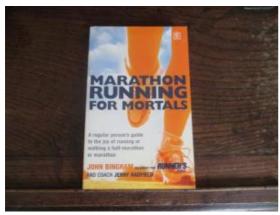
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# MARATHON RUNNING FOR MORTALS: AN ORDINARY MORTAL'S GUIDE TO THE JOY OF RUNNING OR WALKING A MARATHON OR HALF-MARATHON



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- Authored by Bingham, John; Hadfield, Jenny
- Released at 2004



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