

Cto EH larga distancia 20-21 Lasarte-Oria, 12/12/2020



Prueba 1 Fem., 3000m Libre Open 12/12/2020 Resultados

Clasificación					AN						Tiempo			
1.	ALONSO) FERNÁ	NDEZ Itx	aso	97 Getxo Igeriketa Bolue K.E.					36:19.72				
•	50m:	34.33	34.33	800m:	9:30.62	36.01	•	18:39.27	36.70	2300m:	27:50.18	36.59		
	100m:	1:09.26	34.93		10:06.75	36.13		19:15.92	36.65		28:27.18	37.00		
	150m:	1:44.95	35.69		10:43.05	36.30		19:52.92	37.00		29:04.20	37.02		
	200m:	2:21.34	36.39		11:19.50	36.45		20:29.42	36.50		29:40.87	36.67		
	250m:	2:57.31	35.97	1000m:	11:55.73	36.23		21:06.10	36.68	2500m:	30:16.78	35.91		
	300m:	3:32.68	35.37	1050m:	12:32.32	36.59	1800m:	21:42.90	36.80	2550m:	30:52.91	36.13		
	350m:	4:08.60	35.92	1100m:	13:09.00	36.68	1850m:	22:19.48	36.58	2600m:	31:29.15	36.24		
	400m:	4:44.16	35.56	1150m:	13:45.91	36.91	1900m:	22:56.08	36.60	2650m:	32:05.93	36.78		
	450m:	5:20.11	35.95	1200m:	14:22.65	36.74	1950m:	23:32.94	36.86	2700m:	32:42.98	37.05		
	500m:	5:55.66	35.55	1250m:	14:59.44	36.79	2000m:	24:09.58	36.64	2750m:	33:19.50	36.52		
	550m:	6:31.04	35.38		15:36.16	36.72		24:46.42	36.84		33:56.22	36.72		
	600m:	7:06.92	35.88		16:12.87	36.71		25:23.36	36.94		34:32.69	36.47		
	650m:	7:43.13	36.21		16:49.51	36.64		26:00.37	37.01		35:08.85	36.16		
	700m:	8:18.99	35.86		17:26.13	36.62		26:36.88	36.51		35:44.98	36.13		
	750m:	8:54.61	35.62	1500m:	18:02.57	36.44	2250m:	27:13.59	36.71	3000m:	36:19.72	34.74		
2.	IMAZ IGI				05		Buruntzaldea Ikt				36:53.30			
	50m:	36.10	36.10	800m:	9:51.14	36.72		19:03.79	37.25		28:16.51	36.87		
	100m:	1:13.16	37.06		10:27.90	36.76		19:40.55	36.76		28:53.25	36.74		
	150m:	1:50.91	37.75		11:04.79	36.89		20:17.23	36.68		29:30.19	36.94		
	200m:	2:28.59	37.68		11:41.51	36.72		20:54.15	36.92		30:07.03	36.84		
	250m:	3:05.42	36.83		12:18.20	36.69		21:30.71	36.56		30:44.01	36.98		
	300m:	3:42.65	37.23		12:55.08	36.88		22:07.53	36.82		31:20.90	36.89		
	350m: 400m:	4:19.61 4:56.72	36.96 37.11		13:32.14 14:09.01	37.06 36.87		22:44.41 23:21.37	36.88 36.96		31:57.68 32:34.55	36.78 36.87		
	450m:	5:33.60	36.88		14:45.78	36.77		23:58.40	37.03		33:11.72	37.17		
	500m:	6:10.69	37.09		15:22.67	36.89		24:35.33	36.93		33:48.59	36.87		
	550m:	6:47.56	36.87		15:59.43	36.76		25:12.36	37.03		34:25.58	36.99		
	600m:	7:24.36	36.80		16:35.97	36.54		25:49.10	36.74		35:02.73	37.15		
	650m:	8:01.11	36.75		17:12.93	36.96		26:25.85	36.75		35:39.11	36.38		
	700m:	8:37.85	36.74		17:49.56	36.63		27:02.61	36.76		36:17.90	38.79		
	750m:	9:14.42	36.57		18:26.54	36.98		27:39.64	37.03		36:53.30	35.40		
3.	OLALLA URIBARRI Lexuri				05 Getxo Igeriketa Bolue K.E.					37:38.65				
	50m:	34.68	34.68	800m:	9:46.52	37.11	-	19:12.89	38.13	2300m:	28:46.80	39.15		
	100m:	1:10.13	35.45	850m:	10:23.79	37.27	1600m:	19:51.10	38.21	2350m:	29:25.45	38.65		
	150m:	1:46.27	36.14	900m:	11:01.06	37.27	1650m:	20:29.50	38.40	2400m:	30:04.12	38.67		
	200m:	2:22.98	36.71	950m:	11:38.39	37.33	1700m:	21:07.02	37.52	2450m:	30:42.90	38.78		
	250m:	2:59.29	36.31	1000m:	12:15.44	37.05	1750m:	21:44.50	37.48	2500m:	31:20.72	37.82		
	300m:	3:36.12	36.83		12:52.95	37.51		22:22.22	37.72		31:58.86	38.14		
	350m:	4:13.09	36.97		13:30.69	37.74		23:00.50	38.28		32:37.42	38.56		
	400m:	4:49.86	36.77		14:08.30	37.61		23:38.77	38.27		33:15.35	37.93		
	450m:	5:27.04	37.18		14:45.95	37.65		24:17.06	38.29		33:53.57	38.22		
	500m:	6:03.79	36.75		15:23.54	37.59		24:54.87	37.81		34:31.94	38.37		
	550m:	6:40.83	37.04		16:02.03	38.49		25:33.08	38.21		35:10.26	38.32		
	600m:	7:17.95	37.12		16:39.94	37.91		26:11.84	38.76		35:48.22	37.96		
	650m:	7:55.19	37.24		17:18.29	38.35		26:49.90	38.06		36:25.73	37.51		
	700m:	8:32.33	37.14		17:56.61	38.32		27:29.11	39.21		37:02.85	37.12		
	750m:	9:09.41	37.08	1500m:	18:34.76	38.15	2250m:	28:07.65	38.54	3000m:	37:38.65	35.80		



Cto EH larga distancia 20-21 Lasarte-Oria, 12/12/2020



Prueba 1, Fem., 3000m Libre, Open

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Clasificación					AN						Tiempo	
4.	SUDUPE	ZABALE	ETA Alaz	ne	04	C.N. I	zarraitz				37:57.09	
	50m:	36.80	36.80		10:03.49	37.63		19:32.58	38.35		29:06.74	38.16
	100m:	1:14.35	37.55	850m:	10:41.22	37.73	1600m:	20:10.61	38.03	2350m:	29:45.11	38.37
	150m:	1:52.39	38.04	900m:	11:19.09	37.87	1650m:	20:49.13	38.52	2400m:	30:23.31	38.20
	200m:	2:30.73	38.34		11:56.79	37.70		21:27.20	38.07		31:01.58	38.27
	250m:	3:08.89	38.16	1000m:	12:34.52	37.73		22:05.42	38.22		31:39.94	38.36
	300m:	3:46.87	37.98		13:12.26	37.74		22:43.61	38.19		32:18.09	38.15
	350m:	4:24.68	37.81		13:50.10	37.84		23:21.80	38.19		32:55.90	37.81
	400m:	5:02.41	37.73		14:27.84	37.74		24:00.20	38.40		33:34.22	38.32
	450m:	5:39.80	37.39		15:05.76	37.92		24:38.35	38.15		34:12.03	37.81
	500m: 550m:	6:17.35 6:55.14	37.55 37.79		15:43.92 16:22.02	38.16 38.10		25:16.65 25:55.25	38.30 38.60		34:50.17 35:27.92	38.14 37.75
	600m:	7:32.98	37.79		17:00.20	38.18		26:33.33	38.08		36:06.20	38.28
	650m:	8:10.67	37.69		17:37.94	37.74		27:11.59	38.26		36:44.60	38.40
	700m:	8:48.23	37.56		18:16.02	38.08		27:50.35	38.76		37:21.69	37.09
	750m:	9:25.86	37.63		18:54.23	38.21		28:28.58	38.23		37:57.09	35.40
-												
5.	_				05		-	ta Bolue			38:37.26	20.70
	50m: 100m:	36.09 1:12.95	36.09 36.86		10:07.56 10:45.90	38.52 38.34		19:50.68 20:29.70	39.04 39.02		29:34.37 30:13.41	38.79 39.04
	150m:	1:50.50	37.55		11:24.36	38.46		21:08.31	38.61		30:52.02	38.61
	200m:	2:27.78	37.28		12:03.07	38.71		21:47.61	39.30		31:31.05	39.03
	250m:	3:05.52	37.74		12:41.74	38.67		22:26.97	39.36		32:10.06	39.01
	300m:	3:43.87	38.35		13:20.45	38.71		23:05.75	38.78		32:49.47	39.41
	350m:	4:22.07	38.20		13:59.14	38.69		23:44.42	38.67		33:28.71	39.24
	400m:	5:00.51	38.44	1150m:	14:37.34	38.20		24:23.47	39.05		34:08.07	39.36
	450m:	5:39.20	38.69		15:16.37	39.03		25:02.46	38.99	2700m:	34:47.79	39.72
	500m:	6:17.84	38.64	1250m:	15:55.99	39.62	2000m:	25:41.36	38.90	2750m:	35:26.70	38.91
	550m:	6:55.79	37.95	1300m:	16:35.04	39.05	2050m:	26:20.22	38.86	2800m:	36:05.45	38.75
	600m:	7:33.77	37.98		17:14.15	39.11		26:58.65	38.43		36:44.89	39.44
	650m:	8:12.01	38.24		17:53.46	39.31		27:37.53	38.88		37:23.66	38.77
	700m:	8:50.45	38.44		18:32.94	39.48		28:16.48	38.95		38:00.73	37.07
	750m:	9:29.04	38.59	1500m:	19:11.64	38.70	2250m:	28:55.58	39.10	3000m:	38:37.26	36.53
6.	BURUTA						ortuna				38:51.65	
	50m:	36.89	36.89		10:15.27	38.55		19:51.11	38.38		29:37.92	39.86
	100m:	1:14.65	37.76		10:53.71	38.44		20:29.64	38.53		30:17.93	40.01
	150m:	1:53.34	38.69		11:32.64	38.93		21:08.12	38.48		30:58.06	40.13
	200m:	2:31.96	38.62		12:11.04	38.40		21:46.77	38.65		31:37.96	39.90
	250m: 300m:	3:11.10 3:50.28	39.14 39.18		12:49.72 13:28.00	38.68 38.28		22:25.28 23:04.85	38.51 39.57		32:18.00 32:57.91	40.04 39.91
	350m:	4:28.71	38.43		14:06.45	38.45		23:43.68	38.83		33:37.86	39.95
	400m:	5:07.57	38.86		14:44.91	38.46		24:23.07	39.39		34:17.93	40.07
	450m:	5:46.03	38.46		15:23.60	38.69		25:02.43	39.36		34:58.08	40.15
	500m:	6:24.29	38.26		16:01.62	38.02		25:41.49	39.06		35:37.90	39.82
	550m:	7:02.65	38.36		16:39.50	37.88		26:20.31	38.82		36:17.63	39.73
	600m:	7:41.15	38.50	1350m:	17:17.77	38.27	2100m:	26:59.94	39.63	2850m:	36:56.76	39.13
	650m:	8:19.78	38.63	1400m:	17:56.15	38.38		27:39.59	39.65		37:35.83	39.07
	700m:	8:58.22	38.44		18:34.61	38.46		28:18.07	38.48		38:14.70	38.87
	750m:	9:36.72	38.50	1500m:	19:12.73	38.12	2250m:	28:58.06	39.99	3000m:	38:51.65	36.95
7.	ORIVE C	OLLADO) Leire		05	Getxo	lgerike	ta Bolue l	K.E.		39:12.08	
	50m:	37.30	37.30	650m:	8:22.37	38.68		16:10.84	39.85		24:07.03	39.37
	100m:	1:15.38	38.08	700m:	9:01.01	38.64		16:50.09	39.25		24:47.14	40.11
	150m:	1:53.70	38.32	750m:		38.54		17:30.41	40.32		25:26.91	39.77
	200m:	2:32.19	38.49		10:18.29	38.74		18:10.20	39.79		26:07.87	40.96
	250m:	3:10.53	38.34		10:57.46	39.17		18:49.43	39.23		26:47.76	39.89
	300m:	3:49.80	39.27		11:36.43	38.97		19:29.25	39.82		27:27.51	39.75
	350m: 400m:	4:28.97	39.17		12:14.89	38.46		20:08.63 20:48.49	39.38 39.86		28:07.72	40.21
	400m: 450m:	5:08.03 5:46.55	39.06 38.52		12:54.12 13:33.23	39.23 39.11		20:48.49 21:27.58	39.86		28:47.55 29:27.64	39.83 40.09
	450m:	6:25.49	38.94		14:12.02	38.79		22:07.33	39.09 39.75		30:07.17	39.53
	550m:	7:04.76	39.27		14:51.99	39.97		22:48.43	41.10		30:46.21	39.04
	600m:	7:43.69	38.93		15:30.99	39.00		23:27.66	39.23		31:25.45	39.24



Cto EH larga distancia 20-21 Lasarte-Oria, 12/12/2020



Prueba 1, Fem., 3000m Libre, Open

Clasificación				AN						Tiempo	
2450r	n: 32:05.01	39.56	2600m:	34:02.55	39.35	2750m:	36:00.62	38.98	2900m:	37:58.03	38.13
2500r	n: 32:44.25	39.24	2650m:	34:42.81	40.26	2800m:	36:40.33	39.71	2950m:	38:35.57	37.54
2550r	n: 33:23.20	38.95	2700m:	35:21.64	38.83	2850m:	37:19.90	39.57	3000m:	39:12.08	36.51

DNF HERNAEZ ANDRAKA June 04 Getxo Igeriketa Bolue K.E.