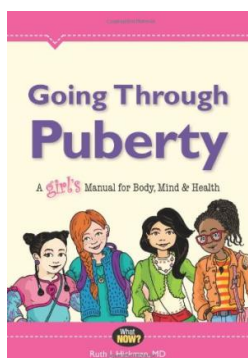


## Going Through Puberty: A Girl s Manual for Body, Mind Health



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