



DEPARTMENT OF THE ARMY  
UNITED STATES JOHN F. KENNEDY SPECIAL WARFARE CENTER AND SCHOOL NCOA  
FORT LIBERTY, NORTH CAROLINA 28310-9110

AOJK-NCO

20SEP2024

MEMORANDUM FOR RECORD

SUBJECT: ARSOF Basic Leader Course Student Packing List.

1. This memorandum lists required items for all Soldiers attending ARSOF Basic Leaders Course (BLC). This packing list supersedes all other ARSOF BLC packing lists. **Only equipment and uniforms authorized by Army Regulations (670-1) and / or issued by Installation CIF will be utilized during the attendance of ARSOF BLC.** Substitute or civilian items of equipment to include items issued by previous commands are not authorized unless specified by this memorandum.
2. Parent units and sponsors are responsible for ensuring all students comply with this packing list. **Failure to comply will result in the student being administratively dropped from ARSOF BLC.** Parent units and sponsors will provide all ARSOF BLC students with a copy of this packing list and ensure compliance prior to the course start date.
3. All Soldiers will arrive with clean and serviceable uniforms and equipment. **Very Limited DX** is available at Camp Mackall. Students must ensure that their equipment is serviceable prior to arrival for training.

4. THE ITEMS LISTED BELOW ARE MANDATORY AND MUST ALL BE CIF ISSUE.

<u>ITEM</u>	<u>QUANTITY</u>
FIELD LOAD CARRYING (FLC)	1
CANTEEN, 1QT	2
COVER, CANTEEN 1 QT	2
POUCH, SMALL ARMS (MUST HOLD AT LEAST 6 MAGS ON FLC)	3
FRAME, MOLLE PACK (WITH CUT AWAY SHOULDER STRAPS)	1
PACK, MOLLE, LARGE (ACU or OCP Pattern) ( <b>SEWN NAME TAPE/CAT EYES</b> )	1
ASSAULT PACK, (ACU or OCP Pattern) ( <b>SEWN NAME TAPE/CAT EYES</b> )	1
BAG, WATERPROOF	2
CANTEEN, 2QT	2
COVER, CANTEEN 2 QT	2
CARRIER, ENTRENCHING TOOL	1
ENTRENCHING TOOL	1
MAP CASE WITH MAP MARKERS	1
MAT SLEEPING	1
STUFF SACK	1
SLEEP SET (INNER BAG)	1
SLEEP SET (OUTER BAG) ( <b>SEE NOTE 6</b> )	1
GORETEX BIVY COVER	1
PONCHO LINER	1
PONCHO (CAMOUFLAGE)	2
GORE-TEX PARKA ( <b>SEE NOTE 3</b> )	1
GORE-TEX TROUSERS ( <b>SEE NOTE 3</b> )	1
EYE PROTECTION, BALLISTIC, CLEAR, ANSI Z87.1 OR BETTER.	1
BAG, BARRACKS	1

**5. ITEMS LISTED BELOW ARE MANDATORY AND MUST BE MILITARY ISSUE. NO CIVILIAN ITEMS.** All uniforms will be worn IAW AR 670-1. At a minimum, each uniform will have rank, name tag, US Army, and unit patch. Additional skill badges and tabs may be worn at the individual Soldier's discretion. All Students will arrive with luminous tape (Cat Eyes) and nametag sewn on their patrol caps.

<b>ITEM</b>	<b>QUANTITY</b>
BAG, DUFFEL OR KIT BAG, AVIATORS	1
OC/P/MULTICAM PATROL CAP (IAW USAJFKSWCS SOP)	2
OC/P/MULTICAM TOP	4
OC/P/MULTICAM TROUSERS	4
AGSU OR ASU DRESS UNIFORM COMPLETE W/ BADGES/RIBONS	1
<b>*NOTE: JUMP BOOTS ARE NOT REQUIRED FOR AGSU/ASU</b>	
CAMELBACK, (BLACK/GREEN/ACU/OC/P PATTERN) (100 oz. bladder)	1
CASH	\$50
DEBT CARD	1
COLD WEATHER UNDERWEAR (ARMY ISSUE) (NOTES 6)	1 SET
FLEECE (GREEN OR BROWN) (NOTE 6)	1
BELT, TAN OR BROWN, (MUST MATCH BOOTS AND T-SHIRT)	2
BOOTS (SEE NOTE 1)	2 PR
EYE GLASSES, MILITARY WITH ELASTIC RETAINER (SEE NOTE 2)	2
FOOT POWDER	1 BTL
GLOVES, BLACK or GREEN, LEATHER (NO WHITE)	1 PR
INSERTS, GLOVE, GREEN OR BLACK WOOL	2 PR
ID CARD (WITH WORKING PIN)	1
ID TAGS WITH BREAK AWAY CHAIN (1 worn while in OCPs)	2 SETS
MEDICAL ALERT TAGS OR BRACELET	IF REQUIRED
PT T-SHIRT, ARMY SHORT SLEEVE (BLACK)	2
PT T-SHIRT, ARMY LONG SLEEVE (BLACK)	1
PT TRUNKS, ARMY (GOLD LETTERS)	2
PT PANTS, ARMY (BLACK)	1
PT JACKET, ARMY (BLACK)	1
REFLECTIVE BELT	1
SOCKS, WOOL, GREEN OR BLACK (SEE NOTE 4)	6 PR
T-SHIRT (MUST MATCH BOOTS AND BELT)	4
WATCH CAP (SEE NOTE 6)	1
INSIGNIA/ PATCHES/ RANK	2 SETS
CAMO STICK OR COMPACT	1
SHARP Essay	1
LIGHTER	1
1 GALLON ZIP LOCK BAG WITH LAST NAME WRITTEN ON FRONT	1

**6. THE ITEMS LISTED BELOW ARE MANDATORY MILITARY AND/OR CIVILIAN ITEMS.**

<b>ITEM</b>	<b>QUANTITY</b>
NOTE BOOK WITH PEN AND PENCIL (STERILE) (LARGE & SMALL)	AS NEEDED
(LARGE MINIMUM SIZE 6" X 9", SMALL MINIMUM SIZE 3" x 5")	
PERSONAL HYGIENE KIT 3 WEEK SUPPLY (SEE NOTE 4)	
RAZORS WITH BLADES	MINIMUM 3
TOOTHBRUSH WITH PASTE	MINIMUM 1
SOAP	AS REQUIRED
DEODORANT	AS REQUIRED
SHAVING CREAM	AS REQUIRED
PRESCRIPTION MEDICATION (NOTIFY CADRE DURING LAYOUT)	AS NEEDED
RUNNING SHOES, SERVICABLE	1 PR
SHOWER SHOES	1
TOWEL	2
WHITE OR BLACK PT SOCKS (IAW AR 670-1)	4 PR

WRIST WATCH, NO GPS OR SMART WATCHES (SEE NOTE 5)	1
HEADLAMP WITH RED LENS	1
WEAPONS CLEANING KIT (Small Arms) (ABLE TO CLEAN ENTIRE WEAPON)	1
SOAP (LAUNDRY LIQUID ONLY)	AS NEEDED
AA BATTERIES	4
AAA BATTERIES	4
CLOTHES HANGERS	MIN. OF 6
CLOTHES-LINE PINS	MIN. OF 10
WASH CLOTH	2

7. OPTIONAL AUTHORIZED ITEMS.

ITEM	QUANTITY
OCP/MULTICAM BOONIE CAP	1
PADLOCK	1
PILLOW	1
TWIN SIZE FITTED SHEET/UNFITTED SHEET	1
LIFTING SHOES/LIFTING BELT	AS NEEDED
WIRED HEADPHONES (NON-BLUETOOTH)	1
COFFEE (COFFEE MAKER AVAILABLE IN QUARTERS)	AS NEEDED
PROTIEN POWDER (MUST BE SEALED AND SAY "NUTRITION FACTS")	AS NEEDED
THEREAGUN OR EQUIVALENT RECOVERY DEVICE	1
550 CORD	AS NEEDED
ALARM CLOCK (SMALL, WIND UP OR BATTERY, NO PLUG IN OR RADIOS)	1
ALCOHOL PENS AND ERASERS	AS NEEDED
BALACLAVA/ NECK GATOR	1
BLACK ELECTRICIAN TAPE AND/OR 100 mph TAPE (GREEN / BROWN)	1 ROLL
BOOTS, INTERMEDIATE COLD (SEE NOTE 1)	1 PR
BUTT PACK/ EXTRA POUCHES (MUST BE STANDARD ISSUE)	1
CHEWING TOBACCO	AS NEEDED
CHEWING GUM (NON CAFFINATED)	AS NEEDED
CIGARETTES (NO E-CIGS)	AS NEEDED
FLASHLIGHT	1
HAIR TRIMMMER, ELECTRIC	1
KNEE PADS AND ELBOW PADS	1 SET
KNIFE (MAX BLADE LENGTH 3") (FOLDING/POCKET PERFERRED)	1
LEATHERMAN TYPE TOOL	1
GLOVES, IE. NOMEX, SHOOTING, TACTICAL	1 PR
PACE COUNT CORD	1
COAT, LINER, FIELD JACKET	1
SNAP LINKS/MINI SNAP LINKS, SUBDUED (NOT FOR RAPPELING)	AS NEEDED
UNDERWEAR	AS NEEDED
WRIST COMPASS	1
INSECT REPELLENT/CHIGG AWAY (military or civilian)	2 BTL
CHAP STICK (Highly Recommended)	1
SUN SCREEN (Highly Recommended)	1
ZIP LOCK BAGS	AS NEEDED
READING MATERIAL (PROFESSIONAL, MILITARY OR ACADEMIC)	AS NEEDED
FEMININE WIPES OR BABY WIPES (UNSCENTED)	AS NEEDED
BRAS	AS NEEDED
PADS/TAMPONS (UNSCENTED, RECOMMENDED W/APPLICATOR)	AS NEEDED
FEMALE URINARY DIVERSION DEVICE (FUDD)	AS NEEDED
BIRTH CONTROL PILLS	AS NEEDED

**8. Additional numbers of items** on the mandatory and recommended packing can be brought. All items must fit into or be attached to the outside of the large rucksack and kitbag/duffle bag on the packing list (i.e. sleeping bag attached to bottom of rucksack frame, 2 quarts attached to the rucksack. AGSU uniform may be brought in separate uniform bag and hand-carried.

**PROHIBITED ITEMS.** Prohibited items are any and all items not listed on the Mandatory, Recommended, or Optional list. This includes Under Armor type T-shirts, T-Shirts with printed logos or designs. Electronic Devices to include but not limited to, MP-3 players, IPODs, E-CIGS, Cameras, Voice recorders, GPS Watches, laptops, E-Readers, Activity Trackers, and any media storage devices or any other electronic devices not listed. Cell phones and chargers will be turned in Day-1 and placed in secure storage in a zip lock bag with Soldier's last name written on the bag. Students will not have any type of supplements.

**PROTEIN POWDER IS ALLOWED AND MUST BE SEALED IN ORIGINAL PACKAGING.** Any product that does not have "Nutritional Facts" is prohibited. Any product that lists "Supplemental Facts" is prohibited. Students will be checked and inventoried for packing list compliance prior to beginning training.

**9. Failure to comply with the packing list will result in negative counseling and possible relief from ARSOF BLC.**

**10. No student will load the truck for transportation to Camp Mackall/ARSOF BLC with more than 1 rucksack, 1 kit or duffle bag, and 1 dress-uniform bag.**

**11. NOTES:**

1. Only US Army issued/approved boots may be worn during the course, desert Hot Weather and desert Intermediate Cold Boots, insulated 200 grams. Boots may not be altered in anyway, except for sole replacement (waffle soles, etc), must be above the ankle and free of zipper or hook/pile fasteners.

2. Eye glasses are required for those personnel with a military prescription. **Contact lenses will not be worn.**

3. If Gore-Tex is not available to the student, the Army issue wet weather suit will replace it. The OCP specific cold weather gear will replace old style Gore-Tex and wet weather gear. Any gear that says "GORE-SEAM" is also authorized and considered equivalent to "GORE TEX".

4. Students will have limited use of the shoppette during the course. Students are strongly recommended to bring all required toiletries, tobacco products, etc. to last the duration of course.

5. Wristwatch should be durable and dependable. **No GPS or wireless data transfer capable wristwatches (THIS INCLUDES ACTIVITY TRACKERS).**

**6. Cold weather gear that is required during October through March.**

7. No civilian GPS units of any kind will be allowed.

**12. POC for this information is the undersigned at 910-643-3823 or [wiff.ihj@socom.mil](mailto:wiff.ihj@socom.mil).**

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CHIEF OF TRAINING