QM T-vectors: Selection Rules Tefs. Sakurai, Sec. 3.10; Landau & Lifshitz "QM", 9129.

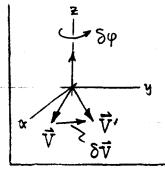
1) A QM"T-vector is any 3D Hermitian vector operator obeying the following Commutation rule w.r.t. 4 momentum J...

$$[J_{\alpha}, T_{\beta}] = i \hbar \in \alpha_{\beta} \gamma T_{\gamma}, \quad \mathcal{E}_{\alpha\beta\gamma} = \begin{cases} 0, \text{when } \alpha_{\beta} \gamma \text{ all different;} \\ +1, \text{ when } \alpha_{\beta} \gamma = \text{even perm}^2 \text{ of } 123; \end{cases}$$

We shall set K=1 for convenience. Note: Jitself is a T-vector. Also, T& F are T-vectors w.a.t. orbital & momentum I. We shall now show that any QM vector operator V is a T-vector w.r.t. I (so long as V&J inhabit the same space); this constitutes a definition of V by its behavior under rotations, not unlike the classical definition of a vector field.

2) Kotate V by 84 about 2-axis. Specify 2-direction by mit vector n. Change in V given by ...

$$\rightarrow \delta \vec{\nabla} = \vec{\nabla}' - \vec{\nabla} = \delta \varphi (\hat{n} \times \vec{\nabla}).$$



The individual components of V must transform like any Hermitian operator Q under the rotation operator R, i.e. 1 Rt = RT for rtns

Ψ > R Y >> < Ψ | Q | Ψ > > < R Ψ | Q | R Ψ > = < Ψ | R † Q R | Ψ >,

SOII Q 
$$\rightarrow$$
 Q' = R<sup>-1</sup>QR, with: R = 1 - i  $\delta\varphi(\hat{n}\cdot\vec{J})$ ;

Now apply Eqs. (2) 4(3) to a given component of  $\vec{V}$ , say  $V_x$ . Get...

Vector Selection Rules : V- coupling => transitions 1/ Az = 0, ±1 only.

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$$\delta \nabla_{x} = \delta \varphi \underbrace{(\hat{n} \times \vec{\nabla})_{x}}_{(-)} = i \delta \varphi \underbrace{[\hat{n} \cdot \vec{J}, \nabla_{x}]}_{J_{z}}$$

$$\Rightarrow$$
  $(-)$   $V_y = i [J_z, V_x], (J_z, V_x] = i V_y$ .

(4)

This is just one of the commutation pelatims in Eq. (1); the others are proved Similarly. So, indeed any QM V-operator is a T-vector w.n.t. the & momentum operator of its own space.

3) Since all vector operators in QM are T-vectors, it is worth studying them to find their most general properties. E.g. if  $\vec{A} \notin \vec{B}$  are  $\vec{T}$ -vectors, it is easy to show that...

$$[\vec{J}, \vec{A} \cdot \vec{B}] = 0 \Rightarrow \vec{A} \cdot \vec{B}$$
 is a rotation-invariant scalar.

(5)

Question: What would this look like if A or B were a pseudovector?

Another item to study is the so-called "<u>Selection rules</u>" on matrix elements of T-vectors. In what follows, we shall prove the very general rule...

$$\langle \alpha y m | \vec{T} | d' y' m' \rangle \equiv 0$$
, unless  $\begin{cases} y' = y, \text{ or } y \pm 1; \\ m' = m, \text{ or } m \pm 1. \end{cases}$  Selection (6)  
Rules

Here J&m are the eigenvalues of  $J^2 \not= J_z$  for the system & momentum, and we have added a new quantum # of to denote all other relevant System ligenvalues (e.g. energy, fagacity, etc.). Eq. (6) -- known as the "dipole Selection rules" -- Shows, among other things, that a quantum System which interacts via a vector coupling can only make transitions which change J by O or 1 unit of 4 momentum (i.e. O.h or 1.h).

4) Once we have proven Eq. (6), all that will remain regarding matrix elements of  $\overline{T}$ -vectors is to find out what the 9 non-zero elements are -- for the cases j'=j,  $j\pm 1$  and m'=m,  $m\pm 1$ . We'll do this later.

## Selection Rules on m

Since:  $[J_z, T_z] = 0$ , then:  $\langle \alpha j m | J_z T_z | \alpha' j' m' \rangle = \langle \alpha j m | T_z J_z | \alpha' j' m' \rangle$ ,

and,

 $(m-m')(\alpha j m | T_{\epsilon}| \alpha' j' m') = 0,$ 

 $=> \langle djm|T_2|\alpha'j'm'\rangle = 0, \text{ unless } m'=m.$ 

Next, consider the commutator involving: T= Tx ± i Ty ...

 $\rightarrow [J_z, T^{\pm}] = [J_z, T_x] \pm i [J_z, T_y] = \pm T^{\pm},$   $\ell = + i T_y \qquad \ell = i T_x$ 

Sol  $\langle \alpha_{fm} | J_{z} T^{\pm} | \alpha'_{3'm'} \rangle - \langle \alpha_{fm} | T^{\pm} J_{z} | \alpha'_{3'm'} \rangle = \pm \langle \alpha_{fm} | T^{\pm} | \alpha'_{3'm'} \rangle$ , and  $[m - (m' \pm 1)] \langle \alpha_{fm} | T^{\pm} | \alpha'_{3'm'} \rangle = 0$ ,

Since:  $T_x = \frac{1}{2}(T^+ + T^-)$ ,  $T_y = \frac{1}{2i}(T^+ - T^-)$ , indeed their matrix elements vanish unless  $m' = m \pm 1$ . Altogether, we have -- as advertised

 $\left\{ \langle \alpha_j m | \vec{\tau} | \alpha'_j m' \rangle = 0, \text{ unless } \right\} \begin{cases} m' = m \ (T_z \text{ elt non-sero}), \\ m' = m \pm 1 \ ((T_x \mp i T_y) \text{ elt non-sero}). \end{cases}$ 

These selection rules on m fix the polarization of the "fields involved in (d'g'm') > (agm):  $\Delta m = 0$  (Z-axis) => linear,  $\Delta m = \pm 1$  (xy-plane) => circular.

5) The z-selection rules are harder to get. Following is a sketch of a tedious proof from Condon & Shortley, p. 60.

## Selection Rules on J

The proof relies on fiddling with the commutator ...

$$\vec{C} = [\vec{J}^2, [\vec{J}^2, \vec{\tau}]] = \vec{J}^4 \vec{\tau} - 2 \vec{J}^2 \vec{\tau} \vec{J}^2 + \vec{\tau} \vec{J}^4.$$
 (6)

This is the straightforward expansion of  $\tilde{C}$ . Alternatively, expand  $[\tilde{J}^2, \tilde{T}]$  first, and use the identities...

$$\begin{bmatrix}
\vec{J}^2, \vec{\tau} \end{bmatrix} = i(\vec{\tau} \times \vec{J} - \vec{J} \times \vec{\tau}) \\
\vec{\tau} \times \vec{J} + \vec{J} \times \vec{\tau} = 2i\vec{\tau}$$

$$\begin{bmatrix}
\vec{J}^2, \vec{\tau} \end{bmatrix} = -2i(\vec{J} \times \vec{\tau} - i\vec{\tau})$$

Say 
$$\vec{C} = -2i \left[ \vec{J}^2, \vec{J} \times \vec{T} \right] - 2 \left[ \vec{J}^2, \vec{T} \right]$$

$$= 2i \left( \vec{J}^2 \vec{T} - (\vec{J} \cdot \vec{T}) \vec{T} \right)$$

(11)

Equating Eqs. (10) & (11), you get the Unbelievable Identity...

$$\vec{J}^{4}\vec{r} - 2\vec{J}^{2}\vec{r}\vec{J}^{2} + \vec{r}\vec{J}^{4} = 2(\vec{J}^{2}\vec{r} + \vec{r}\vec{J}^{2}) - 4\vec{J}(\vec{J}\cdot\vec{r}). \tag{12}$$

This actually has physical content -- we shall get the y-selection rules from it, and also the basis of the so-called Vector Model.

Operate on both sides of Eq. (12) with  $\langle \alpha j m | l \alpha' j' m' \rangle$ . Note that since  $(\vec{J} \cdot \vec{T})$  commutes with  $\vec{J}$ , its matrix elements can be non-zero only when they are diagonal with  $\vec{J}^2 \neq J_z$ , so:  $\langle \alpha j m | \vec{J} (\vec{J} \cdot \vec{T}) | \alpha' j' m' \rangle = 0$ , when  $j' \neq j$ . For the case  $j' \neq j$ , then, Eq. (12) gives...

$$\rightarrow \left\{ \left[ j(j+1) \right]^2 - 2 y(j+1) j'(j'+1) + \left[ j'(j'+1) \right]^2 \right\} \left\langle \alpha_j m | \vec{T} | \alpha'j'm' \right\rangle =$$

(13)

The LHS  $\{ \} = [3(3+1)-3'(3'+1)]^2$ . After some withmetic, find...

 $[(3+3'+1)^2-1][(3-3')^2-1]\langle\alpha_3m|\vec{\tau}|\alpha'_3m'\rangle=0,\ 3'\neq 3;$ 

$$\Rightarrow \langle \alpha_{j}m|\vec{T}|\alpha'_{j}m'\rangle = 0$$
, unless  $j'=j\pm 1$  (when  $j'\neq j$ ). (14)

For the case of 1'=1, (agm | Eq. (12) | a'g'm') Shows that the IHS vanishes identically, so that we get ...

$$2 \cdot \left[ 3(3+1) + 3(3+1) \right] \left\langle \alpha_{Jm} | \vec{\tau} | \alpha'_{Jm'} \right\rangle = 4 \left\langle \alpha_{Jm} | \vec{J} (\vec{J} \cdot \vec{\tau}) | \alpha'_{Jm'} \right\rangle$$

= \( \alpha \alp

= (agm | f | agm' ) ( agm' | ( j. 中) | a'gm' ), with m'=m, m+1;

Eys (14) & (15) together give the J-selection rule: (dym | T | a'j'm') = 0, nmless J = J, or J±1. With the m-selection rule of Eq. (9), we now have virified the claim made in Eq. (6), mamely that all (dym | T | a'j'm') = 0, except for the "depote selection rules": J'= J, J±1 and m'= m, m±1.