



## Sex Education: A Young Person's Guide

By Charlotte Crowder

Need2Know. Paperback. Book Condition: new. BRAND NEW PRINT ON DEMAND., Sex Education: A Young Person's Guide, Charlotte Crowder, This book is targeted at teenagers and pre-teens, beginning around age 11 when they are first introduced to sex education. This way they will be armed ahead with the information and later, when choices present themselves, may possibly be able call on the decision-making skills introduced. This educational guide is designed to be read alone or together with an adult, or possibly in the context of a sex education class. To facilitate cross-generational discussion, each chapter includes a list of discussion points readers may address with key adults in their lives. Contained within its pages you'll find basic information about the physical changes of puberty, as well as reproduction, sexually transmitted infections, and safe sex practices. Also it covers the emotional changes of puberty and the challenges of adolescence. It offers straightforward suggestions for dealing with dating situations and responsible sexual actions.



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