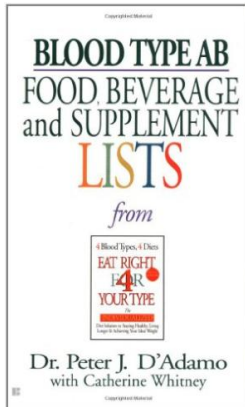


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Penguin Putnam Inc, United States, 2002. Paperback. Book Condition: New. Reissue. 168 x 102 mm. Language: English . Brand New Book. The Eat Right 4 (For) Your Type portable and personal blood type guide to staying healthy and achieving your ideal weight. Different blood types mean different body chemistry. If your blood type is AB, enjoy your best health with plenty of vegetables, but balance it with meat protein. Carry this guide with you to the grocery store, restaurants, even on...

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