

Breadible: Nutritional Facts

The place to find calories, serving sizes, and nutritional values of all of Breadible's products.

	Serving Size	Calories	Fat(g)	Cholesterol(mg)	Sodium(mg)	Carbs	Sugars	Protein
Classic Croissant	62g	240	12g	30mg	330mg	28g	5g	5g
Muffin	17g	67	3g	7mg	54mg	8g	5g	1g
Cookies	12g	57	3g	0mg	36mg	8g	4g	1g
Chocolate Croissant	80g	300	17g	30mg	220mg	34g	10g	5g
Bagel	57g	146	1g	0mg	255mg	29g	3g	6g
Scones	120g	460	22g	75mg	420mg	61g	17g	7g
Cinnamon Roll	44g	145	5g	0mg	340mg	23g	10g	2g
Tomato Soup	121g	73	1g	0mg	667mg	16g	10g	2g
Seafood Chowder	225g	190	4.9g	56mg	586mg	11.71g	6.12g	23.74g
Chicken Noodle Soup	303g	158	6g	33mg	1630mg	18g	2g	8g
Grilled Cheese	177g	580	29g	65mg	1110mg	57g	7g	28g
Cheesesteak	250g	602	24g	90mg	1182mg	60g	7g	37g
Turkey Sandwich	213g	350	4.5g	50mg	2020mg	45g	8g	28.5g
Eggplant Pasta	160g	181	7g	6.1mg	996mg	24g	4g	8g
Gnocchi in Mushroom Sauce	250g	393	17.4g	59.2mg	511.4mg	43.7g	3.2g	15g
Lasagna	297g	377	14g	45mg	832mg	38g	6g	25g
Sausage Ravioli	118g	240	4.5g	10mg	210mg	39.1g	0.9g	9g
Fettuccine Alfredo	216g	450	24g	5mg	1050mg	44g	5g	11g
Caesar Salad	120g	265	15g	53mg	535mg	16g	1g	19g
Chicken Salad	223g	240	7g	40mg	520mg	26g	5g	12g
Greek Salad	326g	348	18g	33mg	1043mg	36g	7g	14g
Kale Salad	104g	100	4g	0mg	35mg	15g	5g	4g
Water	30g	0	0g	0mg	1mg	0g	0g	0g
Lemonade	36g	66	0g	0mg	1mg	17g	15g	0g
Ice Tea	340g	5	0g	0mg	10mg	0g	0g	0g
Coffee	340g	2	0g	0mg	5mg	1g	0g	1g
Apple Juice	248g	114	0g	0mg	10mg	28g	24g	0g