



Recognition of the Obvious

By Wu Hsin

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Trying to grasp the teachings of Wu Hsin is like trying to grasp the wind in the palm of your hand. While they are as refreshing and fragrant as a fresh breeze, they can also be as devastating as a wildfire. Wu Hsin doesn't provide answers to the questions of life because life is its own answer. It is what-is. It moves, it flows, it breathes itself into and through everything. Instead, the writings of Wu Hsin expose, without compromise, the fundamental misconception that there is something called an individual that needs to find something else outside of itself. Admittedly, the sense of being a separate individual feels very real and affects every part of that apparent experience. Wu Hsin makes it abundantly clear; however, that this is a state of contracted energy, a sense of having lost something unnamable.



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