I got all of my sounds off of FreeSound, except the one I recorded myself.

Alarm: Bone666138

Waking Up: Khenshom- Man waking up from sleep

Weights: 14panskabubik- lukas\_\_lifting-weights

Shower:yetcop- shower bath bucket being dragged

Class: Theyoungphilosopher- Spanish class

Confusion: Myself

PlayStation: Caitlin-100- Playstation Turning on

Sleep: Felix-blume- A ping grunting