

This document illustrates the structure, analysis, and communication style used in daily hitter preparation. All sensitive details have been removed.

RHP – [REDACTED] – GARY SOUTHSORE – [REDACTED]

2-3, 26.1 IP, 4.10 ERA, 1.37 WHIP, 29 SO, 16 BB, 20 H, 5.5 BB/9, 9.9 K/9

- RHB

- 0-0, tends to throw a mix of his FB/CB high both outside and inside
- With 2 strikes, he likes to throw FB high, CB on the inside corner
- When he is behind, he mixes FB/CB both on the inside and outside corners
- Gets majority of his putouts high + outside with FB, on the inside with CB
- Likes to work opposite how he starts you (In - Out, Out - In)
- STRIKE = 59%, BALL = 41%

- LHB

- 0-0, tends to throw a mix of his FB/CB on the outer half of the plate
- With 2 strikes, he likes to throw FB high and inside, CB paint outside corner
- When he is behind, he mixes FB/CB/CH on the outer half of the plate
- Majority of putouts high and inside
- Tends to stay local in the same area during the entire AB
- STRIKE = 71%, BALL = 29%

- Holistic

- FB: sits 89-92
- CB: Mid to High 70s (Go-To pitch to get back into counts)
- CH: Mid to High 70s (Rarely used)
- SL: Low to Mid 80s (Rarely used, very little movement, very sharp like a Cutter)

