



# GIPUZKOAKO IGERIKETA FEDERAZIOA Federación Gipuzkoana de Natación

Anoeta Pasealekua 5 – 20014 DONOSTIA (Gipuzkoa)

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21/22 denboraldia, Igeriketako 9. zirkularra (behin behinekoa)

Temporada 21/22, Circular de natación nº 9 (provisional)

## GUTXIENKO DENBORAK 21/22 DENBORALDIA // MÍNIMAS TEMPORADA 21/22

NEGUA/INVIERNO

BANAKAKO PROBAK/PRUEBAS INDIVIDUALES

EMAKUMENZKOAK / FEMENINO							GUTXIENKOAK	GIZONEZKOAK / MASCULINO							
INFANTIL			JUNIOR		ABS JOV	ABS GAZ	ABSOLUTO	MÍNIMAS	ABSOLUT O	ABS JOV	ABS GAZ	JUNIOR		INFANTIL	
2009	2008	2007	2006	2005	2004-2003		2002 y Ante..	2021_2022 NEGUA	2001 Y Ante..	2002-2003		2004	2005	2006	2007
			00:31,86	00:31,36	00:31,12		00:30,89	50 Libre	00:27,60	00:27,70		00:27,92	00:28,38		
			01:09,61	01:08,51	01:07,99		01:07,48	100 Libre	01:01,91	01:02,15		01:02,64	01:03,67		
			02:32,08	02:29,69	02:28,54		02:27,43	200 Libre	02:14,62	02:15,14		02:16,20	02:18,44		
05:57,24	05:38,79	05:26,46	05:18,29	05:13,28	05:10,89		05:08,57	400 Libre	04:50,45	04:51,57		04:53,86	04:58,68	05:06,54	05:18,46
12:12,41	11:34,59	11:09,31	10:52,57	10:42,29	10:37,39		10:32,63	800 Libre	09:56,70	09:59,01		10:03,72	10:13,62	10:29,78	10:54,26
23:10,64	21:58,83	21:10,83	20:39,04	20:19,53	20:10,22		20:01,19	1500 libre	19:09,56	19:14,00		19:23,09	19:42,16	20:13,28	21:00,44
			00:35,72	00:35,00	00:34,67		00:34,34	50 Mariposa	00:30,88	00:31,02		00:31,31	00:31,91		
			01:21,11	01:19,49	01:18,73		01:17,99	100 Mariposa	01:09,09	01:09,40		01:10,03	01:11,38		
			02:58,09	02:54,52	02:52,85		02:51,23	200 Mariposa	02:34,63	02:35,33		02:36,75	02:39,77		
			00:37,58	00:36,93	00:36,62		00:36,32	50 Espalda	00:32,18	00:32,31		00:32,57	00:33,13		
			01:20,79	01:19,39	01:18,72		01:18,07	100 Espalda	01:09,51	01:09,79		01:10,37	01:11,58		
			02:52,81	02:49,80	02:48,38		02:47,00	200 Espalda	02:30,05	02:30,65		02:31,90	02:34,52		
			00:41,33	00:40,59	00:40,24		00:39,90	50 Braza	00:35,67	00:35,83		00:36,15	00:36,82		
			01:30,15	01:28,54	01:27,78		01:27,04	100 Braza	01:18,49	01:18,83		01:19,54	01:21,02		
			03:15,55	03:12,06	03:10,40		03:08,80	200 Braza	02:54,12	02:54,88		02:56,44	02:59,74		
			01:21,78	01:20,19	01:19,44		01:18,72	100 Estilos	01:09,70	01:10,01		01:10,65	01:12,01		
03:22,95	03:10,54	03:02,51	02:57,29	02:54,12	02:52,62		02:51,17	200 Estilos	02:35,37	02:36,03		02:37,39	02:40,25	02:44,97	02:52,23
07:08,61	06:42,41	06:25,45	06:14,43	06:07,74	06:04,57		06:01,51	400 Estilos	05:32,33	05:33,75		05:36,65	05:42,77	05:52,86	06:08,39
	02:17,07		02:11,11		02:06,06			4X50 libre		01:50,73		01:55,16		02:00,40	
	04:59,38		04:46,34		04:35,32			4X100 libre		04:05,64		04:15,48		04:27,11	
	10:55,68		10:27,14		10:02,99			4X200 libre		09:06,19		09:28,06		09:53,92	
	02:30,75		02:24,19		02:18,64			4X50 estilos		02:01,92		02:06,80		02:12,58	
	05:29,28		05:14,94		05:02,82			4X100 estilos		04:30,49		04:41,32		04:54,13	

MISTOAK/MIXTOS
4X50 libre
02:00,00
4X100 libre
04:25,00
4X50 estilos
02:10,00
4X100 estilos
04:51,0





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## UDARA/VERANO

### BANAKAKO PROBAK/PRUEBAS INDIVIDUALES

EMAKUMENZKOAK / FEMENINO									GUTXIENEOAK	GIZONEZKOAK / MASCULINO										
ALEVÍN		INFANTIL			JUNIOR		ABS JOV ABS GAZ			MÍNIMAS  2021 2022 UDA	ABSOLUTO		ABS JOV ABS GAZ		JUNIOR		INFANTIL		ALEVÍN	
2011	2010	2009	2008	2007	2006	2005	2004-2003	2002 y Ante..			2001 Y Ante..	2002-2003	2004	2005	2006	2007	2008	2009		
					00:31,61	00:31,12	00:30,89	00:30,66	50 Libre	00:27,39	00:27,49	00:27,70	00:28,15							
					01:09,05	01:07,99	01:07,48	01:06,99	100 Libre	01:01,44	01:01,68	01:02,15	01:03,14							
					02:30,86	02:28,54	02:27,43	02:26,36	200 Libre	02:13,60	02:14,11	02:15,14	02:17,30							
06:44,34	06:15,36	05:53,22	05:35,53	05:23,65	05:15,75	05:10,89	05:08,57	05:06,32	400 Libre	04:48,25	04:49,34	04:51,57	04:56,23	05:03,83	05:15,31	05:32,48	05:54,13			
13:48,98	12:49,56	12:04,18	11:27,91	11:03,54	10:47,35	10:37,39	10:32,63	10:28,01	800 Libre	09:52,20	09:54,43	09:59,01	10:08,59	10:24,20	10:47,78	11:23,05	12:07,53			
26:14,00	24:21,17	22:55,01	21:46,15	20:59,87	20:29,13	20:10,22	20:01,19	19:52,42	1500 libre	19:00,88	19:05,19	19:14,00	19:32,47	20:02,54	20:47,96	21:55,92	23:21,60			
					00:35,35	00:34,67	00:34,34	00:34,03	50 Mariposa	00:30,61	00:30,75	00:31,02	00:31,60							
					01:20,28	01:18,73	01:17,99	01:17,28	100 Mariposa	01:08,48	01:08,78	01:09,40	01:10,69							
					02:56,27	02:52,85	02:51,23	02:49,67	200 Mariposa	02:33,28	02:33,95	02:35,33	02:38,23							
					00:37,25	00:36,62	00:36,32	00:36,03	50 Espalda	00:31,92	00:32,05	00:32,31	00:32,85							
					01:20,08	01:18,72	01:18,07	01:17,45	100 Espalda	01:08,96	01:09,24	01:09,79	01:10,97							
					02:51,28	02:48,38	02:47,00	02:45,66	200 Espalda	02:28,86	02:29,45	02:30,65	02:33,19							
					00:40,95	00:40,24	00:39,90	00:39,57	50 Braza	00:35,37	00:35,52	00:35,83	00:36,48							
					01:29,33	01:27,78	01:27,04	01:26,32	100 Braza	01:17,82	01:18,15	01:18,83	01:20,27							
					03:13,77	03:10,40	03:08,80	03:07,25	200 Braza	02:52,64	02:53,37	02:54,88	02:58,06							
					01:20,97	01:19,44	01:18,72	01:18,02	100 Estilos	01:09,09	01:09,39	01:10,01	01:11,32							
03:57,37	03:35,66	03:20,20	03:08,40	03:00,70	02:55,68	02:52,62	02:51,17	02:49,77	200 Estilos	02:34,08	02:34,72	02:36,03	02:38,80	02:43,33	02:50,29	03:00,96	03:14,94			
08:21,31	07:35,47	07:02,82	06:37,89	06:21,63	06:11,02	06:04,57	06:01,51	05:58,54	400 Estilos	05:29,57	05:30,94	05:33,75	05:39,65	05:49,36	06:04,25	06:27,07	06:56,96			
			02:17,07		02:11,11			02:06,06	4X50 libre		01:50,73		01:55,16		02:00,40					
			04:59,38		04:46,34			04:35,32	4X100 libre		04:05,64		04:15,48		04:27,11					
			10:55,68		10:27,14			10:02,99	4X200 libre		09:06,19		09:28,06		09:53,92					
			02:30,75		02:24,19			02:18,64	4X50 estilos		02:01,92		02:06,80		02:12,58					
			05:29,28		05:14,94			05:02,82	4X100 estilos		04:30,49		04:41,32		04:54,13					

MISTOAK/MIXTOS
4X50 libre
02:00,00
4X100 libre
04:25,00
4X50 estilos
02:10,00
4X100 estilos
04:51,0





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## GIPUZKOA OPEN SARIA

EMAKUMENZKOAK / FEMENINO			GUTXIENEOAK	GIZONEZKOAK / MASCULINO		
INFANTIL	JUNIOR	ABSOLUTO	MINIMAS	ABSOLUTO	JUNIOR	INFANTIL
2009-2008-2007	2006-2005	2004 y Ante...	2021-2022	2003 y Ante...	2004-2005	2006-2007
00:32,40	00:31,61	00:30,66	50 Libre	00:27,09	00:27,92	00:28,62
01:10,78	01:09,05	01:06,99	100 Libre	01:00,77	01:02,64	01:04,21
02:34,64	02:30,86	02:26,36	200 Libre	02:12,13	02:16,20	02:19,61
05:23,65	05:15,75	05:06,32	400 Libre	04:45,09	04:53,86	05:01,21
11:03,54	10:47,35	10:28,01	800 Libre	09:45,69		
		19:52,42	1500 Libre	18:48,35	19:23,09	19:52,17
00:36,10	00:35,00	00:33,73	50 Mariposa	00:30,23	00:31,31	00:32,23
01:21,98	01:19,49	01:16,60	100 Mariposa	01:07,62	01:10,03	01:12,09
02:59,98	02:54,52	02:48,17	200 Mariposa	02:31,34	02:36,75	02:41,36
00:37,93	00:36,93	00:35,75	50 Espalda	00:31,55	00:32,57	00:33,43
01:21,53	01:19,39	01:16,84	100 Espalda	01:08,17	01:10,37	01:12,22
02:54,39	02:49,80	02:44,36	200 Espalda	02:27,15	02:31,90	02:35,90
00:41,72	00:40,59	00:39,26	50 Braza	00:34,93	00:36,15	00:37,18
01:31,00	01:28,54	01:25,63	100 Braza	01:16,86	01:19,54	01:21,81
03:17,39	03:12,06	03:05,76	200 Braza	02:50,51	02:56,44	03:01,49
02:57,29	02:52,62	02:47,09	200 Estilos	02:32,23	02:37,39	02:41,76
06:14,43	06:04,57	05:52,90	400 Estilos	05:25,60	05:36,65	05:46,00

MISTOAK/MIXTOS
4X100 libre
04:18,00
4X100 estilos
04:43,0

25m-ko igerilekua eta kronometraje elektronikoari dagozkion gutxieneko denborak  
Mínimas referidas a piscina de 25 m. y cronometraje electrónico

\* Giltza diren gutxienekoak/\* Mínimas llave



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### TROFEOEN ZIRKUITOA / CIRCUITO DE TROFEOS

EMAKUMENZKOAK / FEMENINO			GUTXIENEOAK	GIZONEZKOAK / MASCULINO		
INFANTIL	JUNIOR	ABSOLUTO	MÍNIMAS	ABSOLUTO	JUNIOR	INFANTIL
2009-2008-2007	2003	2004 y Ante..	2021-2022	2003 y Ante...	2002	2006-2007
00:30,44	00:29,43	00:29,07	50 Libre	00:25,68	00:26,00	00:26,89
01:06,51	01:04,30	01:03,50	100 Libre	00:57,61	00:58,34	01:00,33
02:25,31	02:20,50	02:18,74	200 Libre	02:05,26	02:06,84	02:11,19
05:04,13	04:54,05	04:50,38	400 Libre	04:30,25	04:33,67	04:43,05
10:23,53	10:02,86	09:55,33	800 Libre			
			1500 libre	17:49,62	18:03,16	18:40,29
		00:31,42	50 Mariposa	00:28,44		
01:15,30	01:12,40	01:11,36	100 Mariposa	01:03,63	01:04,54	01:07,06
02:45,32	02:38,96	02:36,67	200 Mariposa	02:22,42	02:24,45	02:30,10
		00:33,55	50 Espalda	00:29,85		
01:15,69	01:13,08	01:12,13	100 Espalda	01:04,48	01:05,33	01:07,66
02:41,89	02:36,31	02:34,28	200 Espalda	02:19,18	02:21,01	02:26,05
		00:36,80	50 Braza	00:32,27		
01:24,32	01:21,34	01:20,27	100 Braza	01:11,01	01:11,94	01:14,51
03:02,90	02:56,45	02:54,11	200 Braza	02:37,52	02:39,59	02:45,30
01:16,07	01:13,20	01:12,17	100 Estilos	01:03,75	01:04,64	01:07,11
02:45,82	02:39,97	02:37,86	200 Estilos	02:22,69	02:24,60	02:29,88
05:50,20	05:37,86	05:33,38	400 Estilos	05:05,20	05:09,30	05:20,59

MISTOAK/MIXTOS
4X100 libre
04:18,00
4X100 estilos
04:43,0





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## IGERILARI OSOA / NADADOR COMPLETO

	IGERILARI OSOA / NADADOR COMPLETO		
	MASC		FEM
	2010	2011	2011
100M	02:00.00	02:08.00	02:10.00
100E	01:49.00	01:51.00	01:52.00
100B	01:55.00	02:01.00	02:02.00
100L	01:33.00	01:38.00	01:38.00
200L	03:28.00	03:33.00	03:36.00
200E	03:55.00	04:04.00	04:08.00
200B	04:32.00	04:15.00	04:16.00
400L	07:26.00	07:36.00	07:42.00
200X	03:53.00	03:58.00	04:01.00





# GIPUZKOAKO IGERIKETA FEDERAZIOA Federación Gipuzkoana de Natación

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## IGERIKETA EGOKITUA // NATACIÓN ADAPTADA

### NEGUA/INVIERNO, UDARA/VERANO, GIPUZKOA OPEN SARIA-RICHARD ORIBE

GIZONEZKOAK / MASCULINO														
	50L	100L	200L	400L	50E	100E	200E	50B	100B	200B	50M	100M	100EI	200EI
S1	01:49,31	03:52,26	08:29,21	x	02:16,81	x	x	02:33,79	x	x	03:22,01	x	x	x
S2	01:41,23	03:31,32	07:49,20	x	01:48,19	x	x	01:36,22	x	x	02:19,72	x	x	x
S3	01:12,84	02:40,77	5:35,92	x	01:15,76	x	x	01:22,91	x	x	01:35,38	x	x	07:52,39
S4	01:04,19	02:20,95	05:00,63	x	01:13,03	02:46,43	x	01:14,28	02:37,77	x	01:09,21	x	x	06:07,06
S5	00:54,80	01:56,94	04:10,52	x	00:59,91	02:10,64	x	01:12,16	02:36,46	x	00:58,39	02:13,01	02:15,07	04:48,84
S6	00:48,85	01:51,91	03:59,72	08:12,04	00:59,86	02:05,78	x	01:04,46	02:07,18	x	00:51,12	02:00,99	02:07,68	04:31,23
S7	00:47,31	01:43,17	03:54,62	07:57,32	00:55,67	01:58,87	04:36,24	01:01,78	02:03,97	04:45,68	00:50,42	01:56,68	02:01,95	04:21,84
S8	00:44,13	01:36,57	03:43,30	07:34,99	00:52,76	01:48,27	04:16,65	00:53,98	01:54,58	04:13,04	00:47,94	01:43,36	01:50,56	04:00,96
S9	00:42,97	01:34,56	03:29,55	07:07,37	00:50,95	01:45,59	03:52,14	00:49,86	01:49,47	04:03,27	00:46,51	01:41,28	01:41,00	03:48,45
S10	00:39,60	01:26,98	03:15,72	06:46,47	00:47,63	01:42,61	03:50,91	x	x	x	00:43,17	01:35,74	01:38,63	03:42,31
S11	00:43,21	01:36,90	03:33,02	07:26,01	00:55,24	01:55,83	04:22,34	00:55,48	01:59,83	04:37,97	00:47,89	01:44,51	01:58,63	04:03,50
S12	00:39,31	01:27,05	03:24,22	07:00,56	00:48,15	01:41,48	03:56,14	00:52,18	01:52,90	04:23,47	00:45,09	01:37,19	01:41,62	03:43,78
S13	00:40,61	01:27,29	03:16,69	06:42,80	00:47,14	01:37,41	03:51,27	00:51,12	01:48,72	04:14,49	00:41,94	01:33,91	01:46,36	03:31,67
S14	00:42,97	01:34,56	03:29,55	07:13,68	00:50,95	01:44,22	04:02,73	00:51,29	01:52,85	04:16,22	00:46,16	01:40,20	01:41,00	03:47,75
S14D	00:44,13	01:36,57	03:43,30	07:34,99	00:52,76	01:48,27	04:16,65	01:01,78	02:03,97	04:45,68	00:47,94	01:43,36	01:50,56	04:00,96
EMAKUMEZKOAK / FEMENINO														
	50L	100L	200L	400L	50E	100E	200E	50B	100B	200B	50M	100M	100EI	200EI
S1	02:26,65	04:35,87	09:23,71	x	02:01,35	x	x	02:57,64	x	x	02:34,87	x	x	x
S2	01:53,73	03:54,18	08:15,94	x	01:47,72	x	x	02:04,17	x	x	01:45,84	x	x	x
S3	01:20,59	02:46,85	06:26,52	x	01:36,81	x	x	01:32,69	x	x	01:35,75	x	x	x
S4	01:11,34	02:38,03	05:31,54	x	01:22,91	02:57,68	x	01:22,86	02:57,82	x	01:36,37	x	x	x
S5	01:01,35	02:11,06	04:41,47	x	01:06,14	02:38,87	x	01:14,34	02:40,48	x	01:09,27	03:21,16	02:41,37	05:30,76
S6	00:59,45	02:05,39	04:29,18	09:05,77	01:08,19	02:24,85	x	01:16,77	02:43,31	x	01:01,64	02:32,64	02:34,63	05:15,33
S7	00:54,10	01:56,32	04:10,40	08:31,31	01:06,75	02:19,48	05:00,37	01:11,93	02:31,38	05:43,87	00:57,81	02:17,03	02:03,57	04:48,01
S8	00:51,77	01:52,22	04:01,32	08:02,69	01:03,35	02:07,15	05:05,57	01:02,19	02:11,95	04:57,34	00:55,86	01:59,33	02:03,57	04:26,75
S9	00:49,65	01:44,44	03:42,09	07:31,10	00:57,50	01:58,50	04:13,57	01:02,27	02:11,54	04:57,70	00:54,68	01:54,12	01:41,00	04:12,78
S10	00:48,52	01:42,85	03:47,85	07:41,66	00:54,51	01:52,68	04:06,09	x	x	x	00:48,52	01:49,35	01:54,02	04:09,05
S11	00:52,90	01:55,06	04:22,17	08:51,40	01:02,39	02:14,38	04:52,20	01:08,24	02:29,40	05:26,91	00:56,85	02:08,53	02:14,60	04:45,41
S12	00:45,99	01:39,87	03:52,45	07:54,29	00:57,06	01:56,26	04:18,42	00:59,96	02:10,12	05:01,02	00:51,41	01:47,91	01:57,81	04:13,07
S13	00:46,81	01:40,66	03:44,72	07:39,36	00:55,76	01:55,06	04:25,11	01:02,02	02:11,87	04:53,24	00:52,05	01:52,77	02:01,85	04:12,46
S14	00:49,65	01:44,44	03:42,09	08:07,34	00:57,50	01:52,29	04:10,35	01:00,15	02:11,41	04:45,56	00:52,58	01:58,10	01:54,02	04:16,01
S14D	00:51,77	01:52,22	04:01,32	08:02,69	01:03,35	02:07,15	05:05,57	01:11,93	02:31,38	04:57,34	00:55,86	01:59,33	02:03,57	04:26,75

25m-ko igerilekua eta kronometraje elektronikoari dagozkion gutxieneko denborak

Mínimas referidas a piscina de 25 m. y cronometraje electrónico

