



T-TEST |

THE T-TEST

Compares two group means to see if there is a difference

- Compares one group mean to the population mean
- Compares one group mean to that same group's mean at a later time
- Compares one group mean to another group's mean

THE T-TEST

The one-sample t-test

- Compares the mean of the sample to the population mean

The paired-samples t-test (repeated samples)

- Compares mean of one group and time 1 to mean of that group at time 2

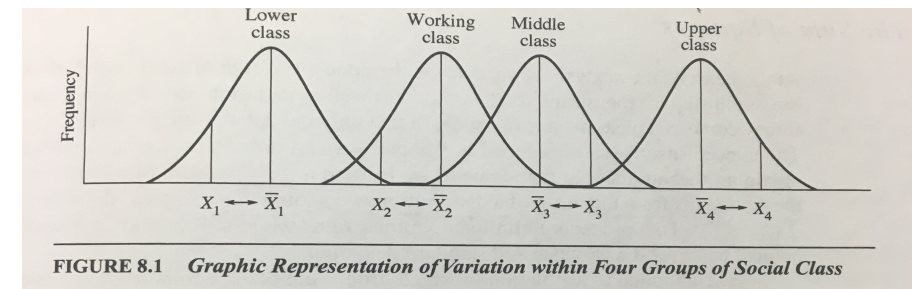
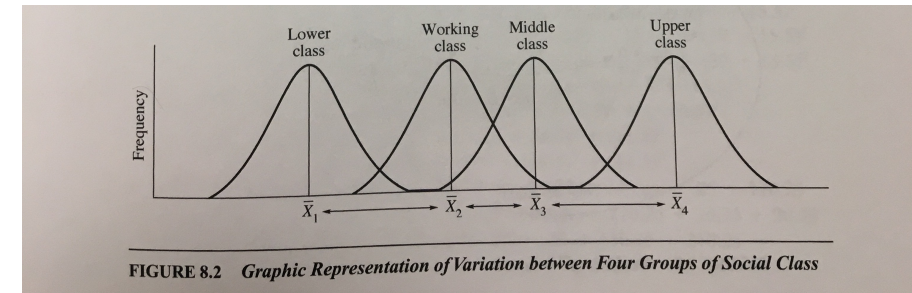
The independent samples t-test (two samples)

- Compares mean of one group to mean of another

EDIT: LOGIC OF T-TEST

Total variation across all groups is divisible into two components

- Variation between groups
 - Deviation of group means from one another
- Variation within groups
 - Deviation of raw scores from their group mean



THE T-TEST

But when we substitute Standard Error of the Difference, the distribution becomes a t-distribution, making this a *t*-test:

$$t = \frac{(\bar{X}_1 - \bar{X}_2)}{SD_{\bar{X}_1 - \bar{X}_2}} = \frac{(\bar{X}_1 - \bar{X}_2)}{\sqrt{\left(\frac{SD_1^2}{N_1}\right) + \left(\frac{SD_2^2}{N_2}\right)}}$$

THE T-TEST

$$t = \frac{(\bar{X}_1 - \bar{X}_2)}{\sqrt{\left(\frac{SD_1^2}{N_1}\right) + \left(\frac{SD_2^2}{N_2}\right)}}$$

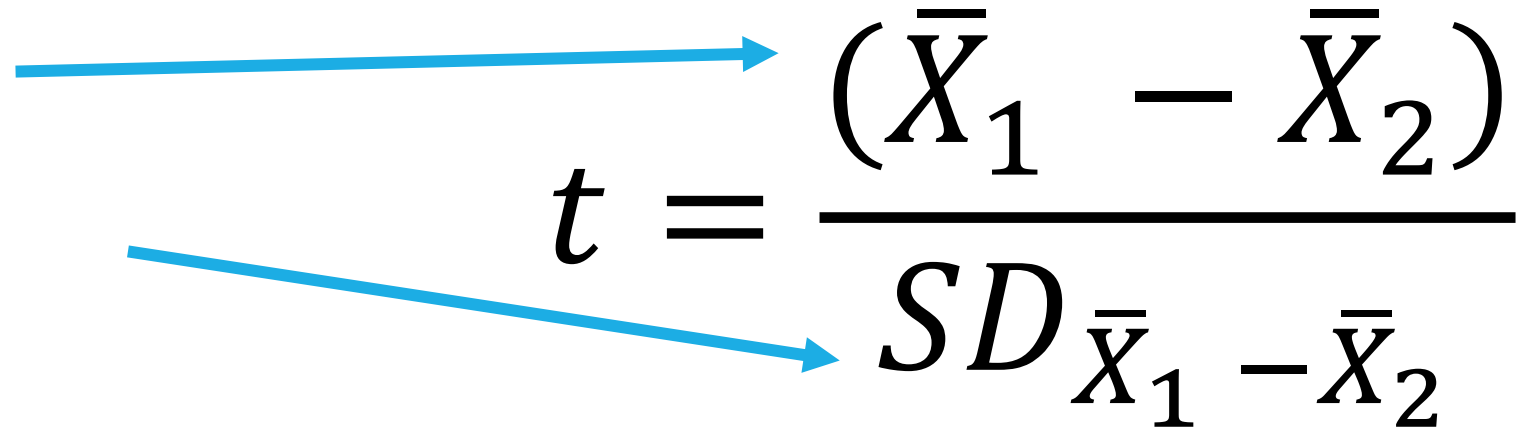
Numerator: difference between means of group 1 and group 2

Denominator: standard error of the difference between means, standardizing the mean difference to see if it is above and beyond chance

LOGIC OF T-TEST

Just like t-test...

- Variation between groups
 - Deviation of group means from one another
- Variation within groups
 - Deviation of raw scores from their group mean


$$t = \frac{(\bar{X}_1 - \bar{X}_2)}{SD_{\bar{X}_1 - \bar{X}_2}}$$

- t indicates the size of the difference between groups relative to the size of the variation within each group
- Larger t means there is greater variation between groups, and increase the likelihood of rejecting the null hypothesis
- Larger t means extreme group differences, beyond what expected by the null hypothesis

INDEPENDENT SAMPLES t -TEST (RESEARCH QUESTION)

Is there a mean difference in Y by categories of X ?

- Does the mean (Y) vary by group (X)?

INDEPENDENT SAMPLES t -TEST (VARIABLE TYPES)

IV: nominal, ordinal (e.g. categorical/discrete)

- Grouping variable
 - Only two groups/samples compared

DV: interval-ratio (e.g. continuous)

INDEPENDENT SAMPLES t -TEST (HYPOTHESES)

H_0 : No mean difference between two groups / mean of the DV does NOT vary by group

- $H_0: \mu_1 = \mu_2$

H_1 : Mean difference between two groups / mean of the DV DOES vary by group

- $H_1: \mu_1 \neq \mu_2$

H_0 : NULL HYPOTHESIS

Any observed difference between samples is small and therefore due to chance/sampling error and doesn't represent a true difference between populations

H_1 : ALTERNATIVE HYPOTHESIS

Any observed difference between samples is not due to chance/sampling error and does represent a true difference between populations

- Reject the null hypothesis (aka accept the research hypothesis)

Says the difference between samples is **TOO BIG/TOO EXTREME** to be the result of sampling error

T-TEST ASSUMPTIONS (CANNOT BE VIOLATED)

1. Independence of Observations

- Groups are not related or dependent upon each other. Case can't be in more than one group. No ties between observations

2. Equal Sample (Group) Sizes

- The number of cases in each group should be relatively similar.
 - If violated, use "pooled variance" t-test formula

3. Homogeneity of Variance

- Both groups have approximately equal variances (SD^2). The distributions (or spread) for the groups are approximately equal. Keppel & Zedeck (1989) suggest that variance comparison should not exceed 10:1 ratio.
 - Examine variances/SD in summary table of output

4. Normality of Distribution

- Distribution must be relatively normal
 - Visual inspection using
 - Histogram
 - Normality (Q-Q) plots
 - Box-and-Whiskers plots
 - If violated, use "unequal variances assumed" formula, otherwise, use "equal variances assumed"

T-TEST AND THE T-DISTRIBUTION

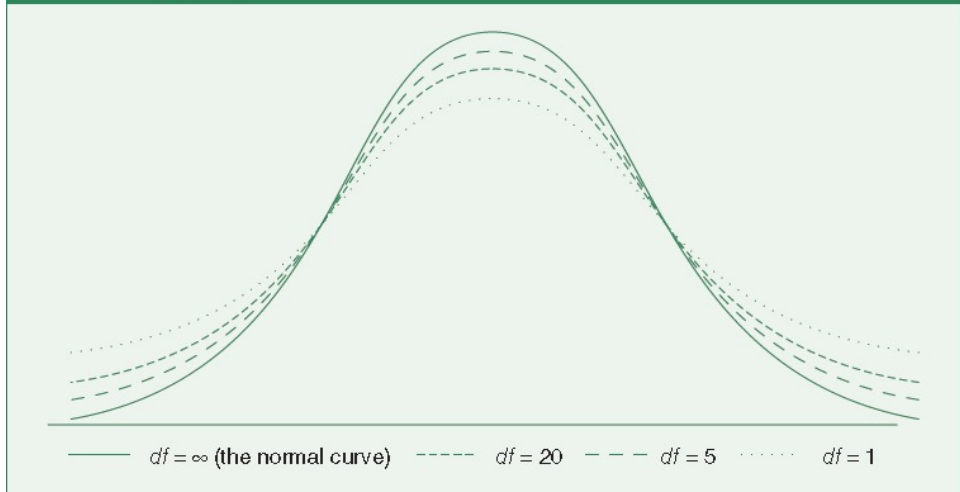
The t-distribution (sort of like normal distribution) has multiple curves

- Each curve based on sample size or degrees of freedom
 - T and Z distributions are equal if sample size is large enough ($N \geq 30$ or ≥ 15 per group)

$$t = \frac{(\bar{X}_1 - \bar{X}_2)}{\sqrt{\left(\frac{SD_1^2}{N_1}\right) + \left(\frac{SD_2^2}{N_2}\right)}}$$

$$df = N_1 + N_2 - 2$$

Figure 9.3 The Normal Distribution and *t* Distributions for 1, 5, 20, and ∞ Degrees of Freedom



IS THE Z -TEST EXTREME?

Recall:

- If $|Z_{\text{calculated}}| \geq |Z_{\text{critical}}|$, then...
 - Difference between mean of group 1 and mean of group 2 is so extreme that we can't blame it on sampling error, therefore... H_0 is probably not true, so...
 - $Z_{\text{calculated}}$ is in rejection region
 - Reject H_0
 - $p \leq \alpha$
 - Statistically significant difference

IS THE t -TEST EXTREME?

So, applied to t -Test:

- If $|t_{\text{calculated}}| \geq |t_{\text{critical}}|$, then...
 - Difference between mean of group 1 and mean of group 2 is so extreme that we can't blame it on sampling error, therefore... H_0 is probably not true, so...
 - $t_{\text{calculated}}$ is in rejection region
 - Reject H_0
 - $p \leq \alpha$
 - Statistically significant difference

IS THE t -TEST EXTREME?

So, applied to t -Test:

- If $|t_{\text{obtained}}| \geq |t_{\text{critical}}|$, then...
 - Difference between mean of group 1 and mean of group 2 is so extreme that we can't blame it on sampling error, therefore... H_0 is probably not true, so...
- t_{obtained} is in rejection region
- Reject H_0
- $p \leq \alpha$
- Statistically significant difference

IS THE Z -TEST EXTREME?

Also recall for Z , if we select $\alpha = .05$:

- If $|Z_{\text{calculated}}| \geq |\pm 1.96|$, then...
 - Difference between mean of group 1 and mean of group 2 is so extreme that we can't blame it on sampling error, therefore... H_0 is probably not true, so...
- $Z_{\text{calculated}}$ is in rejection region
- Reject H_0
- $p \leq .05$
- Statistically significant difference

IS THE t -TEST EXTREME?

However because t has multiple distributions, based on df , if we select $\alpha = .05$:

- We must refer to a table ([Appendix T](#)) to figure out what t_{critical} is.
 - Use your chosen H_1 (directional – one-tailed; non-directional – two-tailed)
 - Your α
 - Your df
- Then, evaluate to see if $|t_{\text{obtained}}| \geq |t_{\text{critical}}|$

REPORTING T

Report

- The test used
- If you reject or fail to reject the null hypothesis
- The variables used in the analysis
- The degrees of freedom, calculated value of the test, and p-value
 - $t(df) = t_{\text{obtained}}, p\text{-value}$
- “Using an independent samples t-test, I reject/fail to reject the null hypothesis that there is no difference between group 1’s mean and group 2’s mean, in the population, $t(?) = ?, p ? .05$ ”

EXAMPLE: BEERS IN THE HOME FRIDGE FOR UNDERGRADS VS. GRADS

Undergrads: (list of 5 observations below)

- 3, 0, 2, 1, 5

Grads: (list of 5 observations below)

- 1, 6, 17, 9, 2

T-TEST AND CONFIDENCE INTERVALS

We can modify the CI formula to create a confidence interval around the mean difference

- $CI = (\bar{X}_1 - \bar{X}_2) \pm t_{\text{critical}}(SD_{\bar{X}_1 - \bar{X}_2})$