



## Sound Spirit: How Our Faith Makes Us Human

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By Don Campbell

Hay House Inc. Mixed media product. Book Condition: new. BRAND NEW, Sound Spirit: How Our Faith Makes Us Human, Don Campbell, Every day our Spirit is tested by faith in what we see, feel, and do. From times of great pain and stress to those of joy and deep balance, sound is a constant companion to the Spirit. Our affirmations, prayers, and songs invite the Spirit to awaken and encourage us. Don Campbell, writer, musician, and interfaith minister invites us to look into our inner world and explore how we can use sound and music to make sacred contact with the mystical, the practical and the creative. This inspired book and CD will be a constant reminder of the many ways we can keep our faith steady in times of challenge. When doubt and fear come our way, the power of the Sound Spirit can bring us to better understanding of how to alleviate these feelings and help us develop a heightened state of inspiration and awareness.



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