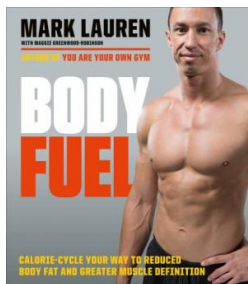


## Body Fuel: Calorie-Cycle Your Way to Reduced Body Fat and Greater Muscle Definition



### Book Review

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(Dr. Dorothy Daniel)

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