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How Could You Do This to ME?

By Jane Greer

Bantam Doubleday Dell Publishing Group Inc, United States, 1998. Paperback. Book Condition: New. Main Street Books ed. 140 x 137 mm. Language: English . Brand New Book. * How did I let this happen? * Why didn't I see this coming? * Did everyone see it but me? * Am I too trusting? * I can't let this happen again! At one time or another, we have all been betrayed by someone we trusted. We have all felt the sting of deceit, the shattering of confidence. When the people we count on betray our trust, the wound is deep and long-lasting. But it doesn't have to be this way. How Could You Do This to Me? shows you that you don't have to be the victim of broken trust, betrayal, or lies. Quite simply, trust is an active, not a passive, process. You can take control of your life by learning how to change your attitudes and expectations of others--be they spouse, lover, colleague, family member, or friend. How Could You Do This to Me? tells you how to spot the warning signs that someone you trust may actually be untrustworthy. You'll learn about the roots of trust, why you may be trusting too blindly,...



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