

FELLOWSHIP COURSE IN AYURVEDA (AYURVEDA GURU)



by **Ayurveda Federation of India (AFI)**

(A unit of Ayurveda Vigyan Forum" Sec. 8 co. registered with the Ministry of Corporate Affairs, Government of India)



India's only ISO certified Ayurveda organisation

Course Date: 8 July to 1 October 2023



Certificate Course in Ayurveda

(Online Fellowship course in Ayurveda)

**ENHANCE YOUR SELF-CONFIDENCE
AS AN AYURVEDA GURU!**

ACADEMIC PARTNER



RGS
Ayurvedic Medical
College &
Research Center
Lucknow, U.P.

The certificate will be provided as "Ayurveda guru" at the end of the program.

CONTINUING MEDICAL EDUCATION PROGRAM

SHORT-TERM SKILL-ORIENTED PROGRAMS, VALUE FOR LIFETIME!

Duration: : 3 months

Course Mode : Online

ABOUT THE COURSE

The primary objective of the course is to cultivate exceptional speakers and clinical practitioners who understand the new age techniques in the field of Ayurveda nationwide. With the aim of fostering a skilled workforce for the Ayurveda industry, AFI organizes comprehensive online courses in Ayurveda Healthcare. AFI has meticulously crafted a three-month online course under the guidance of various Ayurveda experts to empower and enrich Ayurveda practitioners across the country.

THE FACULTY

Distinguished professionals from prominent Ayurveda organizations, along with renowned experts in Ayurveda from both India and abroad, will guide the sessions, covering a wide range of aspects within the field of Ayurveda.



COURSE CONTENT

- 1 Enhancing Communication Skills and Personality Grooming for Doctors.
- 2 Multiple Public Speaking & Debate sessions for every participant.
- 3 Enhancing Personal Appearance and Body Language: how to create an excellent first impression and How to speak basic Ayurveda concepts to the general public.
Patient-Centric OPD Consultations: Establishing a quick rapport with the patient and family. (Patient expectation management skills)
- 4 Simplifying Ayurvedic Concepts: Presenting Basic Principles in an Accessible Manner for the General Public:
(Panch Mahabhoot Siddhant, Vata-Pitta-Kapha, Healthy Aahar-Shadras, Dhatuposhan Siddhant, Dincharya-Ratricharya-Ritucharya, Sadvritt-Achar Rasayan, Dharm-Arth-Kam-Moksh, Astang Yog, Vastivik Health etc.)
- 5 How to prepare a presentation (PPT), letters, public speech etc.
 - Mastering Presentation Preparation: Effective PPT Creation and Delivery Techniques
 - Crafting Professional Letters: Writing Effective Correspondence for Organizing Public Events
 - Departmental Approach and Letter Drafting: Enhancing Communication Skills for Official Communication
 - Preparing for Public Speaking: Strategies for Developing and Delivering Engaging Public Speeches
- 6 How to break bad/negative news.
- 7 Handling angry patients. (Techniques for Effective Patient Engagement & Conflict Resolution)
- 8 Navigating Challenging Colleague Interactions: Strategies for Managing Difficult Workplace Relationships.
- 9 Emotional quotient for doctors.
- 10 Time and Stress Management for Doctors
- 11 Equipping healthcare professionals with essential tips to prevent medico-legal cases and providing guidance on managing legal suits when they arise.
- 12 Digital marketing (In public and Private practice)– Do's and Don't

- 13 Importance of mental health awareness campaigns.
- 14 Disease wise Ausadh Vyastha Patra (includes 20 diseases)
(Acidity, Constipation, Prameh, Thyroid, Obesity, Piles, Fistula, Fissure, Renal Failure, Gall bladder stone, PCOD, Fibroid, Psoriasis, Eczema, Vitiligo, Renal Calculi, Osteoarthritis, Rheumatoid arthritis, Knee joint pain, Stress etc.)
- 15 Diagnostic Tools
- 16 Ausadh Vigayan (Uses, Side effects and identification of common medicinal plants of various herbs - includes 20 herbs)
(Aloevera, Giloy, Amlaki, Kanchananar, Jamun, Haridra, Ginger, Ashwagandha, Satavari etc)
- 17 Details of most common Medicinal Formulation - Classical / Patent (at least 10)
- 18 Ayurved Jagran & Swasthya Jagran Abhiyan and Planning for organizing programs related to Ayurveda.
- 19 Basic practical aspects of subjects like Panchkarma, Ksharsutra, Agnikarma, Jalauka, Nadi Vigyan, Marma Chikitsa, etc.
- 20 How to set up a pharmacy: Key Considerations for a Successful Setup and Emphasizing Vital Aspects of Ayurvedic Drug Manufacturing and Research.
- 21 International Exposure, Connect & Lifetime Mentorship through the "Ayurveda Federation of India" Team.

SESSION TIMINGS

Twice a Week: Saturday & Sunday - 8 AM - 10 AM or 6 PM - 8 PM (Online)

In addition to the regular weekend classes, there will be special classes held once or twice a week, scheduled based on the availability of the speakers. Detailed information and timings of these classes will be shared at least three days in advance.

ELIGIBILITY

B.A.M.S., MD/MS, PG Scholar, B.A.M.S. final year / Intern Students

MEDIUM OF INSTRUCTION

The medium of instruction will be mainly in Hindi and some parts will be in English according to the topics.

FEES

Early Bird registration: (Till 20 June 2023)

For Student: 4000 ₹ (AFI Members)

For Doctors: 6000 ₹ (AFI Members)

For Non-AFI Members - 8000 ₹

From 21 June - 25 June 2023

For Student: 6000 ₹ (AFI Members)

For Doctors: 8000 ₹ (AFI Members)

For Non-AFI Members - 10000 ₹



Payment may be made to the following account:

Account No.: **50200059888665** | Payee Name: **Ayurveda Vigyan Forum**

HDFC Bank, Branch: Gurugram | RTGS/NEFT IFSC: **HDFC0001719**

Limited seats available on a first-come first-served basis

APPLICATION AND PAYMENT DETAILS

- Please fill out the following application form and make a PDF of it and send it to the following email id: ayurvedafederation@gmail.com
- Please attach copies of your degree certificate, proof of address and date of birth, and scan of a recent passport-size photograph.
- Make sure that you mention the transaction id of payment, account holders name, bank, and branch in the application form.
- The last date for submission of the form is **25 June 2023**. Applications and payments are accepted only Online.
- Please note that we do not require any hard copies of the application to be sent. Additionally, we do not accept payments in cash, demand drafts, or cheques. Only online payments to the designated account are accepted.

CERTIFICATE

A printed **certificate of participation** shall be given to the participants, who successfully attend all the classes. No recorded sessions will be available



CONTACT/EMAIL:

Ashish Sharma: +91 85953 36710 | ayurvedafederation@gmail.com

Office Secretary - Ayurveda Federation of India

PROGRAM COORDINATORS

Dr. Pallav Prajapati: +91 7007111943

Vd. Shadab Ali Siddiqui: +91 90263 66890

SPEAKERS



AYURVEDACHARYA

Dr. Abhishek

Founder, AFI



Dr. Gaurang Joshi

President, International Core Committee, AFI



Dr. S. K. Rai

Advisor & Patron, AFI



Dr. Sanjay Jakhar

Executive National President, AFI



Dr. Shambhu P. Patel

President, Academic committee, AFI



Dr. Ajay Kumar

Senior Vice President, AFI



Dr. Pavan Singh Shekhawat

Media & Organization Secretary, AFI



Dr. Aneesh T.

Secretary Academic council, AFI



Dr. Naveen Chauhan

Central Convenor, AFI



Dr. Ashish Pal

Madhya Pradesh State convener, AFI



Dr. Pallav Kumar Prajapati

President of AFI's Student Committee

INTERNATIONAL CORE COMMITTEE



Dr. Sanjay P. Chhajed
Vice President, International Core Committee, AFI



Dr. Bhairav Kulkarni
Gen. Sec., International Core Committee, AFI

OTHER FOUNDING TEAM MEMBERS & OFFICE BEARERS



Acharya Manish



Dr. Sunil Arya



Dr. Anuj Jain



Dr. Arvind Srivastav



Dr. Satyadev Arya



Dr. Dhanwantri Tyagi

GENERAL SECRETARY & NATIONAL SECRETARIES



Vd. Akshay Chauhan
Executive Gen. Secretary, AFI



Dr. Ram Nivas Sharma
National Secretary, AFI



Dr. Naresh Garg
National Secretary, AFI



Dr. Neeten Vasisth
National Secretary, AFI

STATE CONVENER



Dr. Rajiv Gaur
State Convener Haryana, AFI



Dr. Shishir Kant Shukla
State Convener Chattisgarh, AFI

PHARMA COMMITTEE



Mr. Mohit Sardana
President, Pharma Committee, AFI



Mrs. Santosh Dhiman
Vice President, Pharma Committee, AFI



Mr. Adeeb Saha
General Secretary, Pharma Committee, AFI

CLINIC AND HOSPITAL COMMITTEE



Dr. Sachin Aru
President, Clinic & Hospital Committee, AFI



Dr. Animesh Mohan
Gen. Sec., Clinic & Hospital Committee, AFI

WOMEN'S COMMITTEE



Dr. Pushpa Yadav
President, Women's Committee, AFI

NHM & GOVT. EMPLOYEES COMMITTEE



Dr. Kuldeep Raj
President, NHM & Govt. Employees Committee, AFI

AFI'S STUDENT COMMITTEE



Dr. Bhawana Bhatt
Senior Vice President, AFI's Student Committee



Vd. Shadab Ali Siddiqui
Gen. Sec., AFI's Student Committee