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| **XXMC** |

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| **NJBJ** |

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| **XSXM** |

1. **学生个人情况**

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| **姓名** |  | **学生识别号** |  | **性别** |  |
| **年级** |  | **班级** |  | **测试成绩** |  |
| **测试等级** |  | **综合成绩** |  | **综合等级** |  |
| **所在学校** |  | | | | |

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| **单项指标** | **成绩** | **得分** | **等级** |
| 身体形态（BMI）（单位：千克/米2） |  |  |  |
| 身体机能（肺活量）（单位：毫升） |  |  |  |

图1 各指标得分情况

1. **运动处方**

