

## # FIRST AID TERMINOLOGY

# Basic terms and concepts for emergency medical assistance and first aid

### ## Emergency Terms

emergency

urgent

critical

911

ambulance

paramedic

EMS

first responder

life-threatening

medical help

### ## Basic First Aid Actions

assess

monitor

treat

stabilize

position

apply

clean

bandage

immobilize

transport

### ## Vital Signs

pulse

breathing  
blood pressure  
temperature  
consciousness  
heart rate  
respiratory rate  
oxygen saturation  
pupil response  
skin color

## ## Injuries

cut  
burn  
fracture  
sprain  
strain  
bruise  
abrasion  
laceration  
puncture  
concussion

## ## Medical Conditions

shock  
choking  
bleeding  
stroke  
heart attack  
seizure  
allergic reaction

heat exhaustion

hypothermia

fainting

## ## First Aid Supplies

bandage

gauze

tape

splint

gloves

antiseptic

ice pack

blanket

scissors

tweezers

## ## Anatomical Areas

head

chest

abdomen

arm

leg

back

neck

hand

foot

face

## ## Assessment Terms

responsive

unresponsive

alert

disoriented

stable

unstable

improving

worsening

painful

swollen

## ## First Aid Techniques

CPR

rescue breathing

Heimlich maneuver

recovery position

direct pressure

elevation

compression

RICE

wound cleaning

AED use

## ## First Aid Emojis

 (ambulance)

 (bandage)

 (heart)


 (blood)

 (pill)

 (ice)

 (fire/burn)

 (injection)

 (bone)

 (brain)