



## Building Understanding and Enhancing the International Student Integration at The Hague University of Applied Sciences

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GRIN Verlag Mrz 2016, 2016. Taschenbuch. Book Condition: Neu. 210x148x3 mm. This item is printed on demand - Print on Demand Neuware - Project Report from the year 2014 in the subject Sociology - Communication, grade: A, The Hague University, course: Master in International Communication, language: English, abstract: When students are traveling to study abroad, they may face different issues such as loneliness, isolation, discrimination that may affect their academic performance and cause stress and mental health problems directly or indirectly. Di Tommaso and Spinner found out that integration into social networks is the best predictor of lower levels of social loneliness. Universities provide support for international students and it is intended to facilitate an optimal (from the point of view of the universities) academic and social adjustment, however, causing boring and lonely social life 'outside the classroom' and feeling a lack of belonging contribute to their sense of alienation in the host society. Due to the heavy study load and stress and because of lack of time, international students tend to have more in-door activities. Because of the developed technologies and internet, most of them prefer to communicate through social media: especially when they encounter problems in their daily...



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