



## Wi\$e Up Women: A Guide to Total Fiscal and Physical Well-Being

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By Jeannette Bajalia

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Women control more than 60 percent of the wealth in this country, yet few financial models consider the relevant issues specific to women - particularly in understanding the impact that physical and emotional needs can have on financial wealth. Over 90 percent of women feel financially insecure, and half of those women report the fear of becoming financially destitute. Women are at greater financial risk because of longer life expectancy, historically lower earnings, care-giving interruptions and fewer retirement resources. Adding in sudden life events such as widowhood, divorce or job loss, these strains can wreak havoc on women s emotional and financial health. This book focuses on the need for life planning and offers strategies that all women who desire to be financially independent and experience optimal well-being should consider. Author and financial advisor Jeannette Bajalia focuses on the health/wealth connection to help women have the quality of life they desire during various stages of retirement. She provides a guide for protecting and preserving the lifestyle of the women she works with, and shares insights on the emotional,...



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