



Pasta madre, pane nuovo, grani antichi. Ricettario illustrato.

By Scialdone Antonella

Il Sole 24 Ore Edagricole, 2015. Book Condition: new. Bologna, 2015; ril., pp. 256, ill. 55 ricette di lievitati per pani nuovi da grani antichi, presentati in 5 capitoli che vanno dal pane nero ai pani dolci, con diverse incursioni nel mondo dei lievitati vegan, 1 capitolo interamente dedicato alla storia e alle farine utilizzate, dove vengono presi in esame gli aspetti della provenienza, delle caratteristiche nutrizionali e organolettiche. Questo nuovo ricettario rappresenta la raccolta dei frutti di un lungo lavoro di ricerca e sperimentazione con le "nuove farine" e le diverse paste madri, non solo di frumento e kamut, ma anche di segale, di farro e di grano duro. Un percorso per esplorare territori completamente nuovi, alla ricerca di un pane nuovo nato da grani antichi.



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