A Prayer for Strength

Our Father,

Sometimes the cares of the day

Seem to multiply, while the

Blessings fade so quickly.

Our bodies grow tired

And our minds even more tired.

Jesus, help us.

Give us the strength You’ve promised

In Your Word.

Give us the power

To take the next step.

Give us your grace…

For we know that in our weaknesses

YOUR STRENGTH is revealed.

May we receive it today.

Amen.

I chose a prayer about strength because as we enter the school year we should keep our heads up and stay strong. When things get tough we should push through them. Also today is 9/11 and I thought a prayer of strength was appropriate for all those who are suffering from the loss of one affected by the tragedy of 9/11.

Reflection questions:

Where do you find your strength?

When do you feel you need your strength the most?