

# System Requirements

## Phoenix Ambulatory Blood Pressure Monitoring System

11 May 2008

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## Mission

- Develop an ambulatory blood pressure monitor
  - Inexpensive
  - Unobtrusive
  - Easy to use
  - Collects a week of blood pressure measurements
- Develop a means for chronobiological analysis of the collected blood pressure measurements

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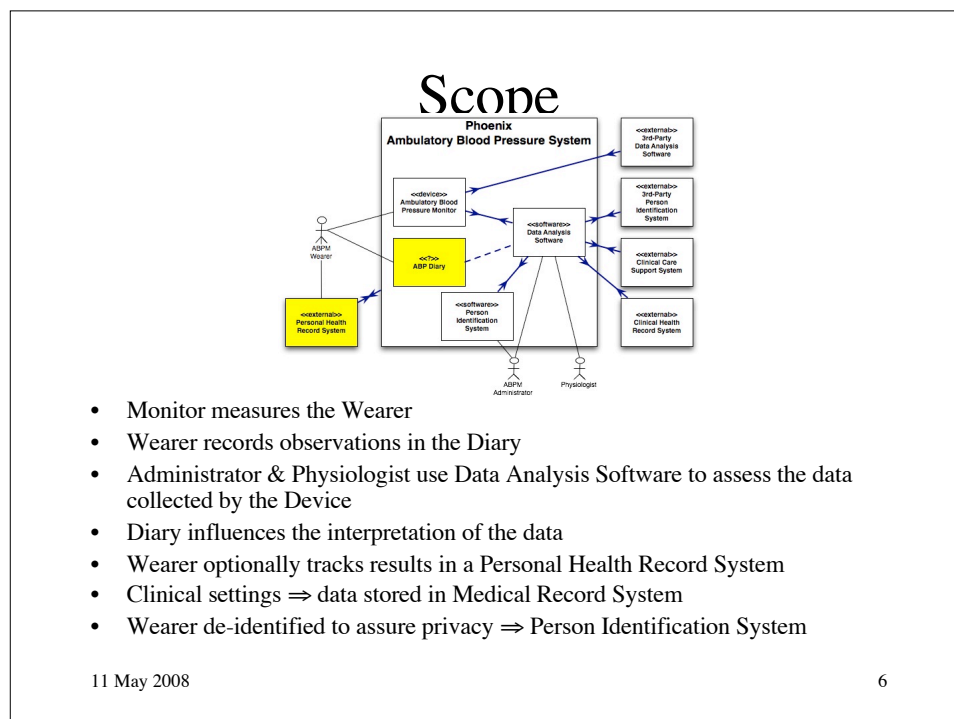
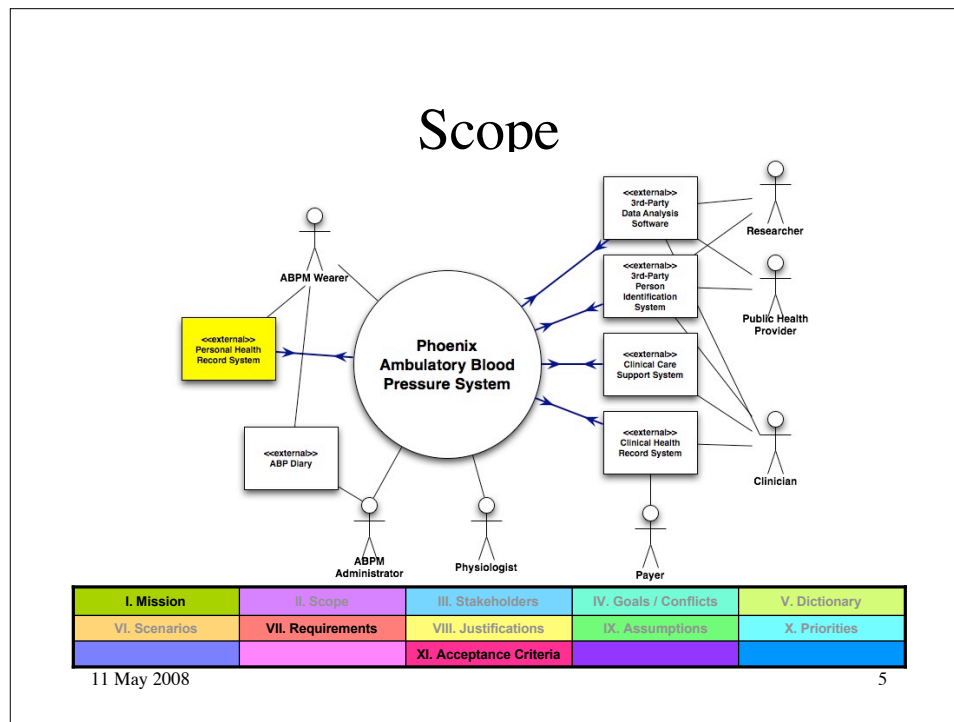
## Mission

- Be a learning community
  - IEEE study group
  - Open source
- Deliver the monitor and analytic framework to the Halberg Chronobiology Center
  - For long term use on massive scale to
    - Obtain measures of health
    - Encourage the development of techniques for
      - Diagnosis
      - Prevention
      - Treatment

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## Stakeholders

[http://www.phoenix.tc-ieee.org/014\\_Systems\\_Architecture\\_and\\_Engineering/all-in-one.html#requirements](http://www.phoenix.tc-ieee.org/014_Systems_Architecture_and_Engineering/all-in-one.html#requirements)

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## Goals & Goal Conflicts

- Make a monitor that is
  - Inexpensive
  - Unobtrusive
  - Easy to use
  - Collects a week of blood pressure measurements

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## Goals & Goal Conflicts

- Inexpensive
  - Price not a barrier to use
  - Less expensive than blood pressure cuff
  - Less expensive than wrist watch
    - < US\$50
  - Less expensive than “two bushels of yams”
    - Third-world friendly
    - < US\$10

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## Goals & Goal Conflicts

- Unobtrusive
  - When wearing monitor, patient can
    - Forget about, be unaware of device
  - No more encumbering than
    - Wrist watch
    - Band-aid™
    - Piece of jewelry
  - Usable wherever the patient is
    - At home
    - At work when allowed
    - Not only at hospital, clinic or doctor's office

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## Goals & Goal Conflicts

- Easy to use
  - Easier to use than current:
    - Blood pressure cuffs
    - Home BP monitors
  - Patient can:
    - Ignore device
    - Determine that device is functioning normally
    - Observe a blood pressure and heart rate measurement
  - Device
    - Is automatic
      - measurements taken regardless of patient behavior
    - Allows manually initiated measurements

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## Goals & Goal Conflicts

- Collects a week of blood pressure measurements
  - Must measure
    - Systolic and diastolic blood pressure
    - Heart rate
  - At least as accurate as current:
    - Blood pressure cuffs
    - Home blood pressure monitors
  - Would also like to measure
    - Physical activity
      - To determine if vigorous body movement, such as physical exercise, influenced the blood pressure measurement
    - Blood flow
  - Records measurements
    - at least every half hour
    - for at least 7 days

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## Goals & Goal Conflicts

- The Halberg Chronobiology Center wants the monitor
  - For long term use on massive scale
  - To obtain measures of health
  - To encourage the development of diagnostic, prevention and treatment techniques

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## Dictionary

- Wearable
  - Suitable for wear or able to be worn on the body
- Activity of daily living (ADL)
  - the things a person normally does in daily living including any daily activity performed for self-care (such as feeding, bathing, dressing, grooming), work, homemaking, and leisure
  - health professionals routinely refer to the ability or inability to perform ADLs as a measurement of the functional status of a person
  - See [http://en.wikipedia.org/wiki/Activity\\_of\\_daily\\_living](http://en.wikipedia.org/wiki/Activity_of_daily_living)

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## Scenarios, Stories, Use Cases & Exceptions

1. Home-based self care
2. Internet-based individual health surveillance
3. Clinical care
4. Self-care followed by clinical care
5. Public healthcare
6. Research
7. Education
8. Sports training
9. Emergency medical service
10. Combat lifesaving

**See Other Deck for Specifics about the Scenarios**

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## Requirements

1. Value Requirements
2. Functional Requirements
3. Quality Requirements

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## Value Requirements

- Intellectual property essentially free
- Device manufacturable for \$10
  - “Less expensive than bushel of yams”
- Computing hardware
  - Readily available
  - Essentially free
- Free software licensing

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## Functional Requirements

- Information model
- Behaviour requirements
- Algorithms

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## Quality Requirements

- Biocompatibility
- Environment requirements
- Human interface look-and-feel
- Operational requirements
- Performance (efficiency) requirements
- Privacy
- Security (integrity)
- Safety requirements
- Required attributes
- Training requirements

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## Quality Attributes

- Functionality
  - Reliability
  - Survivability
  - Usability
  - Interoperability
- Change concerns
  - Maintainability
  - Expandability
    - Adaptability
    - Scalability
  - Flexibility
  - Portability
  - Reusability
- Managerial concerns
  - Designability
  - Verifiability
  - Manageability

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## Quality Requirements

- Expandability
  - Analysis framework must be adaptable to chronobiology scenarios other than blood pressure
- Interoperability
  - A 3rd party must be able to analyze the data received from the device, say for diagnosis

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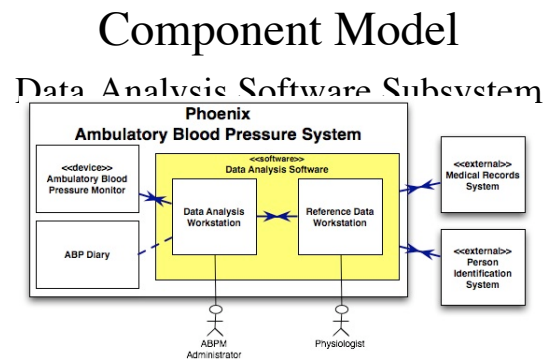
## Quality Requirements

- Wearability
  - Device is wearable during normal activities of daily living for a continuous period of up to 7 days
    - No rash, no “other” effects
    - Longer periods eventually foreseen but not required
      - The record for a cuff-based device is 20 years, though not continuously
  - Need definitions
    - Wearable
    - Activity of daily living

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- Analysis Workstation
  - Handles data for a single wearer
- Reference Data Workstation used by Chronobiology Center
  - Handles data for whole populations
- Analysis Workstation relies on model parameters from Reference Data Workstation

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## Sensors

- Phenomenon
  - Blood pressure
  - Heart rate
  - Blood flow
  - Physical activity
- Low cost
- Nonintrusive
- Performance: beat to beat

Body	Data Acquisition	Measurement	Data Transport	Time Series
Analysis	Tool	Plot / Chart	Reporting	Session
Desktop Integration	Person Identity	Health Record	Networking	Change Management

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## User-Noted Events

- Indicates the time at which something interesting happened
- Provides integration with diary

Body	Data Acquisition	Measurement	Data Transport	Time Series
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## Time

- An issue that covers several layers
- Precision = +- 5 minutes
- Time zones
  - Problem -- how to know time-zone changed
- Measurements of one device must be comparable to measurements of another device
  - Impacts clock synchronization

Body	Signal Acquisition	Measurement	Data Transport	Time Series
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## Signal Acquisition

- Digital signal processing (DSP)
  - Collect signal data from sensors
  - Collect user-noted events
- Flexible framework for sensor configuration that varies by
  - Sensor technology
  - Biophysics
  - Target measurements
- Capacity
  - 7 days of data
  - 30 minutes between measurements
- Support variable sampling
  - Over 24 hour period
  - Span always starts at midnight
- Support complex signal-to-measurement conversion
  - One sensor may produce multiple measurements
  - One measurement may require multiple sensors
  - One measurement may require multiple sensor readings
    - e.g., multiple heart beats

Body	Signal Acquisition	Measurement	Data Transport	Time Series
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## Data Transport

- Communications with device
- Framework for multiple transports
  - Radio frequency, Bluetooth, serial, USB
- Open protocol
- Integrity assured
- Source authenticated

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# Measurement

## More Digital Signal Processing

- Flexible framework for sensor configuration that varies by
  - Sensor technology
  - Biophysics
  - Target measurements
- Convert signals/events to measurements
  - One sensor may produce multiple measurements
  - One measurement may require multiple sensors
  - One measurement may require multiple sensor readings
    - e.g., multiple heart beats
- Subject to calibration
- Measurement “goodness”
  - Accuracy (calibration)
  - Noise (dispersion)
    - “Was threshold of sensor exceeded?”
- Stamp each measurement with:
  - Time
    - Time-zone aware
  - Trustworthiness or “goodness”
    - Extent to which the measure reflects reality
- Analysis Patterns
  - Observations and Measurements (Fowler)

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# Acquired Data Alarms

- Framework
  - Assess measurement against some criteria
  - Tag measurement
  - Alert other subsystems
    - To alert user
      - ⇒ User-interaction subsystem
  - Alarming deactivatable
    - Example, to avoid audible alarms when collecting data from sleeping wearer
  - Able to incorporate 3<sup>rd</sup> party alarm subsystem
- Simple alarm subsystem
  - Compare measurement to limit
    - Limit may be user-specific
  - Respond to limit violation
    - Categorize violation
      - Caution
      - Warning
      - Alarm
    - Alert user
      - Beep or vibration

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## Time Series

- Time Series
  - [concept] a sequence of data points
    - measured typically at successive times
    - spaced at (often uniform) time intervals
- Each series encompasses one type of observation
- Acquired Series
  - [concept] Time Series corresponding to data uploaded
    - From a device to an analysis workstation
    - During a single connection session

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## Time Series

- Need
  - Handle sequences of data independently of capacity of data acquisition device
  - Current requirement = 7 days of data
  - Longer cycles are in play
    - E.g., circaseptan cycles in tumor cell growth

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## Time Series

- User can align overlapping series
  - Duplicate data items, uploaded multiple times
- User can link series into super-series
- User can split series into sub-series
- System analyzes any data sequence
  - Series
  - Super-series
  - Sub-series

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## Individual Analysis

- SBP | DBP | HR | Blood flow
  - MESOR
  - Circadian amplitude
  - Circadian acrophase
  - 24-hour cosine curve by least squares (cosinor analysis)
    - Special sampling period requirements
  - Marking of
    - Overswing  
(circadian ampl. > upper limit of 90% of reference set)
    - Underswing  
(circadian ampl. < lower limit of 90% of reference set)
    - Dipping?
- SBP | DBP
  - Hyperbaric index
- Arterial compliance (future?)

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## Population Analysis

- Group sessions into reference sets
- Categorize sessions
  - Age & gender
  - Dynamically determined attributes
- Determine statistical limits of set
  - 10% / 90%

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## Tool

- Framework for integration
- Between analysis worksites/tools

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# Plotting / Charting

## Data Presentation

- Types of plots
  - Scatterplots
  - Bar charts
    - Histograms
  - Line charts
  - Box plots
  - Tables
- Multilayered
  - E.g., best-fit line over scatterplot
- Varying resolution
  - Display types
    - Computer display
    - Paper
  - Peaks / valleys never clipped
    - Not same as clipping when threshold of sensor exceeded
- Annotations
  - Programmatic
    - From analysis algorithms
    - From data acquisition
      - Sensor threshold exceeded
  - Manual
    - From user

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# Reporting

- Form-like reports
- Flexible
- Incorporate
  - Charts & graphs
  - Tables
  - Free-form text
- Reports saved and stored

Needs elaboration

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## Session

- Encapsulates each user experience

Needs elaboration

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## Desktop Integration

- Functions assembled into application
- Graphical user interface
- Printing

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## Person Identity Privacy

- Goals
  - Unburden Phoenix of privacy issues
  - Relegate the burden of privacy to caregivers
  - Minimize the constraints posed by Phoenix on a caregiver's process
- Issue
  - “Who has seen my stuff?”

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## Person Identity Privacy

- Group data by session
- Identify session by session key
- Primarily identify collected data by session key
- Make the session key available to external systems
- Trace each session to the device employed in the session
- **Manage person (patient) identity externally**
- Within the system, keep all data anonymous
- Include anonymous fields in reports/displays Anonymous fields are intended for person identity but can be repurposed
- Anonymous fields may be ignored
- Assign labels and values to anonymous fields from an external source

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## Clinical Health Record

- Integration with clinical information systems
  - Clinical Care Support System (CCSS)  $\Leftarrow$  Phoenix
  - Patient Administration Systems (PAS)
  - Electronic Practice Management (EPM) systems
  - Laboratory Information Systems (LIS)
  - Dietary, Pharmacy and Billing systems
  - Electronic Medical Record (EMR) systems
  - Electronic Health Record (EHR) systems
- HL7 — electronic health record interchange standards
- Laboratory test standards
  - Assume chronomedical analysis conducted as laboratory procedure

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## Personal Health Record

- Integration framework
- Future

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## Networking

- Web sites
- Multisite integration
- Community
- Issue
  - Impacts of informed consent
- Cf.
  - Larry Beatty's work
  - Physionet

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## Change Management

- Usage tracking
  - Who used what?

Needs elaboration

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## Justifications

- Chronobiology
- Measuring blood pressure for 7 days
  - Cornélissen G, Delmore P, Halberg F. Why 7-Day Blood Pressure Monitoring? Healthwatch 3, Halberg Chronobiology Center, 2004.
    - [http://www.phoenix.tc-ieee.org/0001\\_Bibliography/HWatch3.pdf](http://www.phoenix.tc-ieee.org/0001_Bibliography/HWatch3.pdf); 2.2 MB pdf
- Why target students?

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## PARKING LOT

- Standards concerning interface between body and devices on the body (ref. US Pharmacopeia §9.7)

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