



## The Serious Pursuit of Happiness: Everything You Need to Know to Flourish and Thrive

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By Jr. Henry S Miller

Wisdom House Media LLC, United States, 2013. Paperback.  
Book Condition: New. 203 x 132 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.A timeless summary of everything scientific research has proven you ever need to know to live your best life, The Serious Pursuit of Happiness is written as a potentially life-changing combination of 10 textbook, 80 happiness roadmap, and 10 action planner. Just 3 hours of reading time is all you need to invest to learn what you need to know to live the happiest and most fulfilling life possible! Here s why: Most people, when asked if they would like to be happy, reply along these lines: Sure. Just tell me what to do! And that s exactly what this book does. Rich in prescribed actions and rooted in comprehensive research - Miller s book is unparalleled in its ability to help the reader learn exactly what to do - and what not to do - to flourish and thrive - beginning now. Deliberately designed to be a prescriptive, one-stop happiness shop, this classic and timeless how to book is the ultimate self-help guide to well being - containing over 400 specific, practical, powerful, and...



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