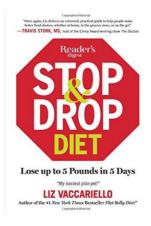
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Reader s Digest Association, United States, 2015. Hardback. Book Condition: New. 259 x 185 mm. Language: English. Brand New Book. New York Times best-selling author and Reader s Digest editor-in-chief Liz Vaccariello presents the easiest diet ever, offering quick and easy meals you can find or make anywhere you go using your favorite everyday brand-name foods so you can drop up to a pound a day! Want to drop up to a pound a day? You don t have...

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