$$W = \int \rho(\mathbf{x}) \Phi(\mathbf{x}) d^3x = \frac{\epsilon_0}{2} \int |\mathbf{E}|^2 d^3x$$
 Energy to bring charges from ∞ (4.83)

$$W = \frac{1}{2} \int \mathbf{E} \cdot \mathbf{D} d^3x$$
 Energy stored in electric field (4.89)

$$\Delta W = -\frac{1}{2} \int_{V_1} \mathbf{P} \cdot \mathbf{E}_0 d^3x$$
 Dielectric placed in \mathbf{E}_0 (4.93)

$$W = \frac{1}{2} \int \mathbf{J} \cdot \mathbf{A} \ d^3x = \frac{1}{2\mu_0} \int |\mathbf{B}|^2 \ d^3x$$
 Energy to ramp current from zero (4.83)::(5.149)

$$W = \frac{1}{2} \int \mathbf{H} \cdot \mathbf{B} \ d^3x$$
 Magnetic energy in fields (4.89)::(5.148)

$$\Delta W = \frac{1}{2} \int_{V_1} \mathbf{M} \cdot \mathbf{B}_0 \ d^3x$$
 Energy to place permeable object in \mathbf{B}_0 (4.93)::(5.150)