



Impact of Education on Students' health

*-“Being healthy is not a goal, it’s a
way of living.”*



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- Gayathri(19-5P1)
- Vandana(19-5P7)
- Greeshma(19-5P9)
- Harshita(19-5K9)

Why this problem statement?



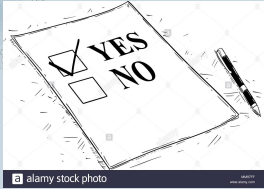
**Creative and
imaginative
students**

**Students lacking
physical fitness**

**Stressful and
unhealthy
students**

In order to achieve higher goals or fulfill their dreams, it's more important to have a healthier state of mind and body because no wealth would buy health and happiness. So not just mere education but also proper care of health should be taken.

What did we do and Analyse?



Primary survey

- From the primary survey, we came to know that many students are facing health issues due to stress.

Secondary survey

- After going through several articles and papers, we've got an idea about the actual scenario

Data study

- Databases
- Research Papers

Gap Analysis

In the present world, not much priority to health is given as given to education. In the future ,there must be a proper balance between health and education.



Phases

Empathise

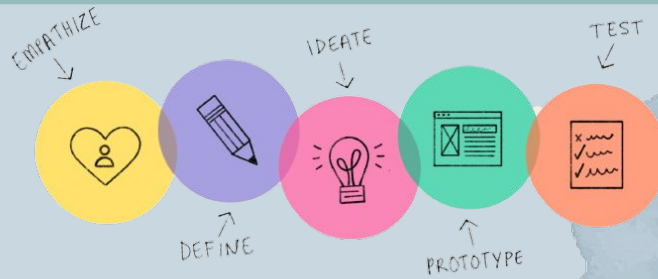
- Student's Mindset
- Empathy map

Define

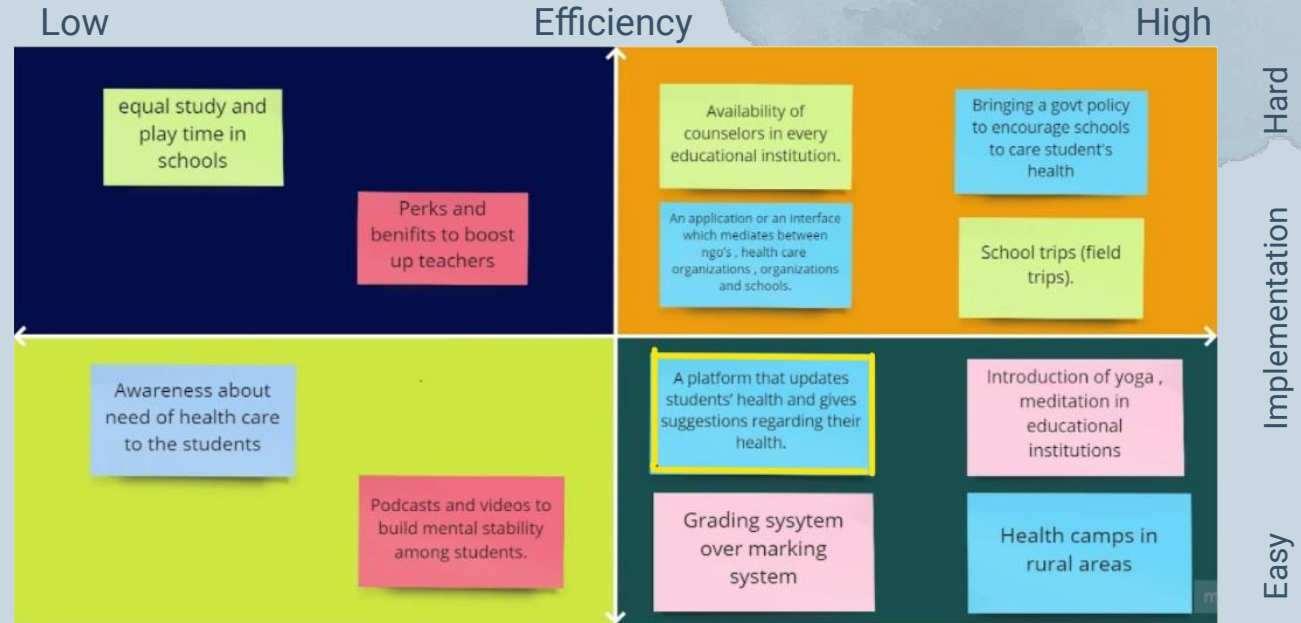
- Point of view
- How might we?

Ideate

- Mindmap
- 2x2 matrix



2*2 matrix



Idea selected



A platform that updates students' health and gives suggestions regarding their health.

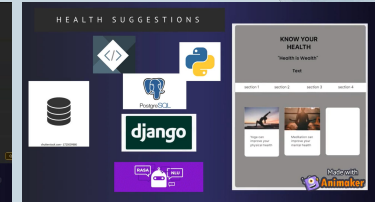
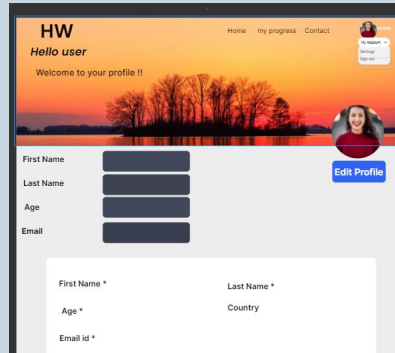
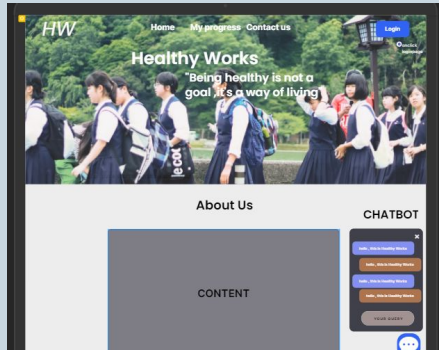
Prototype Design



Wireframes



Video



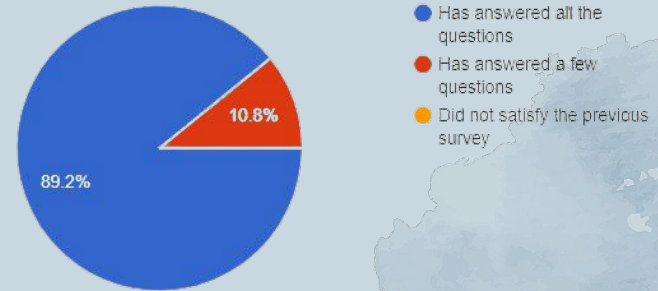
Implementation

Website



Testing

We have tested our prototype by collecting various responses through google forms from secondary school students about how are idea actually is !



Conclusions

Stress among students is the most pressing issue which has to be addressed in today's society.



Developed a website to cheer up students and give health suggestions accordingly.

After testing the prototype, we felt many students are happy with our idea and are willing to make the best use of it !



Have tried our best to come up with this solution to solve a major issue faced by many students and hoping that our idea would be successful and help students to the maximum extent.



Thank you