

FREEDOM OF MOVEMENT

BARBARIAN
BARD
CLERIC
DRUID
FIGHTER
MONK
DEVOTION
RANGER
ROGUE
SORCERER
WARLOCK
WIZARD

4th level abjuration

⚙ Casting Time: Action

🎯 Range: Touch

⌚ Duration: 1 hour

You touch a willing creature. For the duration, the target's movement is unaffected by difficult terrain, and spells and other magical effects can neither reduce the target's speed nor cause the target to be paralyzed or restrained. The target can also spend 5ft of movement to automatically escape from nonmagical restraints, such as manacles or a creature that has it grappled. Finally, being underwater imposes no penalties on the target's movement or attacks.



VERBAL



SOMATIC



MATERIAL

A leather strap, bound around the arm or a similar appendage