

5) Now we turn to Topic II on p. QF1 -- i.e. quantization of A_n . We do this by analogy with the well-known QM of the simple harmonic oscillator (SHO). The exercise provides a natural context for the "photon" concept. The reason for invoking the SHO is that the "normal modes" of the EM radiation field can be thought of -- by means of Fourier's Theorem -- as a continuous distribution of elementary oscillators.

Single-mode, standing-wave realization of the EM field. [Davydov, § 80]. (QF6)

Define terms...

$$(1) \mathbf{k} = \text{wave vector}, k = |\mathbf{k}| = \text{wave number} \begin{cases} \text{wavelength: } \lambda = 2\pi/k, \\ \text{plan freq.: } \omega = kc. \end{cases} \quad (15a)$$

$$(2) \hat{\mathbf{e}} = \text{unit polarization vector} \begin{cases} \hat{\mathbf{e}} = \text{unit vector in direction of } \mathbf{E}_n. \text{ NOTE: there} \\ \text{are two indep}^t \text{ polarizations for each transverse wave.} \end{cases} \quad (15b)$$

(3) Drop subscript "n" for the radiation fields. All fields calculated henceforth are exclusively free radiation fields (no sources present, etc.) *

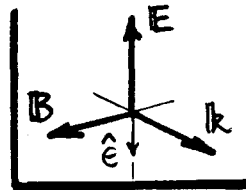
To begin, consider vector potential for a standing EM wave at wave vector \mathbf{k} and polarization $\hat{\mathbf{e}}$ (a single mode); it is...

$$\rightarrow \mathbf{A} = \hat{\mathbf{e}} \zeta \cos(\mathbf{k} \cdot \mathbf{r}), \text{ obeying: } (\nabla^2 + k^2) \mathbf{A} = 0, \text{ standing wave eqn.} \quad (16)$$

The amplitude ζ of \mathbf{A} , which is arbitrary in time, turns out to be the generalized "position" coordinate for this elementary EM field oscillator.

For a free radiation field, we can choose $\phi = 0$ & $\nabla \cdot \mathbf{A} = 0$ (Coulomb gauge). Then the fields accompanying \mathbf{A} of Eq. (16) are:

$$\left\{ \begin{array}{l} \text{electric field: } \mathbf{E} = -\frac{1}{c} \partial \mathbf{A} / \partial t = -\hat{\mathbf{e}} (\dot{\zeta}/c) \cos(\mathbf{k} \cdot \mathbf{r}); \\ \text{magnetic field: } \mathbf{B} = \nabla \times \mathbf{A} = -(\mathbf{k} \times \hat{\mathbf{e}}) \zeta \sin(\mathbf{k} \cdot \mathbf{r}). \end{array} \right\} \quad (17)$$



We have a transverse EM wave, since $\mathbf{E} \cdot \mathbf{B} = 0$, and both fields are $\perp \mathbf{k}$. The directions \mathbf{k} , \mathbf{E} & \mathbf{B} are mutually \perp .

The energy density of the standing wave in Eq. (17) is, locally...

$$\rightarrow U = \frac{1}{8\pi} (\mathbf{E}^2 + \mathbf{B}^2) = \frac{1}{8\pi} [(\dot{\zeta}/c)^2 \cos^2(\mathbf{k} \cdot \mathbf{r}) + k^2 \zeta^2 \sin^2(\mathbf{k} \cdot \mathbf{r})]. \quad (18)$$

Over a macroscopic volume V (linear dimension $\gg \lambda = \frac{2\pi}{k}$), total field energy is:

By this time, we are thinking of the problem as that of an atom enclosed in a box with perfectly reflecting walls. Photons (radiation) in the box bounce around randomly (& freely), "bathing" the atom in \mathbf{A}_{rad} , etc.



Analogy: rad² field energy \leftrightarrow SHO. How SHO's work.

QF7

$$\mathcal{E} = \int_V U d^3x \rightarrow \bar{U} V = \frac{V}{8\pi} \left[(\dot{\zeta}/c)^2 \underbrace{\langle \cos^2(\mathbf{k} \cdot \mathbf{r}) \rangle}_{1/2, \text{ over many } \lambda^2} + k^2 \zeta^2 \underbrace{\langle \sin^2(\mathbf{k} \cdot \mathbf{r}) \rangle}_{1/2, \text{ over many } \lambda^2} \right]$$

\uparrow avg. value in V

i.e. $\bar{\mathcal{E}} = \frac{1}{2} \left[(V/8\pi c^2) \dot{\zeta}^2 + (Vk^2/8\pi) \zeta^2 \right]$ (19)

Average field energy in "large" box of volume V .

This expression is the direct analogue of the total energy of a SHO, as

... for SHO of mass m , natural frequency ω , and generalized position q ...

$E_{\text{SHO}} = \frac{1}{2} [m\dot{q}^2 + m\omega^2 q^2]$ (20)

(here q = coordinate, not a charge.)

Evidently the two expressions are identical, if we define:

$\omega = kc, m = V/8\pi c^2, q = \zeta \Rightarrow \bar{\mathcal{E}} = E_{\text{SHO}}$ (21)

We shall take this analogy seriously, because the structure of a quantized field theory must deal with the SHO decomposition of those fields, and thus must incorporate SHO quantization to some degree. Eqs. (19)-(21) are a beginning.

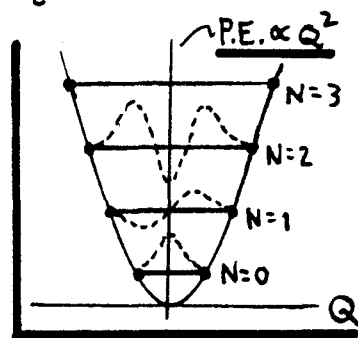
ASIDE Recollections on how QM SHO's work. [Ref. Sakurai, Sec. 2.3].

1. Let Q = generalized position of the SHO motion, and $P = m\dot{Q}$ = canonical momentum.

\rightarrow Quantize SHO by imposing $[Q, P] = i\hbar$ on $H = \frac{1}{2m} P^2 + \frac{1}{2} m\omega^2 Q^2$. (22)

Get eigenfns $|N\rangle$. In Q -space, these are Hermite polynomials of degree $N = 0, 1, 2, 3, \dots$

Get eigenenergies: $E_N = \langle N | H | N \rangle = (N + \frac{1}{2}) \hbar \omega$. (23)



NOTE: for $N=0$, get "zero-point energy": $E_0 = \frac{1}{2} \hbar \omega$. This energy is really present, and is necessary for compatibility ^{with} Uncertainty Principle.

2. In the SHO state $|N\rangle$, we can say the energy is: $E_N = E_0 + \text{energy of } N \text{ quanta}$,
^{4/4} each quantum carrying a discrete energy $\hbar \omega$. These quanta will later be

Details of SHO operation. Notion of photons.

QF8

identified with photons, so the SHO state $|N\rangle$ signifies there are N photons present, each with energy $\hbar\omega$. It is fair to mention photons here, because-- by Einstein's work on the photoelectric effect (ca. 1905)-- the photon had already been identified as a working quantum, carrying energy $\hbar\omega$. NOTE: even when no photons are present (i.e. $N=0$ and "vacuum state" $|0\rangle$), the mode ω still has the "zero-point" energy $E_0 = \frac{1}{2}\hbar\omega$, like half a photon there, for free. These energies are called the "zero-point oscillations" of the field, and cannot be thrown out w/o violating the Uncertainty Principle. This zero-point behavior causes Big Trouble... e.g. the overall vacuum $|0\rangle$ has ∞ energy. ★

3. Some SHO matrix elements will be useful to us. They are...

$$\left[\langle N_1 | Q | N_2 \rangle = \begin{cases} (\hbar/2m\omega)^{1/2} \sqrt{N} & , \text{ for } \underline{N_2 = N} \ \& \ \underline{N_1 = N-1}; \text{ (and zero,)} \\ (\hbar/2m\omega)^{1/2} \sqrt{N+1} & , \text{ for } \underline{N_2 = N} \ \& \ \underline{N_1 = N+1}. \text{ (otherwise)} \end{cases} \right] \quad (24)$$

For matrix elements of P , use: $\dot{Q} = \frac{i}{\hbar} [H, Q] \Rightarrow P = (im/\hbar)(HQ - QH)$. So...

$$\begin{aligned} \rightarrow \langle N_1 | P | N_2 \rangle &= \frac{im}{\hbar} (\langle N_1 | HQ | N_2 \rangle - \langle N_1 | QH | N_2 \rangle) \\ &= im\omega(N_1 - N_2) \langle N_1 | Q | N_2 \rangle \leftarrow \text{now use Eq. (24)} \end{aligned}$$

$$\left[\langle N_1 | P | N_2 \rangle = \begin{cases} -i(m\hbar\omega/2)^{1/2} \sqrt{N} & , \text{ for } N_2 = N \ \& \ N_1 = N-1; \text{ (and zero,)} \\ +i(m\hbar\omega/2)^{1/2} \sqrt{N+1} & , \text{ for } N_2 = N \ \& \ N_1 = N+1. \text{ (otherwise)} \end{cases} \right] \quad (25)$$

END of ASIDE

★ E.g. the average energy of an assembly of QM SHO's at frequency ω , in thermal equilibrium at temperature T is (k = Boltzmann const. & $E_N = (N + \frac{1}{2})\hbar\omega$):

$$\underline{\underline{\bar{E}(\omega) = \left(\sum_{N=0}^{\infty} E_N e^{-E_N/kT} \right) / \left(\sum_{N=0}^{\infty} e^{-E_N/kT} \right) = \hbar\omega / (e^{\hbar\omega/kT} - 1) + \frac{1}{2}\hbar\omega}}$$

↑ Planck distribution ↑ zero-point energy

The total field energy: $\int_{\omega=0}^{\omega=\infty} \bar{E}(\omega) \times [\text{\# modes at } \omega] \times d\omega$, then picks up a contribution from the zero-point energies which goes as $\int_0^{\infty} \omega^3 d\omega \rightarrow \infty$. Called an "ultraviolet catastrophe".

Field quantization via SHO. Annihilation & creation operators a & a^\dagger . QF9

) Now, to quantize the EM field in the mode $(\mathbf{k}; \hat{\mathbf{E}})$, we just take over the SHO quantization verbatim. That is, where ζ is the amplitude of the field vector potential [i.e. $\mathbf{A} = \hat{\mathbf{E}} \zeta \cos(\mathbf{k} \cdot \mathbf{r})$ of Eq. (16)], we define -- as in Eq. (21):

$$\left\{ \begin{array}{l} \zeta = q, \text{ generalized position; } p = m\dot{q} = (V/8\pi c^2)\dot{\zeta}, \text{ canonical mom}^m; \\ kc = \omega, \text{ natural frequency; } V/8\pi c^2 = m, \text{ field "mass" (sic).} \end{array} \right\} \quad (26)$$

Then, imposing: $[q, p] = i\hbar$, quantizes the field energy \bar{E} in Eq. (19), and we get:

$$\text{field SHO} \left\{ \begin{array}{l} \text{eigenstates } |N\rangle \leftarrow \text{a state (at freq. } \omega) \text{ with } N \text{ photons present;} \\ \text{eigenenergies: } E_N = (N + \frac{1}{2})\hbar\omega \leftarrow \text{energy of } N \text{ photons + zero-pt.} \end{array} \right. \quad (27)$$

It's that simple. The field can now supply or absorb photons via $N \rightarrow N \mp 1$.

The idea of emission & absorption of photons by the field via a change $N \rightarrow N \mp 1$ in the photon occupation number now finds a beautifully clear representation in the "ladder operators" a & a^\dagger of the SHO. We define:

$$\begin{array}{l} a = (V\hbar/16\pi\hbar c)^{1/2} \zeta + i(4\pi c/V\hbar k)^{1/2} p \leftarrow \text{step-down (annihilation) operator;} \\ a^\dagger = \left(\begin{array}{c} \downarrow \\ \text{"} \end{array} \right)^{1/2} \zeta - i \left(\begin{array}{c} \downarrow \\ \text{"} \end{array} \right)^{1/2} p \leftarrow \text{step-up (creation) operator.} \end{array} \quad (28)$$

The SHO quantization condition: $[q, p] = i\hbar$, is now replaced by: $[a, a^\dagger] = 1$ (Sakurai, Eqs. (2.3.2) & (2.3.3), etc). Only nonvanishing matrix elements

$$\begin{array}{l} \text{are...} \\ \left\{ \begin{array}{l} \langle N-1 | a | N \rangle = \sqrt{N}, \text{ i.e. } \underline{a | N \rangle = \sqrt{N} | N-1 \rangle} \quad \left\{ \begin{array}{l} a \text{ steps-down by one quantum,} \\ \text{field } \underline{\text{loses}} \text{ one photon;} \end{array} \right. \\ \langle N+1 | a^\dagger | N \rangle = \sqrt{N+1}, \text{ i.e. } \underline{a^\dagger | N \rangle = \sqrt{N+1} | N+1 \rangle} \quad \left\{ \begin{array}{l} a^\dagger \text{ steps-up by one quantum,} \\ \text{field } \underline{\text{gains}} \text{ one photon.} \end{array} \right. \end{array} \right. \end{array}$$

Here the notion of the field emitting (i.e. supplying) or absorbing photons is born... these are just processes where a or a^\dagger operate on the field SHO states $|N\rangle$ of Eq. (27), supplying or absorbing a quantum of energy $\hbar\omega$. (29)

Quantized radiation field as an operator. Matrix elements of \mathcal{H}_{int} .

QF 10

With this quantization scheme, we can now say the radiation field is quantized in the mode $(\mathbf{k}; \hat{\mathbf{e}})$ because all its transactions with other (quantum) systems will occur in terms of discrete quanta (photons) of energy $\hbar\omega$. The field quantities themselves become operators, as follows. The inverse of Eqs. (28) give the "position" ζ and "momentum" $p = m\dot{\zeta}$ of A as...

$$\zeta = (4\pi\hbar c/Vk)^{1/2} (a^\dagger + a), \quad p = i(V\hbar k/16\pi c)^{1/2} (a^\dagger - a);$$

$$\text{so } A = \hat{\mathbf{e}} \zeta \cos(\mathbf{k} \cdot \mathbf{r}) = \left(\frac{4\pi\hbar c}{Vk}\right)^{1/2} \hat{\mathbf{e}} (a^\dagger + a) \cos(\mathbf{k} \cdot \mathbf{r}). \quad (30)$$

The a^\dagger & a do not operate on the (atom's) space coordinate \mathbf{r} ; they just operate on the photon states $|N\rangle$ in the field. Then it is clear that A is an operator, in that $A|N\rangle$ will generate states $|N \pm 1\rangle$ in the field.

Now, when matrix elements of $\mathcal{H}_{\text{int}} \sim A(\text{radn}) \cdot p(\text{charge motion})$ [see Eq. (11b)] are taken w.r.t. direct product states $|n(\text{atom})\rangle (N(\text{photons}))\rangle$ [see Eq. (12)], as indicated in the theory sketch in Eq. (14), we have a mechanism for ensuring that $\langle m(M) | \mathcal{H}_{\text{int}} | n(N) \rangle \sim \langle (M) | A | (N) \rangle \cdot \langle m | p | n \rangle$ will properly describe $n \rightarrow m$ for the atom, with $N \rightarrow M = N \pm 1$ for the field interpreted as the emission or absorption of a photon during the transition.

We have work to do to generalize these notions. At this point, we have only quantized the standing wave $(\mathbf{k}; \hat{\mathbf{e}})$ vector potential A of Eq. (30). We need to put in time dependence, to get traveling waves, and we should generalize to a \mathbf{k} -spectrum for arbitrary photon fields. This is \sim straight forward.

In passing, we note the field Hamiltonian for freq. ω can be written $\rightarrow \mathcal{H}_\omega = (a^\dagger a + \frac{1}{2})\hbar\omega$; $a^\dagger a = N$ (w.r.t. $|N\rangle$), the number operator. (31)

This comes in handy, later, when we track the field energy.