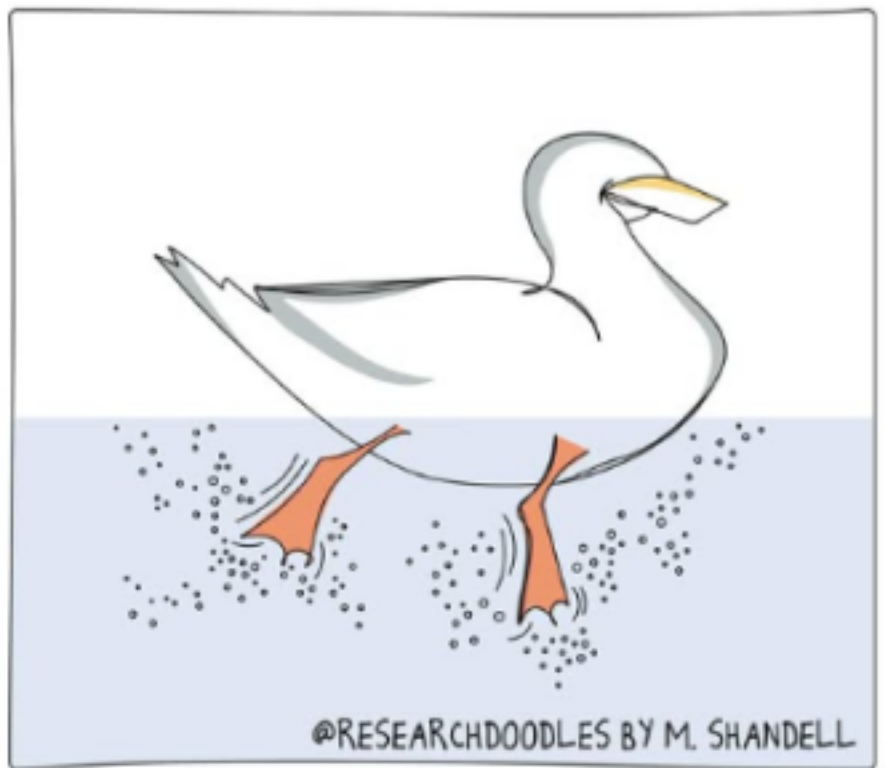


WHAT WE SEE

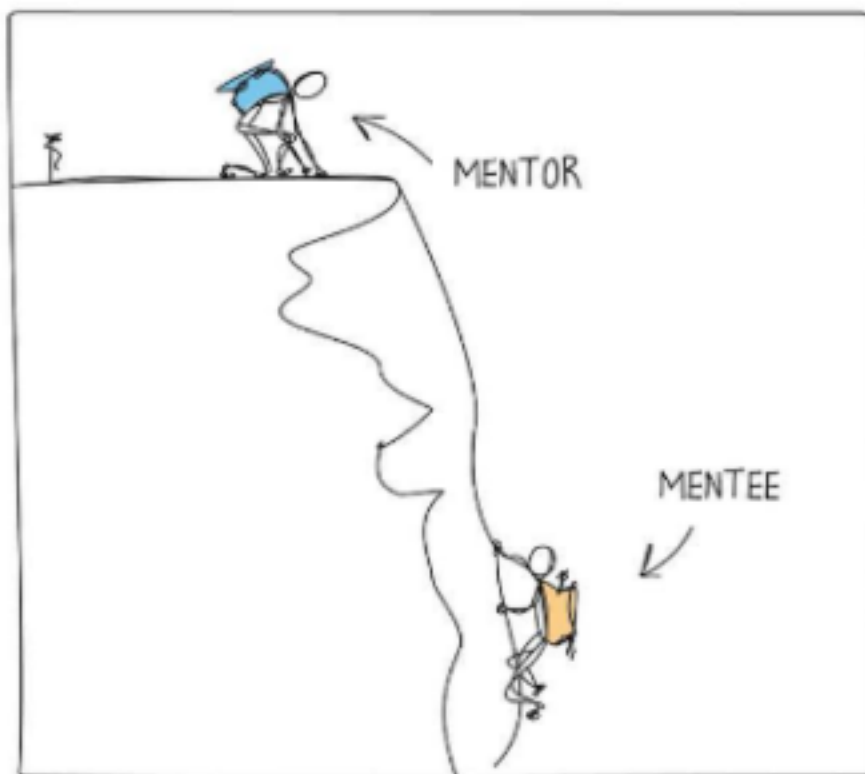


WHAT WE DON'T



GOOD MENTORSHIP

LIFTING SOMEONE UP

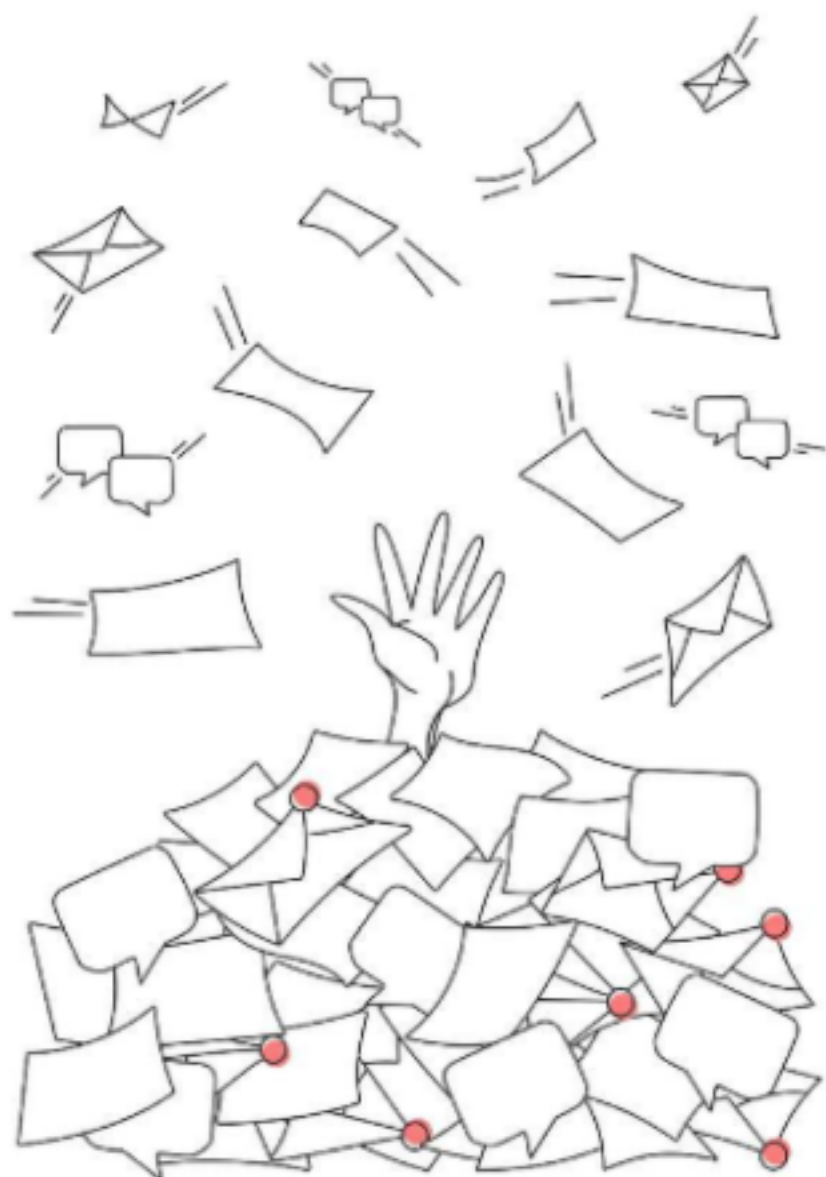


GREAT MENTORSHIP

LIFTING EACH OTHER UP



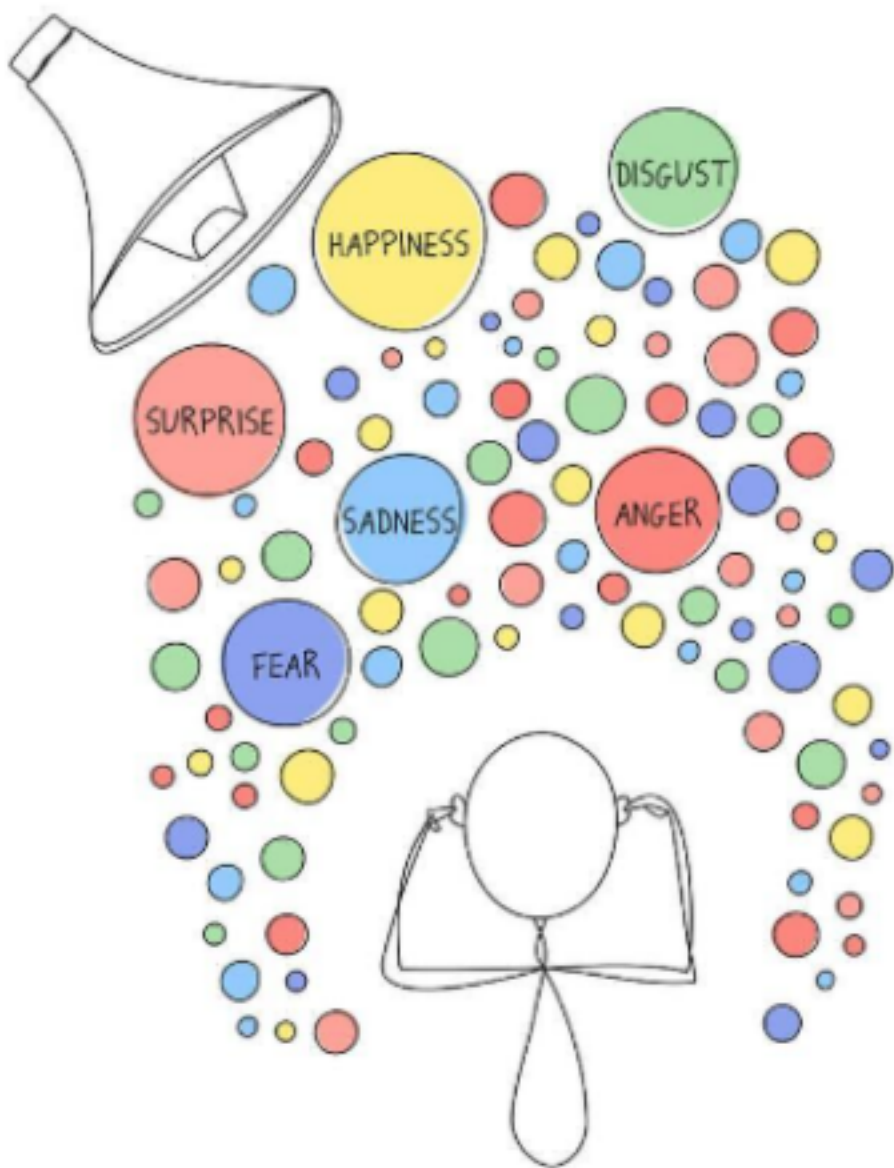
HOW WE SPEND MOST OF OUR TIME
COMMUNICATING



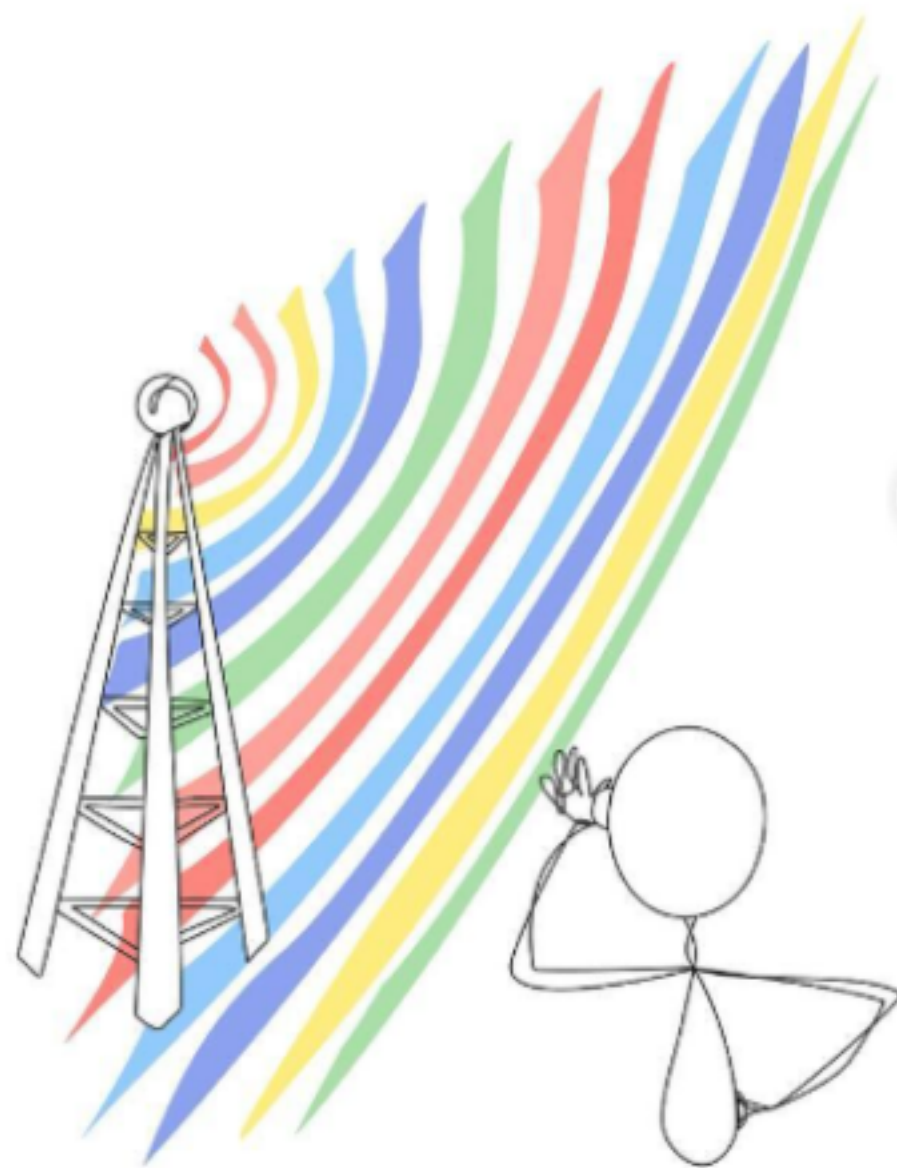
HOW WE WISH WE SPENT MORE TIME
CREATING



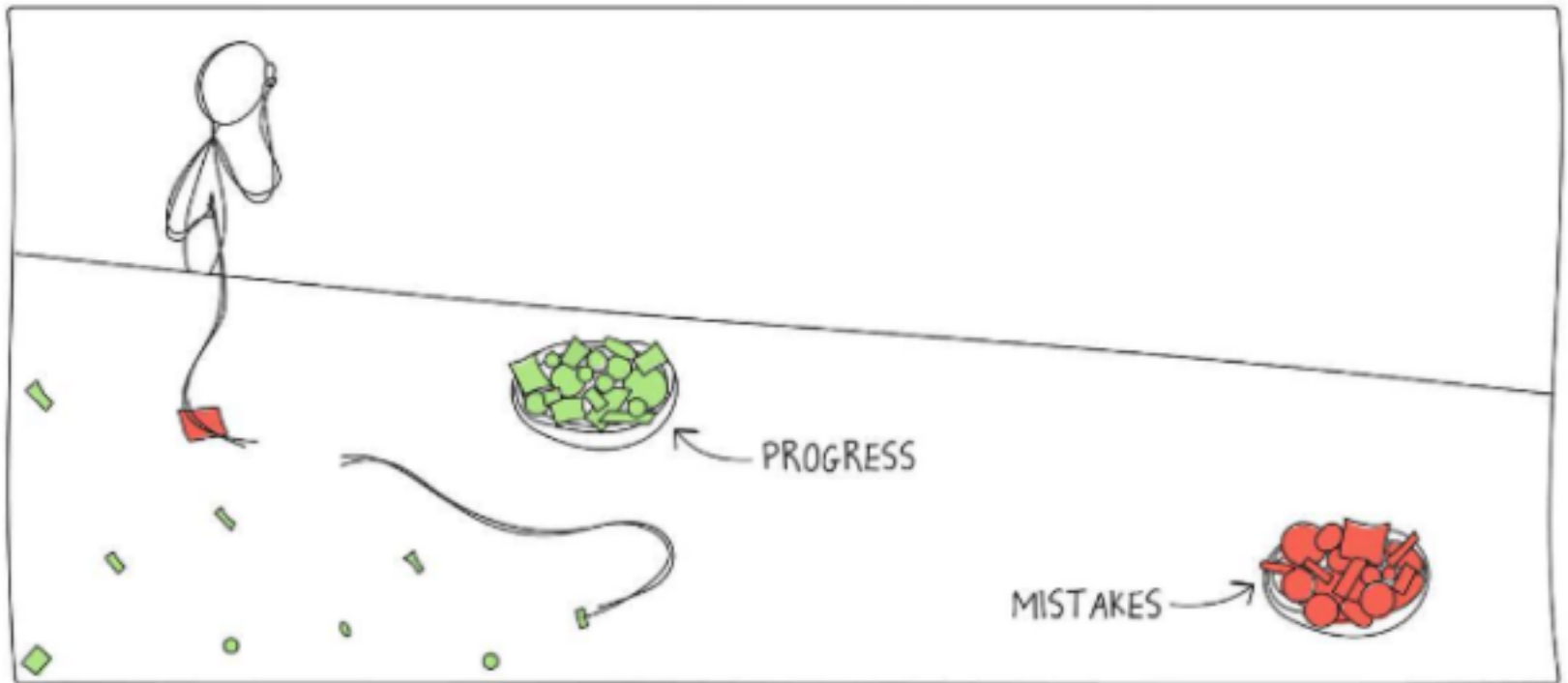
EMOTIONS ARE NOT NOISE
TO TUNE OUT



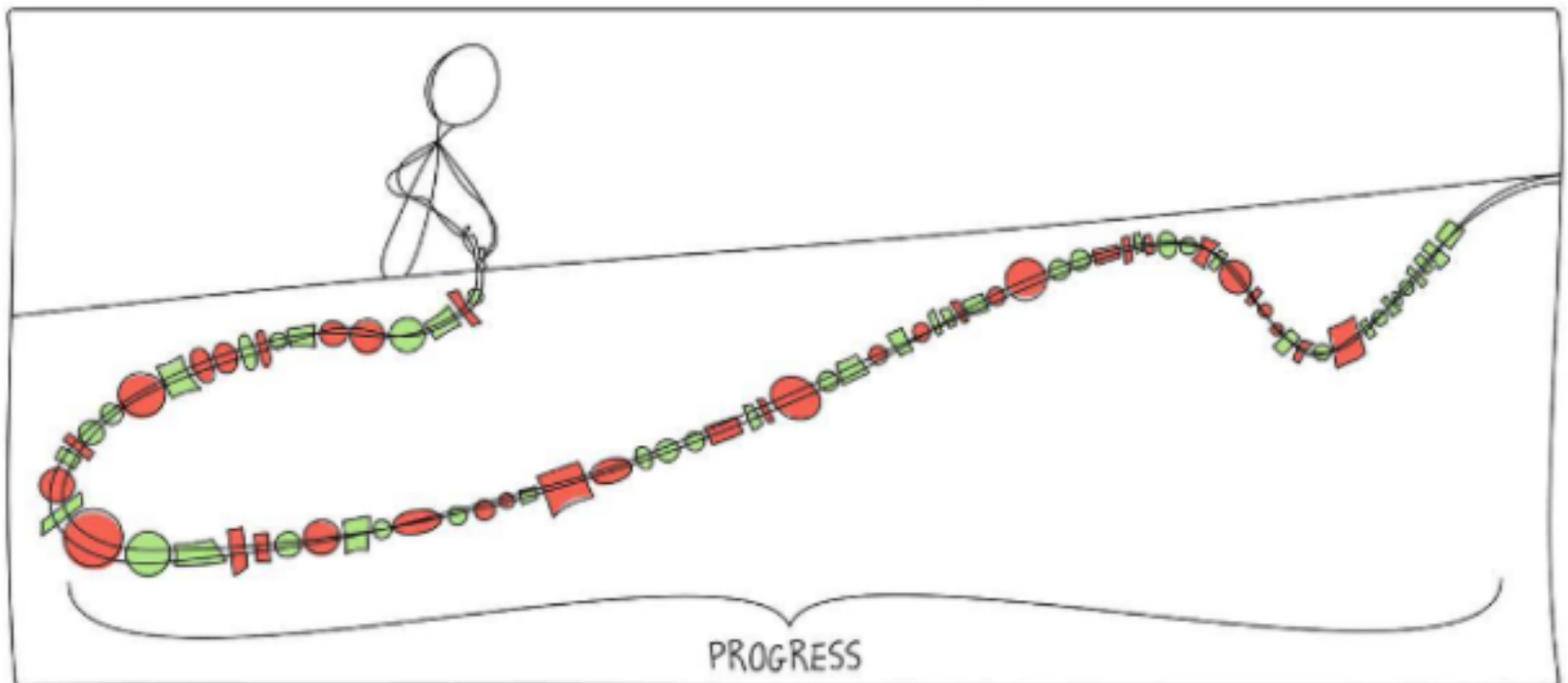
EMOTIONS ARE DATA
SENDING IMPORTANT SIGNALS



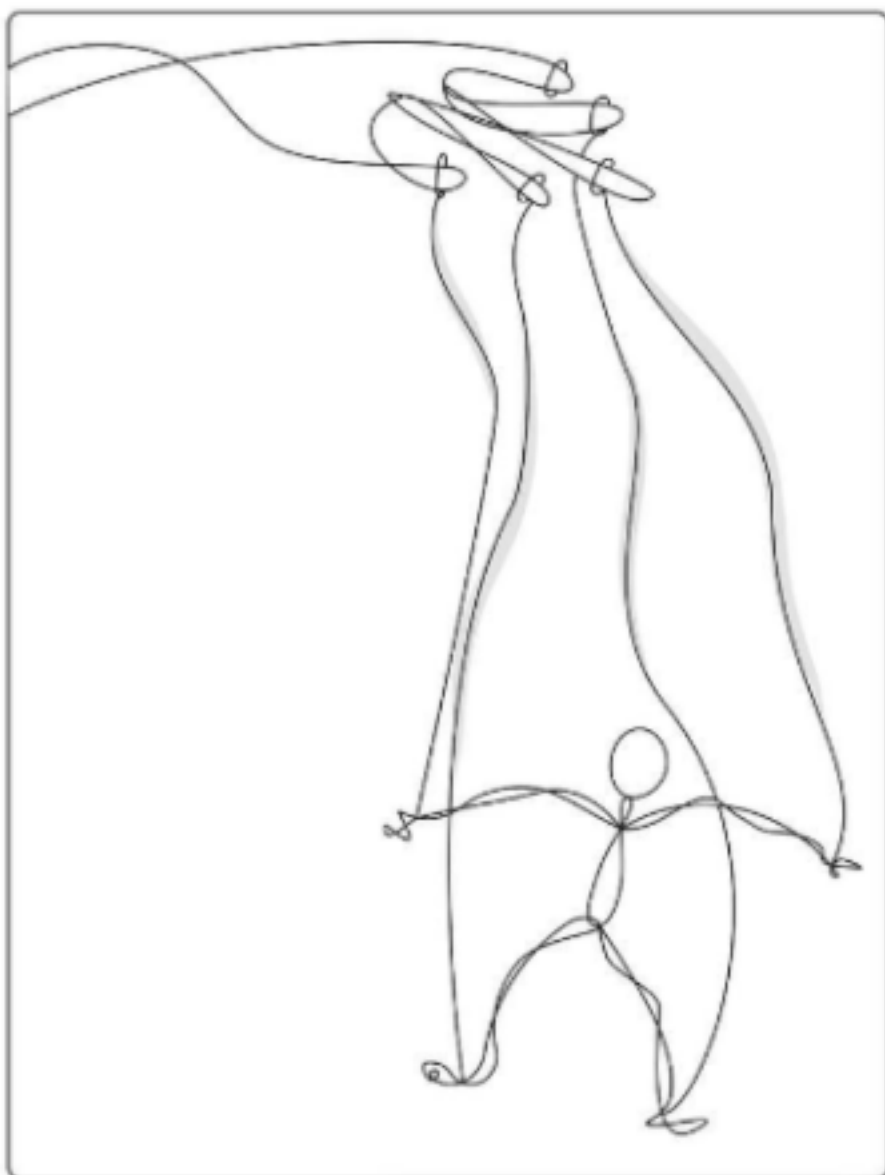
HOW WE THINK IT WORKS
MISTAKES BREAK PROGRESS



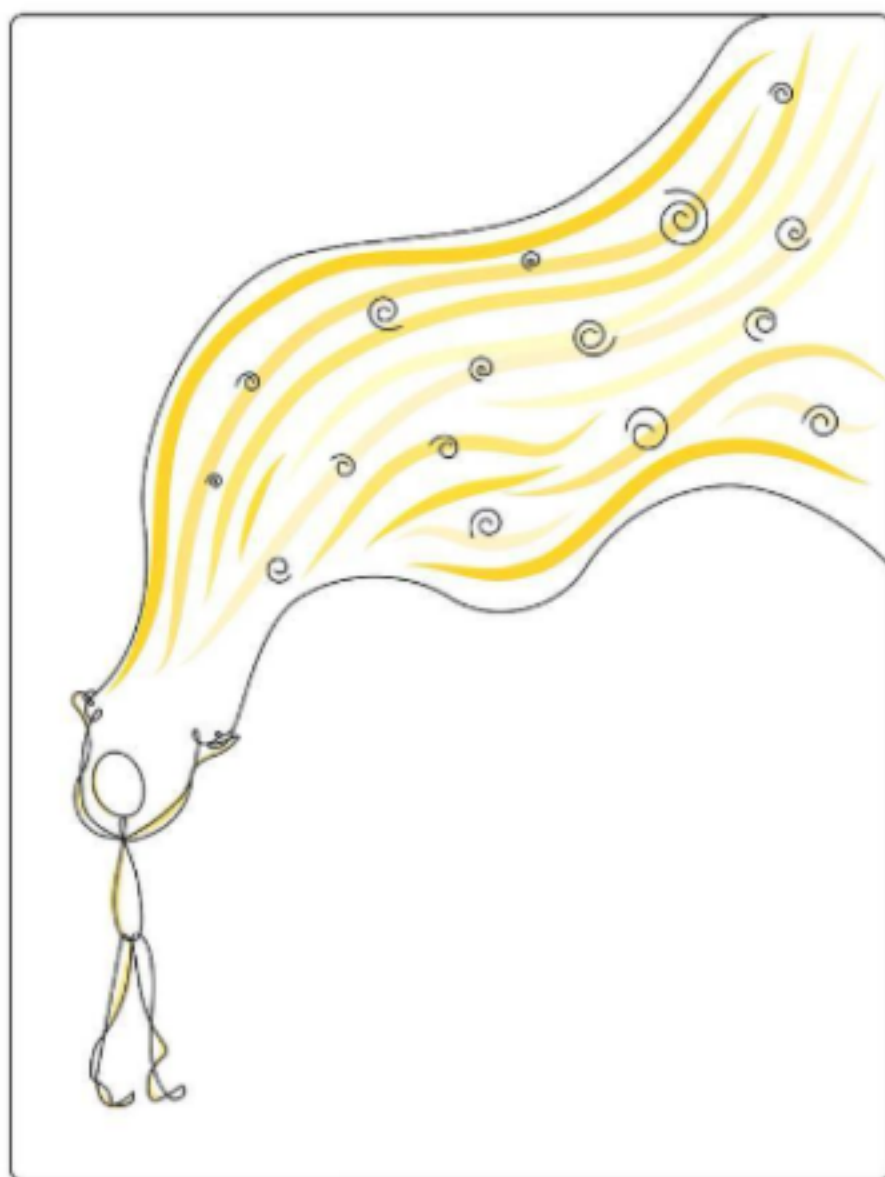
HOW IT REALLY WORKS
MISTAKES MAKE PROGRESS



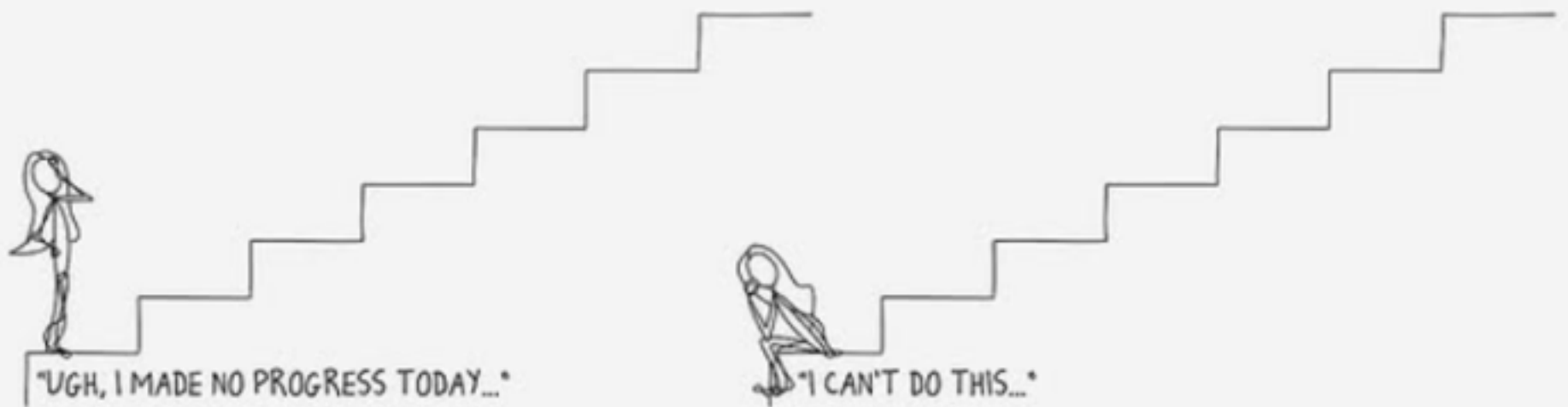
WHEN WE LET OTHERS SET
OUR BOUNDARIES



WHEN WE SET OUR OWN



WHEN WE'RE HARD ON OURSELVES



WHEN WE'RE KIND TO OURSELVES



WHEN WE SEE OTHERS RISE TO THE CHALLENGE



IT CAN MOTIVATE US TO DO THE SAME



@RESEARCHDOODLES BY M. SHANDELL