



## Battling a Brain Injury: The Life That Jack Built

By Jack Martindale

Austin Macauley Publishers. Paperback. Book Condition: new. BRAND NEW, Battling a Brain Injury: The Life That Jack Built, Jack Martindale, A pragmatic and moving account, of how the author came to terms with a Traumatic Brain Injury (TBI) and learned to live life to the full once more. The fact that the author was only twenty-one at the time makes this portrayal all the more poignant. It is hoped that this book will reach others in similar positions and help them realise that some of the emotions they feel may be unique to them but that the frustrations they feel are felt by others and they are not alone in having these feelings. The author advocates never giving up and he is proof, that with determination, people who suffer TBIs can go on and achieve many things, he went on to complete his degree coming out with a 2:1, an inspiration indeed.



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