

Medical Report

Prepared for the Court on

Mr [REDACTED]
[REDACTED]

MEDCO REF: 1991207/1

Prepared by

[REDACTED]
MBBS, FRCS

Date - 25/09/2018

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Section A - Claimant's details

A.1 Claimant's full name	Mr [REDACTED]
A.2 Date of Birth	[REDACTED]
A.3 Occupation	factory employee
A.4 ID provided	Driving Licence - The photographic ID provided was a true likeness of the Injured Party and I am happy to confirm the Injured Party's identity.
A.5 Date of incident	18/08/2018
A.6 Age of the claimant at time of incident	24 Years
A.7 Date of examination	24/09/2018
A.8 Time since accident	1 month 6 days
A.9 Place of examination	Regus Peterborough
A.10 Accompanied by	Interpreter
A.11 Date of report	25/09/2018
A.12 Name of instructing party	Instructor: True Solicitors LLP Inst Ref: DWI/AJO/496131 Agency: CL Medical Aid Ltd Agency Ref: 297904 Medco Ref: 1991207/1

Section B

B.1 The Writer

I, [REDACTED] am a medico-legal practitioner. Full details of my qualifications and experience entitling me to provide an expert opinion can be found on the last page of this medical report.

B.2 Methodology

This medical report is prepared for The Court. I have been instructed by CL Medical Aid Ltd to prepare a Medical Report on [REDACTED] in connection with the personal injuries he sustained on 18/08/2018.

My instructing party has requested an examination to be conducted with a report to include the nature and extent of the client's injuries/symptoms, treatment received, effects on lifestyle and whether any further treatment is appropriate.

I interviewed and examined [REDACTED] in the presence of Interpreter on 24/09/2018.

This medical report is based on the following assessments:

- i. Verbal information.
- ii. Clinical examination.
- iii. Written instructions from the instructing party.
- iv. My own professional medical opinion.

B.3 History

B.3.1 History of the Incident in Question:

I was told by [REDACTED] interpreter that [REDACTED] was involved in a road traffic accident. The accident occurred on the evening of 18/08/2018.

██████████ was the driver of a car. He was wearing a seat belt and the car was fitted with a headrest. At the time of the accident, the car was moving on a main road. The car was hit by another car from the driver's side which suddenly pulled out from a side road. The impact occurred at a medium speed. Air bags were fitted but did not deploy.

██████████ was not able to brace himself before the accident. He was looking straight ahead at the time of the impact. He was jolted sideways. This accident caused moderate damage to the car.

B.3.2 Treatment:

I have been told that following treatments have been received as a result of the index accident:

██████████ did not receive any treatment at the scene of the accident.

He attended his GP surgery on 1 occasion. He was advised to use painkillers.

B.3.3 Past Medical History:

██████████ interpreter informed me of the following medical history:

There is no significant history of relevant musculoskeletal or psychological problems.

B.4 Injuries/Symptoms and Present Position Reported by Claimant

██████████ interpreter described the following injuries/symptoms as a result of the index accident:

B.4.1 Pain, stiffness and discomfort to the neck

██████████ developed moderate pain, stiffness and discomfort in the neck 24 hours after the accident. These symptoms have not shown any improvements as of yet.

Associated symptom is headache.

B.4.2 Pain, stiffness and discomfort to the right shoulder

He developed moderate pain, stiffness and discomfort in the right shoulder 24 hours after the accident. These symptoms have not shown any improvements as of yet.

B.4.3 Pain, stiffness and discomfort to the lower back

He developed moderate pain, stiffness and discomfort in the lower back 24 hours after the accident. These symptoms have not shown any improvements as of yet.

Section C

C.1 Employment Position/Education

As described to me by [REDACTED] interpreter at the time of the examination:

I was told by [REDACTED] interpreter that [REDACTED] occupation is as a full-time factory employee.

C.2 Consequential Effects

[REDACTED] interpreter reported the following consequential effects as the result of the index accident:

C.2.1 Home Circumstances:

[REDACTED] lives with his family.

Section D

D.1 Medical Records Review

A medical records review has not been undertaken in this case. I do not consider that a medical records review is required as it should not influence my opinion and prognosis given in this assessment.

D.2 Examination

D.2.1 Psychological Examination:

(Based on the interview and my clinical observations)

██████████ had good eye contact, rapport and smiled appropriately. There were no psychotic features, delusional ideas or thought disorders. He answered my questions intelligently. He had normal speech and was oriented in time and place. He had no tearfulness, agitation or associated hand tremors.

D.2.2 Inspection:

No wounds or scars were seen relevant to the index accident.

D.2.3 Musculoskeletal Examination:

D.2.3.1 Neck

There was muscle spasm and soft tissue tenderness.

Forward flexion, extension, right rotation, left rotation, right lateral flexion and left lateral flexion of the neck were 70% of normal and appeared to cause pain and discomfort.

There was no clinical evidence of any neurovascular deficit.

D.2.3.2 Upper Limbs

Right shoulder movement was 80% of normal and appeared to cause pain and discomfort.

D.2.3.3 Back

There was muscle spasm and soft tissue tenderness.

Back movements were 60% of normal and appeared to cause pain and discomfort.

There was no clinical evidence of any neurovascular deficit.

D.3 Diagnosis, Opinion and Prognosis

D.3.1 Opinion:

My report is a true reflection of history as narrated to me by [REDACTED] interpreter.

[REDACTED] injuries and recovery period were entirely consistent with the account of the accident.

[REDACTED] treatment has been appropriate.

The problems reported in [REDACTED] home life are consistent and reasonable.

PROSPECTS ON THE OPEN JOB MARKET

In my opinion his employment prospects are likely to be unaffected.

D.3.2 Diagnosis and Prognosis:

Taking into account, the circumstances of the incident, the injuries sustained and their progress, the claimant's reported injuries and my examination findings, the claimant's age and past medical history, treatment received and to be received, I summarise the injuries and prognosis as follows:

D.3.2.1 Pain, stiffness and discomfort to the neck

The neck pain, stiffness and discomfort is solely attributable to the index accident. I recommend referral to a physiotherapist. In my opinion 7 sessions are appropriate. This symptom is due to a whiplash injury. I anticipate this symptom will fully resolve 8 months from the date of the accident.

D.3.2.2 Pain, stiffness and discomfort to the right shoulder

The right shoulder pain, stiffness and discomfort is solely attributable to the index accident. For this symptom no additional treatment is required. In my opinion this symptom is due to soft tissue injury. I anticipate this symptom will fully resolve 4 months from the date of the accident.

D.3.2.3 Pain, stiffness and discomfort to the lower back

The lower back pain, stiffness and discomfort is solely attributable to the index accident. I recommend referral to a physiotherapist. In my opinion 7 sessions are

appropriate. This symptom is due to soft tissue injury. I anticipate this symptom will fully resolve 8 months from the date of the accident.

If the claimant does not recover within the anticipated recovery timescale then I would recommend a re-examination with a general practitioner.

In my opinion, the claimant will have no long term deformity or problem due to this accident.

Section E

E.1 Seatbelts

The claimant was wearing a seatbelt at the time of the index accident.

Section F

F.1 Future Treatment and Rehabilitation

On the balance of probabilities I would recommend the following referrals for the complete recovery from the injuries sustained in the index accident:

- ♦ Physiotherapy

Section G

G.1 Agreement of Report

I confirm that I have verified with the claimant the facts as referred to in this report.

Signature



Date

25/09/2018

G.2 Case Classification and Declaration

G.2.1 Soft-tissue Injury Claim

Was the Claimant an occupant of a motor vehicle? Yes

Is the client's most significant injury a soft-tissue injury? Yes

G.2.2 Declaration

I have not provided treatment to the claimant.

I am not associated with any person who has provided treatment.

I have not recommended any particular treatment provider.

G.3 Statement of Truth

I understand my duty as an expert witness is to the court. I have complied with that duty and will continue to comply with it. This report includes all matters relevant to the issues on which my expert evidence is given. I have addressed this report to the court. I further understand that my duty to the court overrides any obligation to the party from whom I received instructions.

I am aware of the requirements of Part 35 and practice direction 35, guidance for instruction of experts in civil claims 2014 and the practice direction on pre-action conduct.

confirm that I have made clear which facts and matters referred to in this report are within my own knowledge and which are not. Those that are within my

own knowledge I confirm to be true. The opinions I have expressed represent my true and complete professional opinion on the matters to which they refer.

Signature



Date

25/09/2018

MBBS, FRCS

Section H

H.1 References

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- ♦ Galasko CSB, Murray PM Pitcher M, et al. neck sprains after road traffic accidents: a modern epidemic injury 1993;24:155-7.
<http://web.jbjs.org.uk/cgi/reprint/79-B/4/517.pdf>
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 - ♦ Carette S. Whiplash injury and chronic neck pain. N Engl. J med 1994; 330:1083-4
http://www.idealspine.com/pages/ajcc/ajcc_new/oct2001/Colloca%2010_01.htm
Accessed at 15/03/2011

 - ♦ Flashbacks and post-traumatic stress disorder: the genesis of a 20th-century diagnosis.
The British Journal of Psychiatry (2003) 182: 158-163. The Royal College of Psychiatrists
Accessed at: <http://bjp.rcpsych.org/cgi/content/abstract/182/2/158>. On 24-April-2008

 - ♦ Clinical guidelines for the physiotherapy management of whiplash-associated disorder.
http://www.csp.org.uk/director/libraryandpublications/publications.cfm?item_id=4ABF75C4AB43DA912D12EFF2DC6FF1E4
Accessed at 22-June-2008
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Section I

I.1 Medical Expert's Curriculum Vitae

Professional Registration Details:

GMC reference number - 4392338

Current Appointments / Posts:

Senior Accident & Emergency Department doctor Under Kings college London

Qualification:

MBBS, FRCS

Experience:

Medico legal report writing experience.

I have a wide range of experience in Orthopaedics, General surgery and trauma Surgery at various hospitals abroad as well as in UK.

I have the added experience of working in ENT, Eye, Plastic surgery, and Urology departments in the past.

Currently I am working as a senior doctor in Accident & Emergency Department under Kings college Hospital London. I also do shifts in a busy urgent care centre in London region, dealing with all sorts of road traffic accident patients as well as other trauma patients.

I have developed special interests in medico legal aspect of the injuries and preparing various medico legal reports as an expert successfully.