

**a note:**

In case you weren't aware, our newsletters are interactive. Hover over an image or highlighted text and it will take you to more information.

We hope you enjoy this month's edition, and don't forget to take care of yourself.

**a music video:**

*cellophane*, FKA Twigs

In a vulnerable lyrical confession, FKA twigs explores the notion of ascending and falling through oneself. The music video for 'cellophane', directed by Andrew Thomas Huang, challenges the deprecating depiction of women in male-driven pop culture. The visual narrative asserts an unprecedented virtuosity and liberty in the act of stripping as she dances for no one but her own catharsis.

**some books:**

*Building Change*, Lisa Findley

An investigation into the relationship between space and power, Findley breaks down the spatial strategies used to support colonialism and globalisation to challenge a shifting of political and cultural hegemony through architecture.

**an exhibition:**

*Art on My Mind*, visual politics

*bell hooks*

If you haven't caught wind of it, the *Resene Architecture and Design Film Festival 2021* will be playing across New Zealand starting this month. Go and get some inspiration! Check the Resene website for more information.

**a project:**

*Eyes as Big as Plates*, Riitta Ikonen and Karoline Hjorth

To serve: pile up the pancakes on each plate, spoon over the sauce before garnishing with the walnuts (crushed) and lemon zest.

**a documentary:**

*This is a Robbery: The World's Biggest Art Heist* (Netflix)

**a recipe:**

*Spiced buckwheat pancakes, blueberry compote, miso-tahini sauce, walnut and lemon*

Mika: "As we slide slowly into the winter months, cosier, warming foods become a must. While these pancakes are ideal for a slow Sunday morning, there is absolutely no reason why you can't dig into these for lunch or hug yourself from the inside by ending your day with them. Fluffy, hearty, nourishing, and totally worth it."

**an insta:**

*Rāhui*

ETHAN: "I was recommended to read about bell hooks, an African-American cultural critic known formally as Gloria Jean Watkins. She discusses what art can do for people, personally, politically, and passionately argues the case for it. It criticizes the structures of white supremacist capitalist patriarchy that is evident in the exclusion and limitation of the art world. But truly, my attempted summary does her no justice. Her Instagram page is worth following."

**an exhibition:**

*Te Mana o te Maori* (Te Mana o te Maori)

Back to the pancakes: place a heavy based frying pan on a high heat to warm through then lower to medium. Spoon batter onto pan in desired amount (this batter makes 4 large pancakes or 6 smaller ones). Fry until both sides are golden brown.

**a project:**

*Emily Karaka - RĀHUI*

Emily Karaka exhibits Rāhui, a collection born out of the artist's residency at the McCahon House earlier this year. Karaka alludes to the environmental ramifications resulting from a disregard for mātauranga Māori with references to the rāhui placed on Te Wao Nui a Tiriwa (the Waitakere forest) by Te Kawerau ā Maki (one of her iwi) in order to protect it from 'kauri dieback'.

**a documentary:**

*Eet smakelijk!*

**every month we will pose a question for you to think about. If you would like to share your thoughts with us, we'd love to hear them! Send us a message on Insta or via email and at the end of the month we'll create a feature on our site.**

**note:** fresh feijoa goes well in place of the blueberry compote too!

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[ a question: ]

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What does spatial agency mean to you?