#### IEEE Phoenix Capstone Project, Spring 2013

# Blood Pressure Sensor Utilizing a Pulse Transit Time Technique

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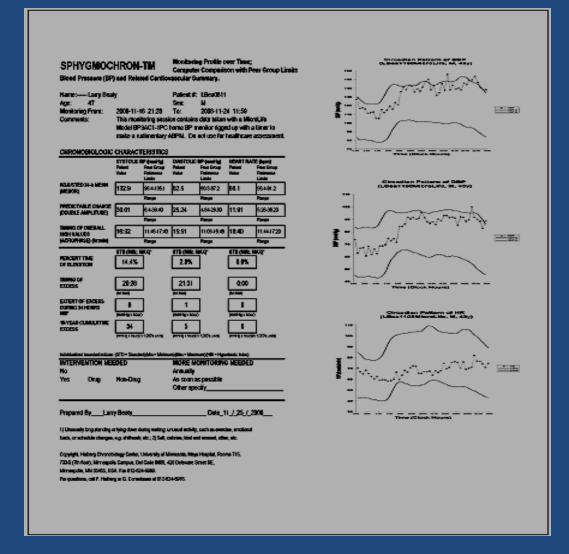
#### Who Are We?

- Twin Cities IEEE Phoenix Project
  - Volunteer electrical/mechanical/software engineers
  - Our group was assembled to productize results of research done at the Chronobiology Lab and elsewhere
  - Open Source hardware project to design and build a blood pressure monitor that is inexpensive, unobtrusive, easy to use and collects a week of blood pressure measurements.
- UMN Halberg Chronobiology Lab
  - Dr. Franz Halberg, "Father of American Chronobiology"
  - Chronobiological Interpretation of Blood Pressure
    - Vascular Variability Disorders more important than hypertension
  - Our "customer"

#### Background

The Sphygmochron Report

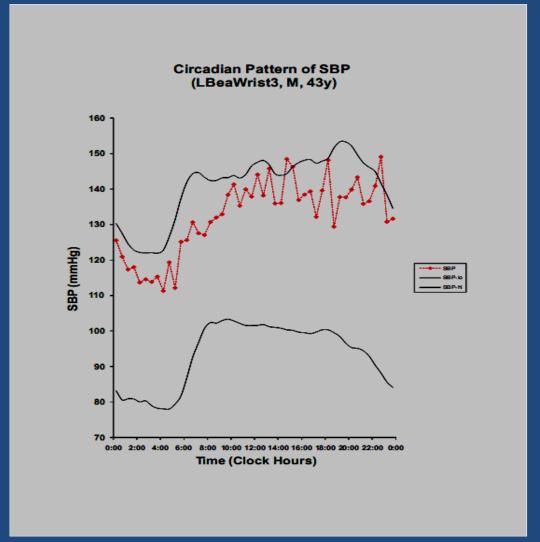
Results from Continuous Monitoring



#### Background

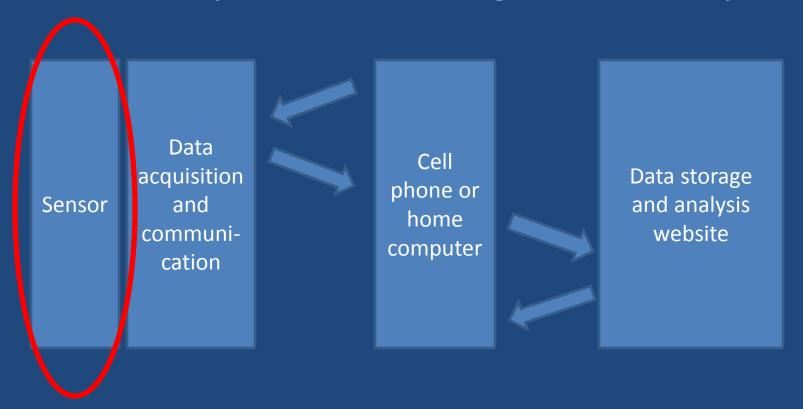
The
Sphygmochron
Report

Results from Continuous Monitoring



## Where the student project fits in

Over-Simplified Block Diagram of the System



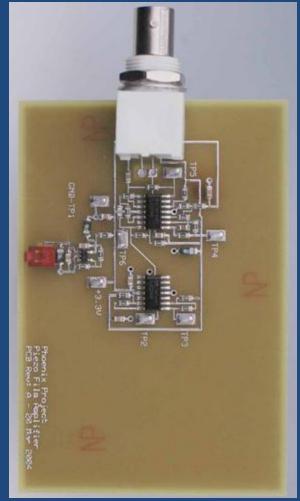
#### What is Pulse Transit Time (PTT)?

- The heart beats every 1 second or so
- It takes a couple of hundred milliseconds for a pulse (pressure wave) to travel (transit) from the heart to extremities
- The pulse's velocity is related to blood pressure (and other things such as compliance of the artery)
- Also called Pulse Wave Velocity (PWV)
- In theory, you put two pulse sensors along an artery, calculate the transit time (velocity), then derive the blood pressure.

#### Activities in the sensor project

- Design, build, and test a non-invasive sensor system to record pulse waveforms at two locations on the body (e.g. forearm and wrist), using four sensors.
  - Perform experiments using an array of sensors, using differential pairs of sensors, and using different electrical or mechanical interfacing to the skin.
  - Extend previous Phoenix projects.
- Publish a final report that will be posted on the Phoenix Project website. (Can be the same as your class report.)
- Additional "stretch goals" available





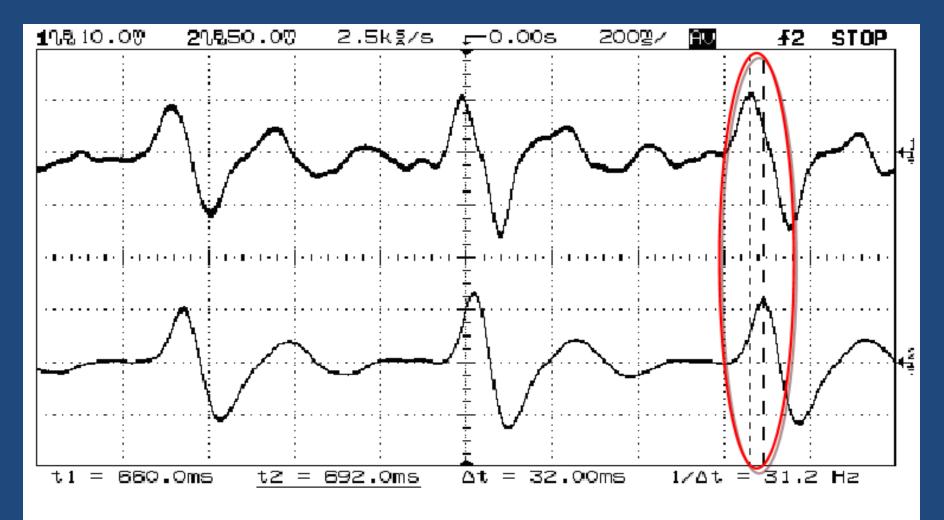
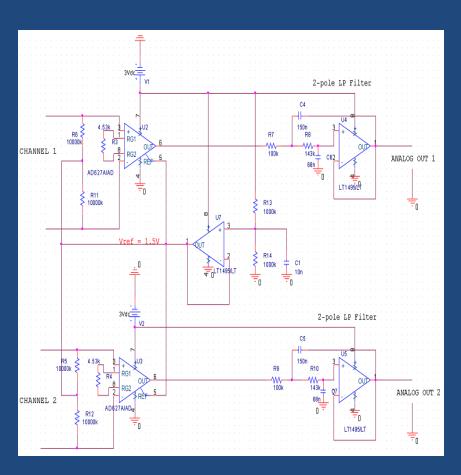
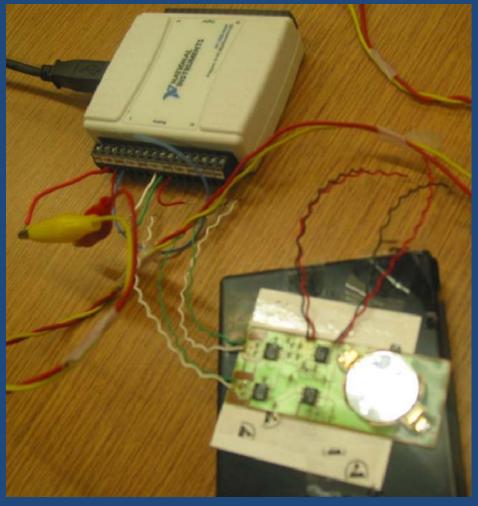


Fig 1. An example of pulse propagation delay between forearm and wrist







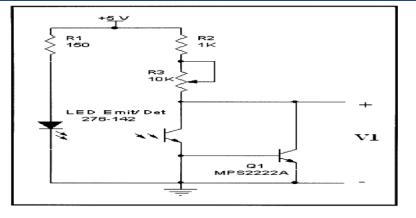
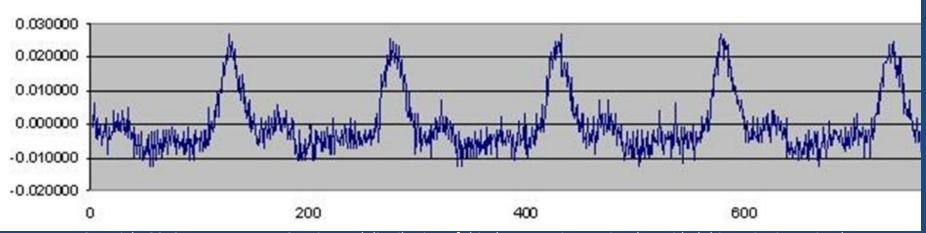


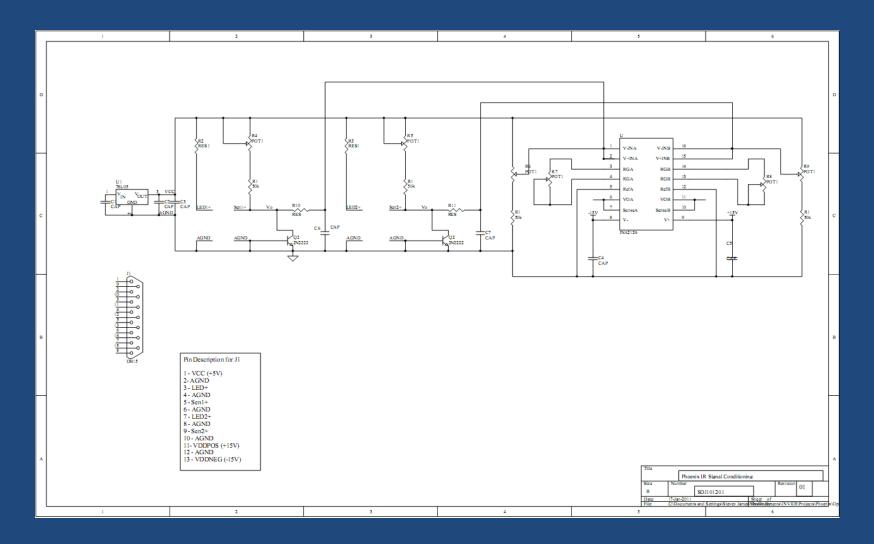
Figure 2: Heartbeat transducer circuit with output V1.

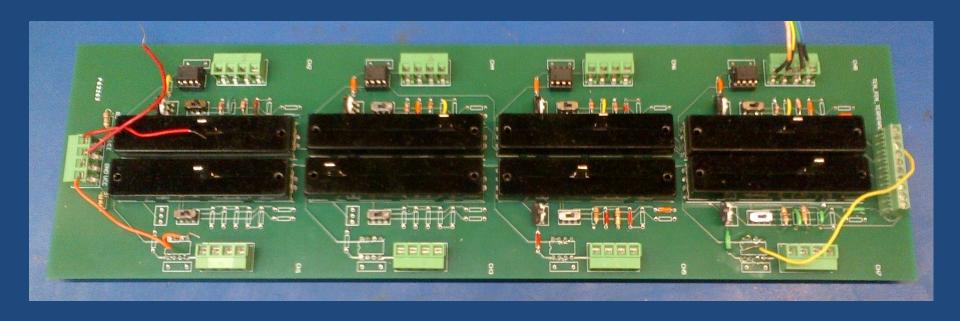
The first attempt to record a pulse wave from a lab member's finger looks like the following:

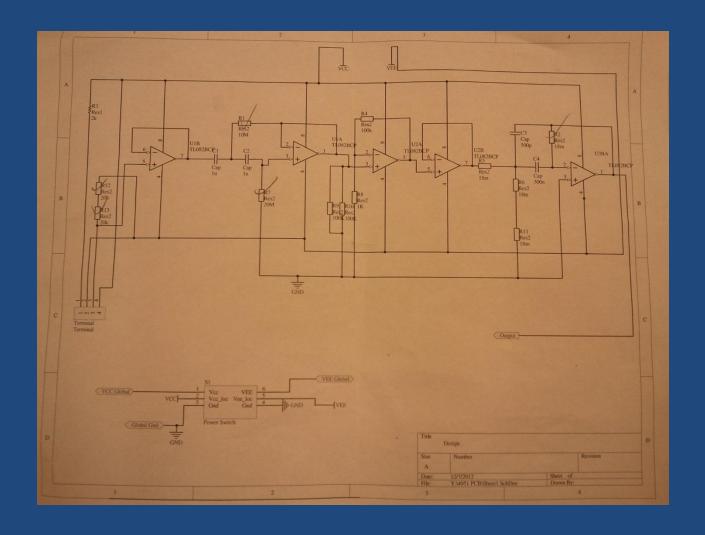
Garrett's First Optoelectronic sensor circuit, 20090822

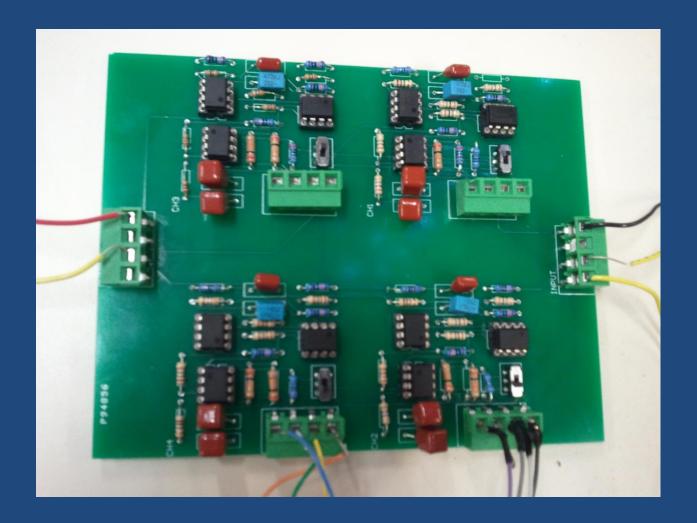


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#### Conclusion

- We are looking to extend the R&D we've done so far, and then productize something from the ongoing research; the student projects are an important part of that.
- Dr. Halberg expects this to change healthcare in a major way for all 7 billion people on the planet by preventing and diagnosing diseases we can't detect today.
- Would you like to say that you got an "A" for doing your part on an open source healthcare-related project that went from visualization in the academic world to R&D and then to production?
  - Companies like to hire people who can say things like that.