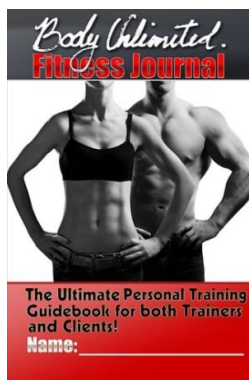


The Body Unlimited Fitness Journal: The Personal Training Guidebook/Journal for Clients and Personal Trainers



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Book Review

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