



Offerings at the Edge

By Alexandra Kennedy

iUniverse, United States, 2007. Paperback. Book Condition: New. 223 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.To open to everything as it is, and to see how the sacred shines through the most ordinary moments, this is the gift we are offered here. In this jewel-like collection of poems, we experience the magic inherent in the mundane and are left asking ourselves, how did I miss all this before? Author and psychotherapist Alexandra Kennedy transports us to the edge of ordinary consciousness. She offers us glimpses into a larger world-the one hiding right here, out in the open, waiting for us to be fully present. Through her eyes, we realize the interconnectedness of all things in a spider's web, experience the devastating grandeur of a hurricane, revel in the antics of shoes in a department store, and enjoy an extraordinary ordinary ride down Main Street. As we read these offerings, we feel the pulse and heartbeat of the mystery that lives in us all, and we taste Alexandra's view of the essential stillness and joy that is everywhere around us.



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