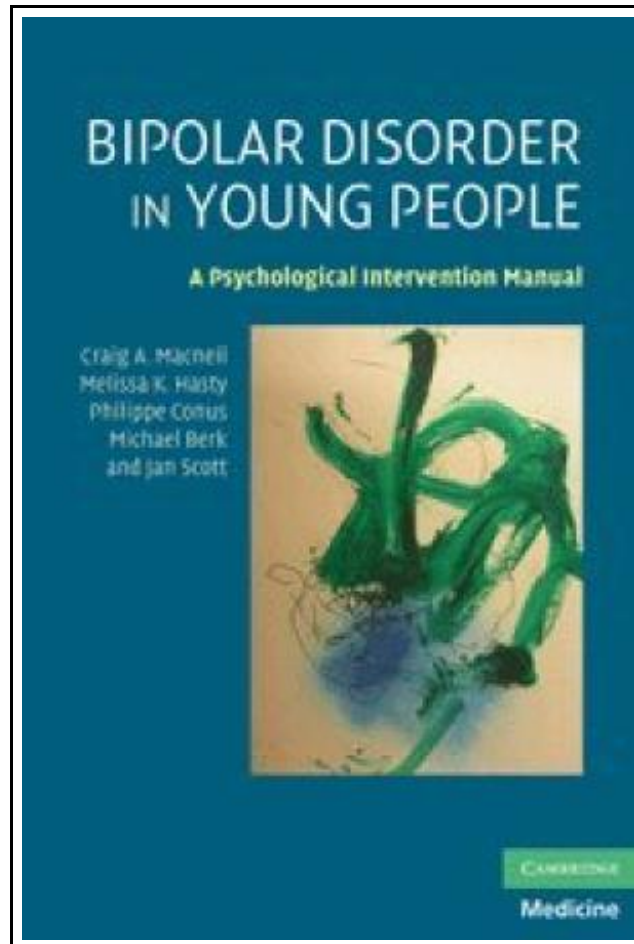


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Reviews

This publication is great. It is full of wisdom and knowledge You will not really feel monotony at at any time of the time (that's what catalogs are for relating to when you ask me).

(Dr. Everett Dicki DDS)

BIPOLAR DISORDER IN YOUNG PEOPLE: A PSYCHOLOGICAL INTERVENTION MANUAL



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Cambridge University Press. Paperback. Book Condition: new. BRAND NEW, Bipolar Disorder in Young People: A Psychological Intervention Manual, Craig A. Macneil, Melissa K. Hasty, Philippe Conus, Michael Berk, Jan Scott, As research emerges on the effectiveness of psychological therapies for bipolar disorder, this is the first manual guiding the treatment of those in adolescence and early adulthood, taking into account the developmental issues which can have significant impact on therapeutic outcomes. Core issues covered include engagement difficulties, how cognitive therapy should be adapted for adolescents, the impact of the disorder on the person's psychosocial development, managing comorbidity (particularly alcohol and substance use), medication adherence, the impact of family dynamics, and issues around control and independence in the therapeutic relationship. The manual is illustrated with case studies and text boxes describing tips and techniques for the therapist. Providing clear clinical guidance, backed by an extensive literature review and theoretical overview, this is essential reading for all mental health specialists implementing psychological interventions for young people with bipolar disorder.



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