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Grow Up: A Man's Guide to Masculine Emotional Intelligence

By Owen Marcus

New Tribe Press, United States, 2013. Paperback. Book Condition: New. 228 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Grow up. Be a man. We've all heard that before, and we often get defensive when we hear it. And as modern men we often live our lives on the defensive - struggling in relationships, on the job and often feeling alone to figure it out ourselves. In the pages of this book, Owen Marcus leads us along an enlightening path toward the authentic self, one that embraces and respects gender and masculinity. Marcus reveals that men aren't immature or broken; they just need clarity, purpose, connection and the support of other men. Grow Up takes you through 9 stages of growing up where you will discover: Why professional success alone does not fulfill What may be missing and how to find it How we inadvertently self-sabotage and how to stop How to honor and attract women as your authentic self How to earn and maintain the respect of your peers How understanding your own Masculine Emotional Intelligence will lead you to a happier, more fulfilling life Owen Marcus has spent years studying and...



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Reviews

I actually started looking over this publication. It really is rally interesting throgh studying period. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- **Dana Hintz**

Good electronic book and valuable one. It really is basic but unexpected situations in the 50 percent in the pdf. You wont really feel monotony at at any moment of your time (that's what catalogues are for concerning when you ask me).

-- **Elisa Reinger**