

# PROTECTION FROM ENERGY

3<sup>rd</sup> level abjuration

- ⚙ Casting Time: Action
- 🎯 Range: Touch
- ⌚ Duration: © 1 hour

For the duration, the willing creature you touch has resistance to one damage type of your choice: acid, cold, fire, lightning, or thunder.

BARBARIAN  
BARD  
CLERIC  
DRUID  
ELDRITCH KNIGHT  
MONK  
ANCIENTS/VENGEANCE  
RANGER  
ARC. TRICKSTER  
SORCERER  
WARLOCK  
WIZARD



VERBAL



SOMATIC

MATERIAL

PLAYER'S  
HANDBOOK

270