

SPECIAL FORCES PREPARATION COURSE**ALL SEASON PACKING LIST (WINTER & SUMMER)**

** EXAMPLES POSTED ON THIS PACKING LIST ARE MEANT TO REPRESENT ITEMS THAT ARE SIMILAR TO THE REQUIRED ITEMS

** CANDIDATES ARE AUTHORIZED TO BRING HOME STATION TA-50 THAT IS LISTED ON THE PACKING LIST. ANY OTHER TA-50 IS UNAUTHORIZED.

** WINTER ITEMS WILL BE MANDATORY FOR ALL CLASSES

** ALL MANDATORY ITEMS AND ADDITIONAL AUTHORIZED ITEMS MUST FIT INTO **(2) DUFFEL BAGS**

** AS AN SFPC STUDENT, IT IS YOUR PERSONAL RESPONSIBILITY TO ENSURE YOUR EQUIPMENT IS SERVICEABLE AND IN ACCORDANCE WITH THE SFPC PACKING LIST

** ALL UNAUTHORIZED EQUIPMENT WILL GO INTO A (3RD) DUFFEL BAG, SEPARATE FROM AUTHORIZED EQUIPMENT

THE BELOW ITEMS ARE MANDATORY FOR ALL SFPC CLASSES

		QUANTITY
	<u>IDENTIFICATION CARD (ID)</u>	1 ea
	<u>ID TAGS with Breakaway Chain (Medical Alert Tags or Bracelet if required)</u>	2 sets
	<u>Duffel Bag (green or brown clothing and sales/CIF issue only, no suitcases, no roller bags)</u>	3 ea
	<u>OCP GARRISON UNIFORM (complete with patches, flag, rank, name tape, service, and cover)</u>	1 ea
	<u>CAP, OCP, MULTICAM (No rank, branch insignia, cat eyes, or other badges authorized)</u>	2 ea
	<u>TROUSERS, OCP, MULTICAM, jungle or desert uniforms are unauthorized ** SEE NOTE -1</u>	2 ea
	<u>COAT, OCP, MULTICAM, jungle or desert uniforms are unauthorized ** SEE NOTE -1</u>	2 ea
	<u>BOOTS (all boots IAW AR 670-1, no GORE-TEX, no Temperate Weather boots, no buckles)</u>	2 ea
	<u>DRAWERS, Cold Weather; Military Issue Poly-Pro or Gen III, level-1-bottoms,</u>	1 ea

	<u>DRAWERS, Cold Weather; Military issue Poly-Pro or Gen III, level-2-bottoms.</u>	1 ea
	<u>UNDERSHIRT, Cold Weather; Military issue Poly-Pro or Gen III level-1-tops</u>	1 ea
	<u>UNDERSHIRT, Cold Weather; Military issue Poly-Pro or Gen III level-2-tops</u>	1 ea
	<u>GLOVES, Cold Weather (LEATHER GLOVES WITH INSERTS ONLY, NO GORETEX, O.R. GLOVES ETC)</u>	1 pr
	<u>WATCH CAP, Military issue Micro Fleece, military colors only</u>	2 ea
	<u>UNDERWEAR, (MUST BE COTTON ONLY)</u>	as needed
	<u>EYE GLASSES with retainer bands (military issued if required) NO TINT, NO TRANSITION LENSES</u>	2 pr
	<u>EYE PROTECTION APEL (Clear Lens only, with inserts if required)</u>	2 pr
	<u>PT UNIFORM: Jacket, Pants, Long Sleeve Shirt, Short Sleeve Shirt, Shorts *(Complete)*</u>	1 ea
	<u>SHOES, RUNNING</u>	1 pr
	<u>SOCKS, Athletic</u>	6 ea
	<u>BELT, Tan Non-Elastic (Rigger belts accepted)</u>	2 ea
	<u>T-SHIRTS, Short Sleeve, Sterile tan or OCP brown, must be 100% cotton only, no cotton/polyester mixes</u>	6 ea
	<u>BOOT SOCKS, military colors only, no sock liners, no GORE-TEX, no waterproof socks, no toe socks</u>	6 ea
	<u>HYDRATION SYSTEM Camelback 70-100oz (Carrier will not have clips or carabiners attached)</u>	1 ea
	<u>HEADLAMP, Red/white lens capable (Must require AA / AAA batteries)</u>	2 ea
	<u>BATTERIES, AA and/or AAA for headlamp as needed, all Candidates will bring enough batteries to conduct 3 days of Land Nav</u>	X12 minimum
	<u>GLOVES, Light duty work type, no GORE-TEX, subdued/military colors only, civilian gloves authorized</u>	1pr
	<u>PENS, will be used to take notes throughout course,</u>	as needed
	<u>PENCILS, needed for land nav academics and land nav course, Bring extra's!</u>	as needed

	<u>NOTEBOOK</u> (Not larger than 4"x6") Sterile upon arrival	1 ea
	<u>RAZOR, Shaving non-electric!!!</u>	as needed
	<u>RAZOR, Blades</u>	1 month supply
	<u>SEWING KIT military issue</u>	1 ea
	<u>SHAVING CREAM</u>	1 month supply
	<u>SHOES, Shower (any color, flip-flops only, no heel straps)</u>	1 pr
	<u>SHOWER SOAP</u>	1 month supply
	<u>TOOTHBRUSH</u>	1 ea
	<u>TOOTHPASTE (Large Tube)</u>	1 month supply
	<u>SHAMPOO (Large Bottle)</u>	1 month supply
	<u>TOWELS, Large (military/subdued color)</u>	2 ea
	<u>SOAP, Laundry Liquid (Small/Medium Bottle, No Powder/Pods)</u>	1 month supply
	<u>WRISTWATCH (No GPS, altimeter, pedometer, compass or internet capability. May not have any more functions than regular time, world time, alarm, timer and stop watch)</u>	2 ea
	<u>LAUNDRY BAG, Army Issue (Green or black from clothing and sales)</u>	1 ea
	<u>DEODORANT (cannot be antiperspirant)</u>	1 month supply
	<u>HYGIENE KIT BAG, SMALL</u>	1 ea
	<u>MONEY, Cash (At least \$75, but no more than \$100)</u>	1 ea

THE FOLLOWING ITEMS ARE MANDATORY FOR FEMALE CANDIDATES ONLY

	<u>UNDERGARMENT, BRA (No underwire, No clasps, No Hooks)</u>	as needed
	<u>UNDERGARMENTS, Drawers Cotton</u>	as needed
	<u>HYGIENE, Pads/Tampons</u>	1 Month Supply
	<u>HYGIENE, Female Urinary Diversion Device (FUDD)</u>	1 ea
	IF BIRTH CONTROL IS UTILIZED, THE BELOW METHODS ARE AUTHORIZED DURING TRAINING **RECOMMEND ALL BIRTH CONTROL METHODS BE IMPLEMENTED AT LEAST 90 DAYS PRIOR TO TRAINING	
	<u>Intrauterine Devise (IUD)</u>	1 ea
	<u>Birth Control Pills</u>	1 Month Supply

	Patch	1 Month Supply
	Implant	N/A

**AUTHORIZED TA-50 ITEMS, CANDIDATES WILL HAVE ALL ITEMS WHETHER ISSUED AT FORT BRAGG
CIF OR NOT**

	WET WEATHER TOP AND BOTTOM, COLD WEATHER WATER PROOF (NON-GOREX)	1 EA
	WET WEATHER TOP AND BOTTOM, COLD WEATHER WATER PROOF (GOREX)	1 EA
	GLOVES, LEATHER (WHITE, TAN, OR BLACK ONLY)	1 EA
	CARRIER, FIGHTING LOAD (FLC) OR TAPS SYSTEMS	1 EA
	POUCH, CANTEEN 1 QT	2 EA
	PACK, FRAME MOLLE (COMPONENT OF MOLLE RUCK)	1 EA
	BELT, MOLDED WAIST (COMPONENT OF MOLLE RUCK)	1 EA
	SHOULDER STRAPS (COMPONENT OF MOLLE RUCK)	1 EA
	PACK, PATROL LARGE (COMPONENT OF MOLLE RUCK)	1 EA
	LOAD LIFTER ATTACHMENT STRAPS (COMPONENT OF MOLLE RUCK)	2 EA
	BAG, CLOTHING WATERPROOF, (GREEN ARMY ISSUED WITH BLACK INSIDE)	2 EA
	LINER, WET WEATHER PONCHO	1 EA
	MAT, SLEEPING	1 EA
	PONCHO, WET WEATHER	2 EA
	CANTEENS, 2 QT	2 EA
	CANTEENS, 1 QT	2 EA
	COVER, 2 QT CANTEEN	2 EA
	CANTEEN CUP	1 EA
	ENTRENCHING TOOL AND COVER	1 EA
	STUFF SACK, SMALL *SEE NOTE 4	1 EA
	SLEEPING BAG (SUMMER, WINTER, BIVY COVER, ALL ARE MANDATORY FOR ALL CLASSES) *SEE NOTE 4	1 EA
	STUFF SACK, LARGE *SEE NOTE 4	1 EA
	STUFF SACK, LARGE *SEE NOTE 4	1 EA

THE FOLLOWING OPTIONAL ITEMS & QUANTITIES ARE AUTHORIZED AT SFPC

	<u>Alcohol Eraser</u>	<u>as needed</u>
	<u>Black Tape, friction or electrical</u>	<u>2 rolls</u>
	<u>Finger/toe nail clippers</u>	<u>1 ea</u>

	<u>Foot Powder, non-aerosol</u>	2 ea
	<u>Large Trash Bags</u>	1 box
	<u>Lip Balm</u>	as needed
	<u>Knife or Multi tool (folding blade 4" or less)</u>	1 ea
	<u>Sunscreen, non-aerosol</u>	2 ea
	<u>Waterproof Bags (zip lock, no larger than gallon-size)</u>	1 box
	<u>Baby Wipes: Alcohol free and without additives</u>	as needed
	<u>Hand Sanitizer</u>	1 ea
	<u>Insect Repellant, non-aerosol</u>	as needed
	<u>Insoles, Boots (Any Type)</u>	as needed
	<u>Lighter</u>	1 ea
	<u>Liner, Field Jacket</u>	1 ea
	<u>Map Case (extra recommended)</u>	1 ea
	<u>Moleskin</u>	as needed
	<u>Pace Cord</u>	1 ea
	<u>Q-Tips</u>	as needed
	<u>Skin Care Lotion, small</u>	1 ea
	<u>Tape, 100 MPH (Tan or OD Green)</u>	2 rolls
	<u>Nylon Cord, 550-type, military or subdued colors</u>	100 ft
	<u>Extra Bite Valve & Bladder for Hydration System</u>	1 ea
	<u>Bootlaces</u>	2 pr
	<u>Book, (Bible, Ranger Handbook, or Novel * No Magazines*)</u>	1 ea
	<u>Clothes Pins</u>	as needed
	<u>Physical Therapy Item, non-electric (EX: Foam roller or rolling stick) HIGHLY RECOMMENDED</u>	1 Only
	<u>Safety Pins</u>	as needed
	<u>Lock, Combination (NO KEY LOCKS)</u>	3 ea
	<u>Anti-Chafe, (Body Glide or Vaseline)</u>	2 ea
	<u>High Lighters</u>	as needed
	<u>Bungee Cords, (Tactical colors only)</u>	as needed
	<u>2 Quart, Canteen Straws</u>	as needed
	<u>Scubb Brush to clean TA-50</u>	1 ea
	<u>Tent Stakes, Camping, spray painted black only, all others are unauthorized</u>	as needed
	<u>Bed sheets / Pillow, NO CIVILIAN SLEEPING BAGS</u>	1 set

	Ranger Shorts - military/subdued colors, no logos(NEEDED FOR PT)	as needed		
	Facemask / Balaclava, Army Issue	1 ea		
	Neck Gaiter	1 ea		
	100% Whey Protein Powder	1 Tub		
ADMINISTRATION FOOT NOTES:				
<p>1. T-Shirts must be loose fitting cotton, NO TIGHT FITTING, Under Armour or other athletic shirts are not authorized. Crye, Patagonia, Combat uniforms with knee pad slots or additional pockets are not authorized.</p> <p>2. Unauthorized items will be confiscated and placed in hold baggage during initial layout. If items are found during subsequent inspections, that item will be confiscated and student will be released from course.</p> <p>3. This packing list provides guidance for all classes. Candidates are responsible for having all items before arrival to Camp Mackall.</p> <p>4. Winter items are mandatory for all courses. If issued new brown sleeping bag at CIF, candidate will only have one sleeping bag, one stuff sack.</p>				
THE FOLLOWING ITEMS ARE UNAUTHORIZED AND ARE GROUNDS FOR RELIEF FROM THE COURSE IF FOUND AFTER THE LAYOUT				
<p>1. CELLULAR PHONE/ELECTRONIC ITEMS (THESE WILL BE TURNED IN AND LOCKED UP DURING THE INITIAL LAYOUT)</p> <p>2. ANY PRODUCT CONTAINING CAFFEINE</p> <p>3. TOBACCO PRODUCTS OF ANY TYPE</p> <p>4. CIVILIAN LONG UNDERWEAR</p> <p>5. CONTACT LENSES</p> <p>6. MODIFIED SHOULDER STRAPS, OR KIDNEY PADS</p> <p>7. SPANDEX, ATHLETIC WEAR/UNDERWEAR (I.e. TIGHT FITTING UNDERARMOR)</p> <p>8. SUPPLEMENTS, VITAMINS, ENERGY PRODUCTS OF ANY TYPE</p> <p>9. GORETEX OR TEMPERATE WEATHER BOOTS AND SOCKS</p> <p>10. CIVILIAN MEDICATIONS (I.E. ASPIRIN, TYLENOL)</p> <p>11. NO MODIFIED OR NON-STANDARD TA 50 (SEE APPROVED TA-50 LIST)</p> <p>12. NO KINESIOLOGY TAPE</p> <p>13. NO MEDICAL TAPE, BAND AIDS, WRAPS OR BRACES OF ANY KIND</p> <p>14. NO CHEM LIGHTS, GLINT/REFLECTIVE TAPE, PT BELTS</p> <p>15. NO PERSONAL LAND NAVIGATION ITEMS, TOOLS, OR NOTES</p> <p>16. SUPPLEMENTS OF ANY KIND EXCEPT 100% WHEY PROTEIN POWDER.</p>				