



THE CP COMMUNITY

PACKING CHECKLIST

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Things to pack to the UK as an International student

Important documents

- International Passport with stamped visa page ☐
- All official university documents (acceptance letter, CAS letter) ☐
- Accommodation documents (if applicable) ☐
- Your bank details and bank card ☐
- Passport photos ☐
- Tuberculosis certificate ☐
- Other essential documents as applicable ☐

Electrical Items

- Laptop and charger ☐
- Headphones ☐
- Phone and charger ☐
- Portable Bluetooth speaker ☐
- External hard drive ☐
- Flash drive ☐
- Cable adapters/extension cord ☐
- Camera (if you have one) ☐

Clothing Items

- Comfortable clothing ☐
- Everyday clothing (*Long sleeves) ☐
- Everyday shoes e.g. sneakers (3 or 4) ☐
- Formal clothing ☐
- Formal shoes e.g. high heels (1 or 2) ☐
- Nightwear ☐

- Seasonal clothing (head warmer, scarves, gloves, sunglasses) ☐
- Backpack/Handbags ☐
- Slippers or flip flops ☐

No need to buy too many winter clothes before coming as they occupy a lot of luggage space and are cheaper to get here in the UK.

Academic Items

- Sellotape ☐
- 1 Journal/diary/planner ☐
- A few Pens and pencils ☐
- Sticky notes ☐
- 2 exercise books ☐
- 1 Stapler and staples ☐
- 1 or 2 Highlighters ☐

Kitchen Items

- 1 soup bowl and plate ☐
- Cutlery ***plastic ones, not metal** (3 forks, 3 knives, 3 spoons) ☐
- Local food ingredients (A fair amount e.g. Garri, Crayfish) ☐
- Tea things (Milk, Milo, Sugar - little quantities) ☐
- Snacks (Biscuits, peanuts etc - little quantities) ☐
- Ground pepper e.g *Yaji*, *Cameroun pepper*, *black pepper* (the pepper here is not hot) ☐
- Dry leaves (ugwu, bitter leaf, utazi etc) ☐
- Spices from your country
- Quick meals (Noodles, oats, Cornflakes, Golden morn)

Please do not take any meat/meat product or palm oil as it'll be confiscated. Also, ensure any local food ingredients are in clear bags so it is easily scanned or checked. For a more detailed list of what you can or cannot bring to the UK, please click [HERE](#)

Bedroom Items

- At least 1 Bedsheet and pillowcase ☐

- 4 plastic cloth hangers (optional) ☐
- Mini sewing kit (needle, threads and buttons) ☐

Bathroom Items

- Towel (A small one would do) ☐
- Toothbrush and toothpaste ☐
- Shower cap ☐
- Bathing soap ☐
- Body cream ☐

Toiletries/Medical Supplies

- Personal prescription medicine ☐
- Allergy medicine ☐
- Paracetamol/cold & flu medicine (you'll need it for when the Flu hits you!) ☐
- Plasters ☐
- Tampons/sanitary pads (1 or 2 packs) ☐
- Nail scissors/cutters/razors ☐
- Ointment e.g Robb/aboniki (for cold) ☐
- Comb/brush/Bobby pins ☐
- Makeup items ☐
- Hairstyling tools (e.g hair dryer) ☐
- Hair gel/Hair cream (small size) ☐
- Antiperspirant/perfumes/body spray (smell nice please) ☐
- Wigs and at least 3 packs of hair extensions ☐

Miscellaneous

- Card games (e.g WHOT) ☐
- Batteries ☐
- Small umbrella ☐

Essentials

- Photos of family and friends ☐

- Posters or wall art for decoration ☐
- Religious book (Bible, Qu'ran etc) ☐
- Other personal/sentimental stuff ☐

Flight essentials (Items to be on you in the flight i.e. inside the plane)

- Hand sanitiser ☐
- Facemasks ☐
- Cash (preferably dollar or pounds) ☐
- Sweater or thick clothing (the UK is cold) ☐
- All important documents in your hand luggage ☐
- Lip gloss or Vaseline for your lips ☐
- Hand cream ☐

When you arrive

Your local telecom line wouldn't work when you arrive in the UK, except you have set it on roaming. Regardless, the airport has **FREE** Wi-Fi which you can connect to and make calls over WhatsApp or surf the internet to check coach or train times.

Alternatively, you can also buy a UK sim card there at the airport. If you intend to do a lot of international calls, I will suggest you get Lycamobile. However, any other network will do just fine. E.g. I use GiffGaff and Lycamobile. **(P.S If you decide to get a GiffGaff sim, you'll get a FREE sim delivered to you + £5 credit once you activate the sim. Click this [LINK](#) to access it).**

Also, PLEASE DO NOT TAKE A TAXI FROM THE AIRPORT. IT IS VERY EXPENSIVE

(except of course you're boxed up or made plans for it then please feel free). Use the train or national express coach aka luxurious bus.

Wishing you an amazing experience in THE UK.

With love,

Chidera your BIG sister

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