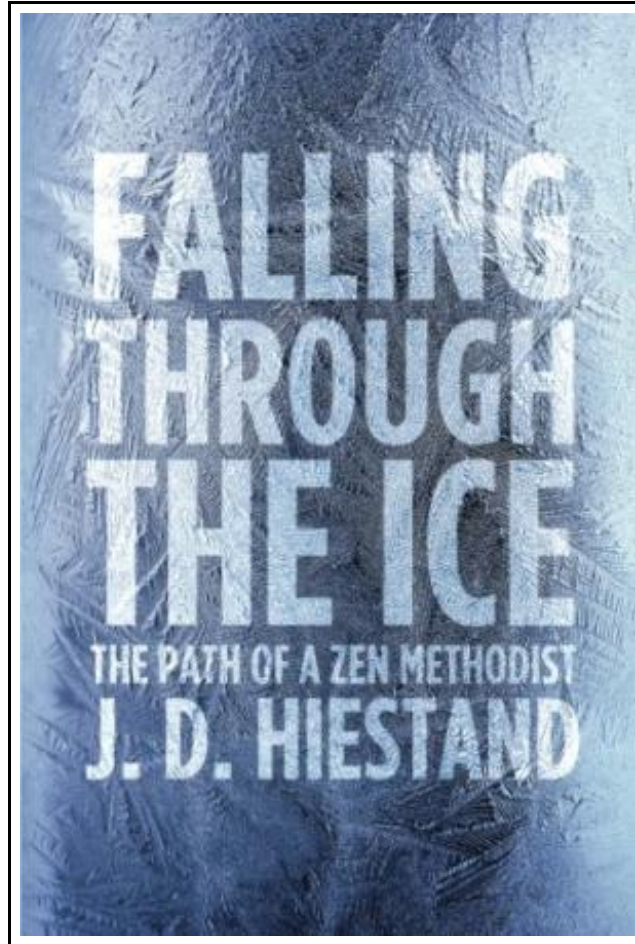


## Falling Through the Ice: The Path of a Zen Methodist



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Resource Publications (CA), United States, 2014. Paperback. Book Condition: New. 226 x 150 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Why a journey from Zen to Methodism? Two friends embark on a dual path of discovery while driving from Portland to Denver. The miles take them through the beautiful scenery of the Pacific Northwest as their souls traverse the spiritual landscapes of a lifetime. The journey begins in the San Francisco Bay Area of the 1960s with the nascent American Zen movement led by Shunryu Suzuki. From there it winds through the years, passing through Christianity and pop culture, John Cage and avant-garde music, the haunting beauty of Taize worship, Celtic Christianity, spiritual naturalism, the painful failures of the modern church, and the promise the church may still hold. The barren landscape of southern Wyoming becomes a fitting backdrop for one friend's growing skepticism as the spiritual past seems more and more disconnected from the present uncertainty. Unexpectedly, the practical theology of eighteenth-century theologian John Wesley, the founder of Methodism, offers the possibility of merging these disparate spiritual experiences together into a single pathway. Transformation, however, inevitably involves loss when the friends find their roads diverging as the destination approaches: one branching towards hope, and the other towards despair. *Falling Through the Ice* is a page turner and a beautifully crafted autobiographical story that pulls one into mysteries of choice, and chance, and grace. . . . This life-journey, told as a road trip, deftly explores key features of the expansive and down to earth contemplative traditions taught by Shunryu Suzuki-roshi and Shalem Institute's Gerald May. Along the way, the precise account of Methodist Christianity's emphases makes clear that the subtitle *Zen Methodist* is an expression of profound faithfulness. The end of the...

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