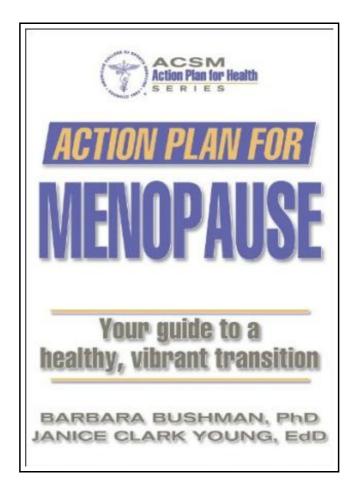
Action Plan for Menopause: Your Guide to a Healthy, Vibrant Transition



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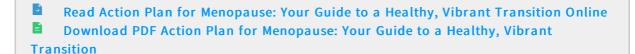
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(Joana Ziemann)

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