



Saved by Tennis: Retirement and Ageing

By Lawrence Greene

Createspace, United States, 2014. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.Saved By Tennis is a love letter to tennis written by Lawrence Greene, a retired university professor who took up tennis from scratch when he was 70-years-old. After spinal surgery for a compressed nerve in his back when he was 70 he was no longer able to go on long jogs three times a week and found that he had a huge amount of time on his hands. After consulting with his neurosurgeon he decided to learn to play tennis. This memoir describes the challenges he faced in learning to play a completely new sport as a 70-year-old. This experience led him to reflect on the importance of having several hobbies or avocations in hand when you retire, a topic which he discusses at the beginning of the book. The book relates the author's experiences at his local Lawn Tennis Club, first in a beginner's class and then in an over-45s group. He then tells about playing singles friendlies, his participation in the Club's competitive singles ladder, and his travails in trying to improve his...



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Reviews

It is easy to read through easier to fully grasp. It had been written very completely and useful. I am pleased to let you know that here is the greatest book we have read during my personal life and could be the very best book for possibly.

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It is really a remarkable publication I actually have possibly study. It usually is not going to cost excessive. It has been written in an exceedingly basic way and is particularly only right after I finished reading this publication through which basically transformed me, affect the way I think.

-- Dr. Breana O'Kon